

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 1 Boys 10 Years/Over 200m Ind.Medley

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150	
1. Jake Shaw	11	Co Salford	2:41.77	35.65	1:16.90	2:04.97	
2. Harry Payne	11	Bo Southend	2:48.65	37.18	1:23.92	2:12.88	
3. Ellis Jeffrey	11	Co Leicester	2:49.85	36.84	1:19.56	2:10.40	
4. James Dawson	11	Skipton	2:50.78	38.72	1:23.54	2:13.50	
5. Thomas M Clarke	11	Flint	2:51.11	39.37	1:24.88	2:15.46	
6. Charlie Dentith	11	redbridge lo	2:51.17	38.42	1:23.43	2:12.89	
7. Ben Wood	11	Chase	2:58.81	39.87	1:25.50	2:22.71	
8. Ben Barsby	10	Nova Cent'n	3:11.14	38.97	1:31.08	2:03.76	
9. Daniel Walker	10	Co Sheffield	3:13.49	40.81	1:30.36	2:31.85	
Joseph Faulkner	11	Co Sheffield	DQ	T-2L	40.97	1:26.06	2:19.13

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Mitchell Adshead	12	Chase	2:37.96	35.08	1:13.28	2:02.43
2. Zach Courtney	12	Warrender	2:38.52	34.38	1:14.35	2:01.68
3. Morgan Wicks	12	Newport	2:39.66	34.56	1:15.64	2:04.23
4. Felix Samuells	12	Camden Swiss	2:39.80	32.76	1:14.09	2:02.97
5. David Stiano	12	Nova Cent'n	2:41.76	35.16	1:19.35	2:05.51
6. Samuel Miller	12	Kettering	2:49.77	38.35	1:22.23	2:12.43
7. Jordan Bason	12	Chase	2:50.44	37.40	1:21.77	2:13.44
8. Adam Blakemore	12	Flint	2:50.84	35.41	1:18.87	2:11.29
9. Aidan Smith	12	Nova Cent'n	2:51.44	36.28	1:20.95	2:12.04
10. Bradley Matthews	12	Co Leicester	2:52.41	39.20	1:28.90	2:13.45
11. Thomas Kelly	12	Mid Beds	2:52.82	39.01	1:23.84	2:13.92
12. Oliver J Webb	12	Nova Cent'n	2:53.62	40.48	1:23.51	2:16.43
13. Alex Blanco	12	Bo Southend	2:54.77	38.11	1:19.83	2:18.55

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	
1. Liam Smith	13	Nova Cent'n	2:31.80	31.52	1:10.97	1:56.92	
2. Liam Jordan	13	Nova Cent'n	2:33.72	33.20	1:13.46	1:58.74	
3. Andrew Thompson	13	Co Cambridge	2:35.84	34.02	1:14.43	1:59.51	
4. Christopher L Boyce	13	Reading	2:36.65	34.34	1:14.39	2:01.42	
5. Nicholas Jonas	13	Havering Aqu	2:39.22	35.93	1:17.01	2:01.12	
6. Steve Wozniak	13	Chase	2:41.20	32.92	1:14.16	2:01.21	
7. Ben Bainbridge	13	Bo Barnsley	2:42.86	34.44	1:18.09	2:04.11	
8. Jack Caster	13	Warrender	2:43.89	36.38	1:19.97	2:06.76	
9. Craig Mcnally	13	Warrender	2:46.19	38.39	1:18.32	2:08.71	
10. Philip Cross	13	Tynemouth	2:47.54	36.84	1:20.32	2:10.83	
11. James Pritchard	13	Aquabears	2:50.99	38.67	1:23.56	2:12.30	
12. Ruaridh Loughlin	13	Warrender	2:53.70	38.59	1:19.97	2:13.75	
Connor Mollison	13	Warrender	DQ	SL-	35.72	1:17.13	2:05.60

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PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

14 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Nicholas Tawn	14	Carnforth	2:20.66	30.62	1:08.46	1:46.62
2. Daniel Stepton	14	Becontree	2:23.78	29.34	1:06.04	1:50.35
3. Harry Needs	14	Camden Swiss	2:24.61	29.76	1:06.57	1:49.59
4. Ross Woolley	14	Warrender	2:25.08	31.68	1:08.81	1:51.72
5. James Holder	14	Nova Cent'n	2:25.83	33.22	1:09.07	1:54.05
6. Braxston Timm	14	Co Sheffield	2:26.31	30.50	1:09.15	1:54.17
7. Ciaran Gregory	14	Aquabears	2:28.16	31.80	1:13.03	1:55.71
8. Daniel Rick	14	Co Sheffield	2:28.17	31.01	1:11.55	1:53.91
9. Daniel Lee	14	Dunedin	2:28.46	33.05	1:11.23	1:54.77
10. Stephen Fisheer	14	Great Yarmou	2:29.49	31.62	1:08.29	1:53.58
11. Robbie Purvis	14	Warrender	2:30.20	31.67	1:12.27	1:55.95
12. George Morris	14	Bo Southend	2:32.80	31.89	1:12.04	1:57.56
13. Alex Mackay	14	Camden Swiss	2:35.13	32.41	1:13.93	2:00.98
14. Mark Streples	14	Warrender	2:37.87	35.07	1:14.61	2:02.90
Sam Hynd	14	Nova Cent'n	DNC			

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	
1. Christopher Walker-heb	15	West Suffolk	2:11.41	28.15	1:01.43	1:41.69	
2. Jonathan D Cook	16	Nova Cent'n	2:11.67	28.88	1:02.81	1:40.74	
3. Freddy Avenell	15	Nova Cent'n	2:17.23	30.52	1:06.35	1:45.14	
4. Alexander D Garbiak	16	Bo Kirklees	2:18.71	29.94	1:05.41	1:46.32	
5. Kyle Pinkney	15	Co Birm'ham	2:19.05	28.89	1:05.37	1:46.88	
6. Iain Scanlon	15	Dunedin	2:19.53	28.77	1:04.66	1:45.16	
7. Stewart Macphail	15	Dunedin	2:19.76	29.34	1:04.02	1:46.74	
8. Craig Purnell	16	Warrender	2:20.00	29.81	1:05.64	1:47.96	
9. Peter Broster	16	Wirral Metro	2:20.24	29.73	1:04.58	1:48.25	
10. Daniel Waddingham	15	Nuneaton	2:21.16	29.06	1:05.30	1:49.05	
11. Andrew Cumberlidge	15	Newburn	2:22.05	30.04	1:07.84	1:50.69	
12. Charlie Walker	15	Co Peterboro	2:22.41	30.19	1:05.63	1:49.81	
13. John Halliwell	15	Gallica	2:23.06	29.84	1:08.76	1:49.08	
14. Aaron Flynn	15	Wellingboro	2:23.57	31.23	1:09.03	1:49.04	
15. Benjamin J Owen	15	Nova Cent'n	2:23.73	31.02	1:08.02	1:50.49	
16. Michael Robinson	16	Garstang	2:25.70	31.66	1:09.42	1:51.93	
17. James Carline	16	Modernians	2:28.71	30.66	1:07.54	1:55.27	
Kyle J Barrett	15	Harrow Weald	DNC				
Jonathan Sayer	16	Bo Southend	DNC				
Michael Newell	16	Aquabears	DNC				
Richard Tullett	16	Co Birm'ham	DNC				
Tom Greenfield	16	Co Sheffield	DQ	SL-	29.88	1:06.27	1:47.80

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	100	150
1. Joe Roebuck	20	Loughboro Un	2:08.29	26.85	1:00.51	1:37.26
2. Shahin Baradaran	19	Iran Swimmin	2:12.04	26.95	1:00.16	1:41.23

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3.	Martin Cox	17	Nova Cent'n	2:15.61		27.97	1:01.68	1:43.16
4.	Jordan Naylor	18	Co Salford	2:18.50		29.19	1:05.74	1:46.55
5.	Niall Nesbitt	18	Co Newcastle	2:18.57		30.22	1:06.28	1:46.44
6.	Robert Houghton	18	Loughboro Un	2:20.24		29.60	1:05.97	1:47.89
7.	Emin Noshadi	17	Iran Swimmin	2:22.06		28.80	1:05.47	1:48.83
8.	Sam Garner	17	Co Sheffield	2:22.95		30.45	1:08.08	1:49.78
9.	Jordan Taylor	17	Heart Of Mid	2:24.18		31.66	1:08.51	1:50.75
	Nicholas Metcalf	19	Mid Beds	DNC				
	Chris Middleton	17	Co Sheffield	DNC				
	Robert Shaw	17	Co Newcastle	DQ	ST-	27.42	1:03.70	1:43.15

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EVENT 2 Girls 10 Years/Over 200m Ind.Medley

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50	100	150	
1.	Hywelis Thomas-howells	11	Swim Swansea	2:49.10	36.60	1:20.96	2:12.24	
2.	Katie H Agrippa	11	Flint	2:49.82	35.95	1:19.70	2:10.67	
3.	Elpitha Soldatou	11	Nova Cent'n	2:51.82	38.58	1:23.15	2:13.59	
4.	Katie Simms	11	Staines	2:53.84	37.44	1:21.22	2:14.06	
5.	Shannon Mcdermott	11	Nova Cent'n	2:55.84	39.89	1:25.42	2:18.37	
6.	Abigail Moxley	11	Flint	2:56.29	38.55	1:23.83	2:18.11	
7.	Faye Henesy	10	Nova Cent'n	2:56.66	39.93	1:26.40	2:18.84	
8.	Alexandra Reid	10	Co Sheffield	2:58.05	38.46	1:24.06	2:16.97	
9.	Claire Owen	11	York City	3:03.19	40.27	1:29.81	2:21.37	
10.	Hannah O'donoghue	11	Nova Cent'n	3:04.44	43.48	1:30.08	2:24.28	
11.	Joanne Longland	11	Co Peterboro	3:05.29	41.56	1:29.57	2:25.58	
12.	Rebecca Whaling	10	Kingfisher E	3:05.45	40.07	1:28.59	2:24.32	
13.	Meg Naughton	11	Co Sheffield	3:07.49	40.53	1:29.54	2:24.69	
14.	Megan Coppack	11	Wirral Metro	3:12.89	43.72	1:34.04	2:27.86	
15.	Kayleigh Mcmahon	11	Kimberley	3:15.21	44.66	1:33.70	2:30.15	
	Brogan Griffiths	11	Chase	DNC				
	Leanna Bold	11	Nova Cent'n	DNC				
	Sabrina Sahraoui-tahar	11	Nova Cent'n	DQ	SL-	39.05	1:26.56	2:25.72
	Fay Willett	11	Co Leicester	DQ	T-1L	40.06	1:26.00	2:17.83

12 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	
1.	Holly Oughton	12	Nova Cent'n	2:36.81	34.29	1:12.66	2:00.79	
2.	Lisa Main	12	Dunedin	2:39.01	33.73	1:14.42	2:00.73	
3.	Hannah Robertshaw	12	Skipton	2:39.14	35.52	1:15.53	2:02.68	
4.	Jessica Taylor	12	Co Sheffield	2:40.76	34.71	1:16.06	2:04.41	
5.	Eleanor Belk	12	Skipton	2:42.86	35.41	1:19.35	2:07.16	
6.	Carolyn Haworth	12	Skipton	2:43.52	35.05	1:16.52	2:05.88	
7.	Kelsey Richard	12	Romford Town	2:44.77	36.21	1:16.60	2:07.47	
8.	Hannah Morgan	12	Swim Swansea	2:44.82	34.61	1:16.43	2:06.88	
9.	Catherine Arnold	12	Chase	2:46.89	36.48	1:19.19	2:11.35	
10.	Kate Williams	12	Billingham	2:48.95	36.37	1:18.30	2:10.45	
11.	Beth Shelton	12	Co Leicester	2:49.13	34.75	1:22.36	2:12.73	
12.	Jessica Hobbs	12	Camden Swiss	2:52.48	38.31	1:22.98	2:14.98	
13.	Rebecca Barsby	12	Nova Cent'n	2:52.52	37.69	1:24.55	2:12.15	
14.	Katie Bartlett	12	Nova Cent'n	2:58.02	40.89	1:29.58	2:18.57	
15.	Sophie Clayton	12	Warrender	2:58.79	39.52	1:24.89	2:18.73	
	Rosemary Lucas	12	Co Leicester	DNC				
	Carla E Read	12	Co Leicester	DNC				
	Devon Robins	12	Camden Swiss	DQ	ST-	36.70	1:22.48	2:12.68

13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
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PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Lucy Spencer	13	Co Sheffield	2:31.29	32.96	1:14.68	1:56.57
2.	Lindsey Whitmore	13	Co Sheffield	2:31.99	34.00	1:12.66	1:57.88
3.	Sarah Kelly	13	Dunedin	2:33.81	32.84	1:11.80	1:58.44
4.	Marnie Stewart	13	Warrender	2:35.40	35.12	1:14.19	2:00.84
5.	Rebecca Turner	13	Co Sheffield	2:35.53	33.07	1:12.96	2:03.58
6.	Kelsey Rodger	13	Heart Of Mid	2:36.97	34.41	1:15.67	2:00.09
7.	Stephanie L Burns	13	Co Sheffield	2:37.58	35.56	1:17.75	2:02.17
8.	Frankie Collen	13	Harrow Weald	2:38.09	35.07	1:15.17	2:01.55
9.	Lindsey Strachan	13	Heart Of Mid	2:38.92	33.71	1:13.73	2:03.46
10.	Nicole Raymond	13	Romford Town	2:39.45	35.66	1:16.04	2:03.04
11.	Katie Hayes	13	Newport	2:40.16	34.70	1:16.75	2:03.33
12.	Alishia Palmer	13	Nova Cent'n	2:41.07	36.33	1:16.24	2:05.85
13.	Hayley J Bates	13	Chase	2:42.04	35.54	1:19.58	2:03.97
14.	Sarah-leigh Dudley	13	Co Sheffield	2:42.07	37.35	1:20.76	2:06.12
15.	Kimberley Briscoe	13	Monnow	2:42.71	34.66	1:15.58	2:06.49
16.	Danielle Hannan	13	Co Sheffield	2:45.35	34.57	1:18.75	2:07.51
17.	Jade C Morton	13	West Suffolk	2:45.56	35.44	1:17.64	2:06.80
18.	Mairi Drummond	13	Warrender	2:46.45	36.48	1:19.44	2:10.58
	Jeanicia Beaume	13	Fleetwood	DNC			
	Alice Miller	13	Co Newcastle	DNC			

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	
1.	Helena Thornton	15	Nova Cent'n	2:24.43	31.57	1:08.47	1:51.27	
2.	Lauren Collins	15	Co Birm'ham	2:26.22	30.67	1:07.62	1:52.03	
3.	Emily L Jackson	14	Carnforth	2:28.60	31.52	1:08.20	1:53.99	
4.	Katrina Alder	14	Co Salford	2:28.61	31.87	1:09.75	1:54.34	
5.	Joanna Bold	14	Nova Cent'n	2:29.26	32.82	1:11.69	1:56.51	
6.	Charlotte Broadbent	15	Co Sheffield	2:29.62	33.87	1:11.15	1:57.46	
7.	Charlotte Graham	15	Co Birm'ham	2:29.95	31.77	1:12.24	1:55.51	
8.	Katelyn Stewart	15	Warrender	2:30.98	33.12	1:12.90	1:56.89	
9.	Angelina Lim	14	Co Peterboro	2:31.30	33.34	1:13.70	1:57.42	
10.	Hannah Raine	15	Mid Beds	2:31.37	32.95	1:11.75	1:57.27	
10.	Alice Cordwell	14	Co Sheffield	2:31.37	32.57	1:12.19	1:57.72	
12.	Laura Stevenson	14	Heart Of Mid	2:31.74	32.89	1:12.78	1:56.59	
13.	Olivia Duffield-moore	14	Co Leicester	2:32.15	31.78	1:13.62	1:55.61	
14.	Eve Mackey	14	Co Newcastle	2:33.67	32.96	1:09.69	1:58.40	
14.	Hannah Nash	15	City Norwich	2:33.67	33.73	1:12.18	1:59.14	
16.	Chloe Pellican	14	City Norwich	2:34.30	33.75	1:14.19	1:57.79	
17.	Claire Humphreys	15	Bournemouth	2:34.51	33.11	1:12.88	1:59.07	
18.	Jessica Coles	14	Romford Town	2:35.65	34.19	1:15.96	1:59.04	
19.	Anne Vilgers	15	Co Newcastle	2:35.80	33.77	1:14.60	1:59.63	
20.	Rosanne Thompson	14	Romford Town	2:36.82	34.69	1:15.95	1:59.93	
21.	Helen Scott	14	Bolton Metro	2:37.40	35.67	1:17.92	2:00.71	
22.	Emily Mcqueen	14	Warrender	2:37.61	35.32	1:15.49	2:01.85	
23.	Louise Watts	14	Newport	2:38.13	35.27	1:16.09	2:02.02	
24.	Ailie Mcgowan	15	Heart Of Mid	2:38.19	34.77	1:15.42	2:03.38	
25.	Carey Senczyszyn	15	Skipton	2:38.63	34.93	1:17.95	2:02.55	
26.	Stacey Hudson	15	Co Leicester	2:42.20	31.95	1:14.46	2:02.30	
	Lara Nyman	14	Harrow Weald	DNC				
	Lucy Moffat	14	Stockport Mo	DNC				
	Alex Smethurst	14	Bo Stockton	DQ	ST-	34.16	1:14.06	2:01.64

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16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Sophie Caul	20	Co Birm'ham	2:19.21	30.48	1:06.55	1:46.25
2.	Jess A Sylvester	18	Nova Cent'n	2:20.89	30.01	1:06.58	1:49.20
3.	Debbie Hall	17	Co Sheffield	2:23.23	31.93	1:09.96	1:49.93
4.	Natalie Effemey	22	Loughboro Un	2:24.31	31.29	1:08.19	1:50.76
5.	Louise Pate	17	Heart Of Mid	2:26.94	29.35	1:07.60	1:51.83
6.	Kimberley Colton	17	Nova Cent'n	2:27.17	31.58	1:09.33	1:53.74
7.	Laura Hobbs	18	Camden Swiss	2:27.62	32.17	1:09.36	1:52.87
8.	Claire Sands	16	Co Leicester	2:28.25	32.70	1:10.72	1:55.35
9.	Kirstin Walker	16	Dunedin	2:30.32	30.68	1:09.78	1:55.60
10.	Amy Konowalik	20	Nova Cent'n	2:30.51	31.86	1:12.11	1:55.53
11.	Jodi Gordon	17	Heart Of Mid	2:30.55	33.95	1:12.33	1:56.79
12.	Natalie Ward	16	Romford Town	2:31.21	32.45	1:11.70	1:56.95
13.	Amy Spencer	16	Co Sheffield	2:31.54	33.05	1:14.93	1:56.81
14.	Lauren Christian	17	Tynemouth	2:36.21	32.12	1:14.34	1:59.68
15.	Leona M Jones	17	Reading	2:39.00	33.89	1:13.66	1:58.97
	Katie Raybould	16	Co Birm'ham	DNC			
	Izzi Newman	19	Swim Swansea	DNC			

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SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 3 Boys 10 Years/Over 200m Butterfly

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150
1. Harry Payne	11	Bo Southend	2:52.15	38.48	1:22.81	2:09.33
2. Ben Barsby	10	Nova Cent'n	3:06.84	39.91	1:31.03	2:19.21

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Morgan Wicks	12	Newport	2:35.48	35.76	1:14.90	1:55.62
2. Mitchell Adshead	12	Chase	2:43.72	35.19	1:16.29	2:00.56
3. Dean Davenport	12	Nova Cent'n	2:44.83	34.22	1:14.16	1:58.05
4. Kyle Walton	12	Nova Cent'n	2:44.86	35.88	1:17.80	2:00.41
5. George Rix	12	Co Sheffield	2:46.01	35.79	1:16.55	2:01.02
6. Zach Courtney	12	Warrender	2:56.63	35.60	1:19.24	2:06.16
7. Alex Blanco	12	Bo Southend	2:59.00	39.30	1:24.37	2:10.45
8. Jason Storer	12	Staines	3:05.91	35.69	1:19.87	2:12.62

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Tom Sunter	13	Co Sheffield	2:25.14	32.28	1:08.60	1:47.00
2. Chris Inch	13	redbridge lo	2:31.70	32.98	1:10.96	1:50.02
3. Joshua Hale	13	Newport	2:33.60	33.56	1:11.88	1:52.67
4. Ben Bainbridge	13	Bo Barnsley	2:40.44	34.81	1:15.00	1:57.33
5. Connor Mollison	13	Warrender	2:57.84	36.03	1:19.65	2:08.52

14 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Grant Chandler	14	Romford Town	2:15.92	29.70	1:03.78	1:39.53
2. Ross Woolley	14	Warrender	2:28.65	32.57	1:11.03	1:49.14
3. Michael Grantham	14	Co Wakefield	2:48.10	36.72	1:18.72	2:04.08

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Adam Taylor	16	Nuneaton	2:12.68	29.55	1:03.13	1:37.57
2. Bradley Dixon	15	Billingham	2:14.95	30.03	1:04.16	1:40.06
3. Christopher Streener	15	Co Newcastle	2:16.74	30.40	1:05.05	1:40.88
4. Kyle Pinkney	15	Co Birm'ham	2:17.30	30.00	1:04.39	1:40.63
5. Daniel Waddingham	15	Nuneaton	2:17.83	30.89	1:04.33	1:40.88
6. Jack Johnson	15	Northampton	2:18.13	30.74	1:05.87	1:42.00
7. Adam Carnall	15	Co Sheffield	2:19.58	30.90	1:06.93	1:43.62
8. Christopher Wilkinson	15	Billingham	2:21.04	30.94	1:06.63	1:43.77
9. Tom Lightfoot	15	Co Sheffield	2:23.32	31.76	1:08.10	1:45.69
10. Jak Scott	15	Dunedin	2:24.35	31.11	1:07.65	1:45.92
11. Christopher Worby	15	redbridge lo	2:25.51	31.37	1:08.01	1:45.82
12. William Jolly	15	Trenton	2:44.73	36.10	1:18.87	2:03.01
Sam Wells	15	Swindon Dolp	DNC			
Richard Tullett	16	Co Birm'ham	DNC			

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	100	150
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Matt Edwards	20	Loughboro Un	2:02.35	27.58	58.74	1:30.42
2.	Josh Ker	21	Loughboro Un	2:04.79	28.45	1:00.17	1:32.76
3.	Martin Cox	17	Nova Cent'n	2:07.43	28.59	1:00.92	1:34.27
4.	James Johnson	17	Co Newcastle	2:10.85	28.49	1:01.78	1:36.02
5.	Paul Woodley	24	Newburn	2:12.68	28.91	1:01.65	1:36.39
6.	Alistair Brown	17	Dunedin	2:14.39	29.79	1:04.33	1:38.99
7.	Malcolme Kerr	18	Warrender	2:16.82	29.04	1:03.26	1:39.11
8.	Garry Timbs	24	Northampton	2:20.05	29.87	1:03.58	1:39.74
9.	Nicolas Metcalf	19	Mid Beds	2:20.36	29.32	1:05.18	1:41.69
10.	Daniel John	19	Loughboro Un	2:20.75	30.89	1:06.34	1:42.22
11.	Samuel Heard	17	City Norwich	2:20.79	30.59	1:07.03	1:44.15
12.	Oliver Read	17	Staines	2:24.87	30.62	1:07.06	1:46.68

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 4 Girls 10 Years/Over 200m Butterfly

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150
1. Faye Henesy	10	Nova Cent'n	2:56.84	41.05	1:26.91	2:12.78
2. Tegan Turner-clarke	10	Co Sheffield	2:59.11	38.22	1:23.58	2:11.50
Sabrina Sahraoui-tahar	11	Nova Cent'n	DNC			

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Holly Oughton	12	Nova Cent'n	2:34.86	34.98	1:14.97	1:54.67
2. Lois Vail	12	Aquabears	2:37.89	35.46	1:16.46	1:58.43
3. Jennifer Dobson	12	Dunedin	2:38.43	33.72	1:13.86	1:56.26
4. Rebekah Bullivant	12	Camphill Ed	2:38.54	34.21	1:14.98	1:57.32
5. Katharine Riggs	12	Co Sheffield	2:43.19	35.02	1:15.69	1:58.92
6. Eleanor Belk	12	Skipton	2:50.16	37.99	1:21.20	2:07.06
7. Rebecca Barsby	12	Nova Cent'n	3:00.74	39.44	1:27.09	2:14.38
Jolie Gillard	12	Newport	DNC			
Beth Shelton	12	Co Leicester	DNC			

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Emma Graham	13	Co Leeds	2:29.42	33.04	1:11.16	1:50.27
2. Rebecca Stephen	13	Dunedin	2:39.40	34.04	1:14.14	1:56.74
3. Lucy Ellis	13	Dunedin	2:40.23	34.49	1:14.57	1:59.00
4. Marnie Stewart	13	Warrender	2:45.76	35.61	1:18.94	2:02.01
5. Kelsey Rodger	13	Heart Of Mid	2:46.62	36.17	1:18.29	2:02.06
6. Lauren Bewley	13	Staines	2:47.47	36.06	1:18.69	2:03.07
7. Becky Mcgreevy	13	Warrender	2:54.76	36.55	1:21.14	2:08.22
8. Rebecca Neal	13	Stocksbridge	2:56.44	38.27	1:23.83	2:11.51
9. Emma Crow	13	Tynemouth	2:56.74	39.63	1:24.38	2:12.01
Amy Schofield	13	Co Wakefield	DQ	36.37	1:20.51	2:04.90

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Alice E Mccall	14	Wigan BEST	2:25.41	32.48	1:08.85	1:47.10
2. Bethany Faulkner	15	redbridge lo	2:27.11	32.37	1:09.68	1:48.10
3. Eleanor Bohane	14	Harrow Weald	2:28.08	32.38	1:08.61	1:47.99
4. Danielle Naylor	15	Co Salford	2:28.33	33.31	1:11.39	1:50.18
5. Megan Turner	14	Co Sheffield	2:28.66	33.64	1:11.34	1:49.83
6. Rachel Armistead	15	Gallica	2:28.67	34.09	1:10.78	1:49.55
7. Mairi Morrison	14	Dunedin	2:28.85	33.44	1:11.14	1:50.37
8. Samantha Strong	14	Aquabears	2:29.02	33.92	1:11.44	1:49.58
9. Lucy Moffat	14	Stockport Mo	2:29.62	33.32	1:11.94	1:50.92
10. Jennifer Oldham	15	Lincoln Vulc	2:30.64	33.07	1:11.59	1:51.42
11. Alice Cordwell	14	Co Sheffield	2:31.58	34.02	1:12.48	1:53.28
12. Kristina L Paige	14	Reading	2:32.22	33.34	1:12.75	1:52.15
13. Amy Wilson	14	Romford Town	2:34.93	34.40	1:13.02	1:54.38
14. Mellissa Bowen	15	Newport	2:37.03	35.20	1:13.37	1:56.08
15. Georgia Hunton-clarke	14	Romford Town	2:37.69	34.05	1:13.24	1:54.72
16. Emma Wilkins	15	Chase	2:39.16	32.56	1:12.40	1:55.40
17. Sascha McLaren	14	Nova Cent'n	2:42.25	35.21	1:16.49	1:59.66
18. Hannah Pate	15	Heart Of Mid	2:43.48	34.92	1:16.39	2:02.84

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

19.	Louise King	15	Mid Beds	2:45.32	34.15	1:15.55	1:59.86
20.	Amy Wood	15	Oldham Seals	2:52.75	37.37	1:22.27	2:07.30
21.	Sophie Booth	15	Tynemouth	2:55.06	37.36	1:18.83	2:08.33
22.	Kate Owen	15	Rhyl Dolphin	2:59.52	36.54	1:21.54	2:12.34
	Jessica Coles	14	Romford Town DNC				
	Lara Nyman	14	Harrow Weald DNC				

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16 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	100	150
1. Hana Capstick	19	Loughboro Un	2:17.42	30.64	1:05.35	1:41.29
2. Holly C Tanner	16	Reading	2:25.94	33.39	1:09.99	1:47.90
3. Krissie Taylor	17	Co Cambridge	2:28.03	32.76	1:10.74	1:49.80
4. Jodi Gordon	17	Heart Of Mid	2:30.68	33.60	1:12.24	1:51.65
5. Natalie Ward	16	Romford Town	2:32.63	33.68	1:12.29	1:52.55
6. Lauren Christian	16	Tynemouth	2:38.99	34.14	1:12.68	1:54.79
7. Katie Hogben	16	Camden Swiss	2:45.62	34.45	1:15.42	1:58.38
Hannah Atkins	16	Bo Southend	DNC			
Laura Hobbs	18	Camden Swiss	DNC			

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 5 Boys 10 Years/Over 100m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50
1. Harry Payne	11	Bo Southend	1:06.57	32.47
2. Ben Wood	11	Chase	1:08.92	32.68
3. Jordan Emsley	11	Harrogate	1:09.82	33.26
4. Jason A Mazzei	11	Co Sheffield	1:12.20	34.47
5. Joseph Faulkner	11	Co Sheffield	1:12.87	35.32
5. Ellis Jeffrey	11	Co Leicester	1:12.87	35.14
7. Luke Hale	11	Newport	1:15.86	36.17
8. Alexander Watson	11	Co Sheffield	1:15.88	36.11
9. Alex Peake	10	Camden Swiss	1:16.49	37.18
10. Thomas M Clarke	11	Flint	1:31.53	

12 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Felix Samuells	12	Camden Swiss	1:03.35	30.53
2. Richard Leicester	12	Aquabears	1:04.76	31.34
3. Freddie Little	12	Northampton	1:06.27	32.00
4. Jason Storer	12	Staines	1:06.29	32.05
5. David Stiano	12	Nova Cent'n	1:06.53	32.86
6. Zach Courtney	12	Warrender	1:07.50	32.82
7. Oliver J Webb	12	Nova Cent'n	1:07.87	32.59
8. Dean Davenport	12	Nova Cent'n	1:07.88	32.10
9. Thomas Kelly	12	Mid Beds	1:09.44	33.26
Jordan Bason	12	Chase	DQ	ST-

13 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Adam T Barrett	13	Reading	59.98	28.79
2. Jamie Thorpe	13	Co Leicester	1:01.40	29.62
3. James Grieve	13	Co Leicester	1:02.27	30.22
4. Callum Candy	13	Hatfield	1:02.48	30.16
5. Rhodri W Davies	13	Swim Swanse	1:03.39	30.91
6. Christopher L Boyce	13	Reading	1:03.54	30.67
7. Joshua Hale	13	Newport	1:03.84	30.51
8. Isaac Bowen	13	Newport	1:04.37	31.52
9. James Pritchard	13	Aquabears	1:05.06	31.81
10. Andrew Thompson	13	Co Cambridge	1:05.10	30.96
11. Daniel Whitham	13	Aquabears	1:05.18	31.11
12. Callum L Tate	13	Co Sheffield	1:05.76	31.23
13. David Carline	13	Modernians	1:06.14	32.19
14. Glenn Olding	13	Staines	1:06.36	32.05
15. Craig McNally	13	Warrender	1:09.10	33.55
Steve Wozniak	13	Chase	DNC	

14 Yrs Age Group

Place Name	AaD	Club	Time	50
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Tsubasa Nakagawa	14	Co Leicester	56.59	26.86
2.	Daniel Stepton	14	Becontree	58.28	28.12
3.	Braxston Timm	14	Co Sheffield	58.40	28.17
4.	Grant Chandler	14	Romford Town	58.84	28.11
5.	Ross Kilshaw	14	Camforth	58.98	27.74
6.	Daniel Rick	14	Co Sheffield	59.11	28.20
7.	Dominic P Torr	14	Nova Cent'n	59.50	28.64
8.	Harry Needs	14	Camden Swiss	59.89	28.89
9.	Ciaran Gregory	14	Aquabears	59.95	29.21
10.	George Morris	14	Bo Southend	1:00.31	29.06
11.	Haythem Mohamed	14	Grimsby Sant	1:00.50	29.16
12.	James Holder	14	Nova Cent'n	1:00.79	29.87
13.	Daniel Lee	14	Dunedin	1:00.86	29.47
14.	Robbie Purvis	14	Warrender	1:01.07	28.86
15.	Liam Hale	14	Newport	1:01.44	29.52
16.	Ricky J Williamson	14	Nova Cent'n	1:01.53	29.35
17.	Ross Woolley	14	Warrender	1:01.57	29.36
18.	Stephen Fisheer	14	Great Yarmou	1:01.93	29.86
19.	Thomas Laig	14	West Suffolk	1:01.96	29.81
20.	Alex Mackay	14	Camden Swiss	1:02.55	29.64
21.	Ryan Maudsley	14	Aquabears	1:03.41	

15/16 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Chris J Ferguson	15	Reading	54.40	26.58
2.	Daniel Mills	15	Nova Cent'n	54.72	26.66
3.	Christopher Walker-heb	15	West Suffolk	54.74	27.09
4.	Jeffery Hill	16	Co Peterboro	55.44	26.25
5.	Iain Scanlon	15	Dunedin	55.57	26.59
6.	Charlie Walker	15	Co Peterboro	55.61	26.94
7.	Andrew Cumberlidge	15	Newburn	55.77	26.69
8.	David P Dunn	16	Swim Swanse	56.13	26.74
9.	Luke Wood	15	Co Salford	56.31	26.70
10.	Richard Schafers	15	Dunedin	56.36	27.37
11.	Carl Naven	16	Aquabears	56.78	27.81
12.	Alexander Belk	15	Skipton	56.90	27.58
13.	Adam Taylor	16	Nuneaton	57.07	27.38
14.	Edward Walsh	16	Camden Swiss	57.10	27.29
15.	Michael Robinson	16	Garstang	57.28	27.76
16.	Christopher Wilkinson	15	Billingham	57.31	27.96
17.	Alexander D Garbiak	16	Bo Kirklees	57.38	27.52
18.	Daniel Bosman	15	Co Newcastle	57.57	27.91
19.	Alexander Warburton	15	Harrow Weald	57.62	27.22
20.	Dan Cocking	15	Co Sheffield	57.76	28.03
21.	Jak Scott	15	Dunedin	57.78	27.77
22.	Jack Murphy	16	Camden Swiss	57.88	27.44
23.	Alex Garnett	15	Staines	57.95	27.31
24.	Anthony Surtees	16	South Tyne	58.15	28.06
25.	Andrew S Dewar	16	Sedgefield	58.62	28.11
26.	Harry Douglas	15	Co Cambridge	58.83	27.24
27.	John Halliwell	15	Gallica	58.88	27.97
28.	Sam Spaul	15	City Norwich	58.92	28.83
29.	Michael Ashford	15	Co Birm'ham	58.93	28.13

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

30.	Lee M Britton	16	Harrow Weald	58.96	28.17
31.	James Carline	16	Modernians	59.78	28.72
32.	Alex J Macarthur	15	Reading	1:01.35	28.93
	Jonathan Sayer	16	Bo Southend	DNC	
	Samir Amhed	15	Camden Swiss	DNC	
	Douglas Gordon	16	West Suffolk	DNC	
	Joshua J Phillips	15	Nova Cent'n	DNC	
	Mark D Stevens	16	Deben	DNC	
	Lydon Harriman	16	Bo Stockton	DQ	ST-
	Craig Purnell	16	Warrender	DQ	ST-

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50
1.	Liam Wardley	20	Loughboro Un	52.56	25.37
2.	Richard Hutton	22	Loughboro Un	52.58	25.50
3.	Nathan Ford	22	Swim Swanse	53.10	25.73
4.	Pasha Vahdati	17	Iran Swimmin	53.14	25.37
5.	Mohammad Bidarian	17	Iran Swimmin	53.32	25.61
6.	Andi Manley	29	Swindon Dolp	53.46	25.48
7.	Paul Robinson	18	South Tyne	53.85	26.05
8.	James Wardle	20	Loughboro Un	54.04	26.14
9.	Josh Ker	21	Loughboro Un	54.35	26.19
10.	Soheil Ashtiani	18	Iran Swimmin	54.37	25.83
11.	Rob W Calladine	22	Bo Kirklees	54.65	26.08
12.	Malcolme Kerr	18	Warrender	54.70	26.55
13.	Emin Noshadi	17	Iran Swimmin	54.73	25.95
14.	Ross Johnston	18	Warrender	55.04	26.36
15.	Chris Bunyan	17	Co Leicester	55.06	26.91
16.	Chris Middleton	17	Co Sheffield	55.09	26.38
17.	Chris Watkinson	19	Loughboro Un	55.21	26.52
18.	Ryan A Long	18	Co Birm'ham	55.22	26.46
19.	Robert Shaw	17	Co Newcastle	55.88	26.85
20.	Craig Ward	21	Stockport Mo	56.00	27.01
21.	Rhys Jones	17	Co Cardiff	56.36	27.32
22.	Martin Cox	17	Nova Cent'n	56.44	26.78
23.	Robert Houghton	18	Loughboro Un	56.58	27.33
24.	Alex Brammer	18	Co Sheffield	56.64	27.85
25.	Joseph Collier	17	Newport	56.74	27.25
26.	Peter Strachan	17	Co Leeds	56.80	26.63
27.	Tom Longden	19	Swim Swanse	56.86	27.49
28.	Alistair Brown	17	Dunedin	57.02	27.91
29.	Rob Andrews	19	Loughboro Un	57.92	27.79
	Marc Collett	18	Co Birm'ham	DNC	
	Micheal A Watts	17	Co Cardiff	DNC	
	Niall Nesbitt	18	Co Newcastle	DNC	
	Nicholas Metcalf	19	Mid Beds	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 6 Girls 10 Years/Over 100m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50
1. Rebecca Hamilton	11	Co Sheffield	1:06.88	32.40
2. Hywelis Thomas-howells	11	Swim Swanse	1:07.38	32.90
3. Tess Mitchell	11	Co Leicester	1:08.71	33.18
4. Shannon Mcdermott	11	Nova Cent'n	1:08.88	33.59
5. Abigail Moxley	11	Flint	1:09.13	32.96
6. Charlotte Milligan	11	Northampton	1:10.19	33.88
7. Bethany L Welch	11	Co Leicester	1:10.75	34.42
8. Katie H Agrippa	11	Flint	1:10.84	34.10
9. Sabrina Sahraoui-tahar	11	Nova Cent'n	1:12.18	34.56
10. Elpitha Soldatou	11	Nova Cent'n	1:12.48	35.96
11. Claire Owen	11	York City	1:13.01	35.48
12. Hannah O'donoghue	11	Nova Cent'n	1:13.51	35.19
13. Fay Willett	11	Co Leicester	1:13.73	35.20
14. Joanne Longland	11	Co Peterboro	1:15.83	35.82
Katie Simms	11	Staines	DQ	ST- 33.55
Hannah Wakeman	11	Harrow Weald	DQ	ST- 33.57

12 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Ainsley Cross	12	Rykneld S P	1:04.56	31.01
2. Jennifer Dobson	12	Dunedin	1:04.77	31.31
3. Rebekah Bullivant	12	Camphill Ed	1:06.20	32.05
4. Rosemary Lucas	12	Co Leicester	1:06.68	31.99
5. Jessica Taylor	12	Co Sheffield	1:06.87	32.68
6. Beth Shelton	12	Co Leicester	1:07.12	32.46
7. Holly Oughton	12	Nova Cent'n	1:07.30	33.06
8. Lucy Swithenbank	12	Aquabears	1:07.46	32.86
9. Katharine Riggs	12	Co Sheffield	1:07.66	33.23
10. Alice Hodder	12	Camden Swiss	1:08.51	33.89
11. Catherine Arnold	12	Chase	1:09.05	33.82
12. Devon Robins	12	Camden Swiss	1:09.08	33.72
13. Hannah Robertshaw	12	Skipton	1:09.34	33.69
14. Meredyth Griffin	12	Caernarfon	1:11.18	34.07
14. Jessica Hobbs	12	Camden Swiss	1:11.18	34.48
16. Amy E Webster	12	Co Sheffield	1:12.72	34.20
17. Hannah Morgan	12	Swim Swanse	1:15.22	36.57
18. Sophie Clayton	12	Warrender	1:15.35	36.68
Carla E Read	12	Co Leicester	DNC	

13 Yrs Age Group

Place Name	AaD	Club	Time	50
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Lucy Ellis	13	Dunedin	1:00.74	29.88
1.	Rebecca Turner	13	Co Sheffield	1:00.74	29.59
3.	Laura Burgess	13	Co Leicester	1:03.05	30.19
4.	Amy Brett	13	Co Leicester	1:03.27	30.42
5.	Eleanor Faulkner	13	Co Sheffield	1:03.38	30.74
6.	Lindsey Whitmore	13	Co Sheffield	1:03.93	30.98
7.	Ruth Scanlan	13	Staines	1:04.28	31.85
8.	Lindsey Strachan	13	Heart Of Mid	1:04.30	30.56
9.	Jessica Large	13	Co Leeds	1:04.87	31.99
10.	Danielle Lee	13	Mid Beds	1:04.94	31.05
11.	Annie Riley	13	Skipton	1:05.15	31.23
12.	Nicole Raymond	13	Romford Town	1:05.38	31.39
13.	Becky Mcgreevy	13	Warrender	1:05.66	31.52
14.	Fiona Gibson	13	Warrender	1:05.77	31.74
15.	Ellis-jay Middleton	13	Co Leicester	1:05.80	31.80
16.	Alishia Palmer	13	Nova Cent'n	1:05.87	32.10
17.	Mairi Drummond	13	Warrender	1:06.12	32.27
18.	Frankie Collen	13	Harrow Weald	1:06.79	32.00
19.	Hannah Taylor	13	Co Sheffield	1:06.92	32.50
20.	Laura Edger	13	Bo Barnsley	1:09.25	32.88
21.	Mary Amos	13	Eckington	1:13.71	35.34
	Hollie Blowes	13	West Suffolk	DNC	
	Jeanicia Beaume	13	Fleetwood	DNC	
	Claire Jackson	13	Kingfisher E	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Sasha F Matthews	15	Nova Cent'n	58.81	28.67
2. Lauren Collins	15	Co Birm'ham	59.48	28.77
3. Jodie Le rescue	15	Co Birm'ham	1:00.75	28.90
4. Charlotte Graham	15	Co Birm'ham	1:01.04	29.52
5. Katelyn Stewart	15	Warrender	1:01.24	29.88
6. Nicole Wilson	15	Heart Of Mid	1:01.50	29.94
7. Helena Thornton	15	Nova Cent'n	1:01.79	30.05
8. Emma Wilkins	15	Chase	1:01.91	29.48
9. Amy Bell	14	South Tyne	1:01.93	29.91
10. Jessica C Baldwin	15	Harrow Weald	1:02.23	29.70
11. Kristina L Paige	14	Reading	1:02.30	30.09
12. Mairi Morrison	14	Dunedin	1:02.31	30.36
13. Lucy Smith	14	Nova Cent'n	1:02.45	30.18
14. Joanna Bold	14	Nova Cent'n	1:02.56	30.66
14. Jeyda Akin	15	Blackburn	1:02.56	30.05
16. Claire Humphreys	15	Bournemouth	1:02.63	30.07
17. Sian Murphy	15	Aquabears	1:02.64	30.57
18. Carla Joseph	14	redbridge lo	1:02.68	30.40
19. Ailie Mcgowan	15	Heart Of Mid	1:02.69	30.26
20. Georgia Ingleson	15	City Norwich	1:02.81	30.25
21. Eve Mackey	14	Co Newcastle	1:02.91	30.45
22. Holly Young	15	Carnforth	1:02.96	30.32
23. Kayleigh Longstaff	15	Co Sheffield	1:03.11	30.09
24. Daisy Davies	14	Harrow Weald	1:03.15	30.24
25. Laura Stevenson	14	Heart Of Mid	1:03.23	30.52
26. Jennifer Oldham	15	Lincoln Vulc	1:03.28	31.21
27. Laura Ingleson	15	City Norwich	1:03.34	30.66
28. Sarah E Horgan	15	Nova Cent'n	1:03.71	30.49
29. Tanya Hudson	14	Co Leicester	1:03.76	30.56
30. Karolena Golen	15	Dunedin	1:03.87	30.72
31. Carey Senczyszyn	15	Skipton	1:03.90	30.69
32. Sarah Langton	15	Co Newcastle	1:03.93	30.34
33. Alex Smethurst	14	Bo Stockton	1:04.07	31.44
34. Hannah Raine	15	Mid Beds	1:04.31	31.18
35. Victoria S Morgan	14	Wirral Metro	1:04.33	31.48
36. Hannah Nash	15	City Norwich	1:04.41	31.10
37. Eleanor Bohane	14	Harrow Weald	1:04.43	30.61
38. Emma Wiseman	14	Harrow Weald	1:04.44	31.26
38. Anne Vilgers	15	Co Newcastle	1:04.44	31.08
40. Charlotte H Goode	14	Bo Kirklees	1:04.96	31.39
40. Claire Wooley	15	Warrender	1:04.96	31.55
42. Claire Sadden	15	Havant & Wat	1:05.14	32.15
43. Emma Pinder	15	South Tyne	1:06.19	31.96
44. Anna Bates	14	Co Sheffield	1:06.20	31.99
45. Louise Watts	14	Newport	1:07.01	31.87
46. Louise King	15	Mid Beds	1:07.04	31.92
Amber Kears	14	Co Newcastle	DNC	
Christie Donnelly	14	Co Sheffield	DNC	

16 Yrs/Over Age Group

Place Name	AaD	Club	Time	50
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Amy Smith	18	Loughboro Un	57.64	27.80
2.	Jess A Sylvester	18	Nova Cent'n	58.11	28.12
3.	Katherine Wyld	20	Nova Cent'n	58.40	28.41
4.	Stephanie Proud	17	Loughboro Un	58.69	28.60
5.	Aimec Ramm	23	Loughboro Un	58.96	28.60
6.	Natasha Turner	16	Co Birm'ham	59.38	28.85
7.	Sophie Tomlinson	16	Nova Cent'n	59.52	29.02
8.	Julie Douglas	25	Loughboro Un	59.57	28.91
9.	Sophie Caul	20	Co Birm'ham	59.59	28.65
10.	Natalie Prince	19	Loughboro Un	1:00.20	29.26
11.	Jenny Starling	16	Co Sheffield	1:00.80	29.88
12.	Hayley Morris	20	Loughboro Un	1:00.90	29.42
12.	Catherine Pickthall	21	Loughboro Un	1:00.90	29.26
14.	L Longhill	24	Co Leicester	1:01.00	29.38
15.	Samantha Effemey	20	Nova Cent'n	1:01.02	29.34
16.	Claire Sands	16	Co Leicester	1:01.12	29.67
17.	Victoria Cadge	16	West Suffolk	1:01.19	30.12
18.	Natalie Effemey	22	Loughboro Un	1:01.20	29.57
19.	Yvonne Broster	19	Loughboro Un	1:01.46	30.08
20.	Louise Pate	17	Heart Of Mid	1:01.47	29.85
21.	Kimberley Colton	17	Nova Cent'n	1:01.65	29.94
22.	Kirstin Walker	16	Dunedin	1:01.69	29.62
23.	Laura Walsh	23	Staines	1:01.76	29.76
24.	Louise Breen	17	Co Leicester	1:01.98	29.66
25.	Emma L White	16	Strat Sharks	1:02.03	30.89
26.	Caroline Williams	19	Co Bangor	1:02.47	30.09
27.	Sarraounia Samuels	16	Camden Swiss	1:02.65	30.26
28.	Natalie Barratt	16	Co Leicester	1:02.93	30.20
29.	Hannah Edwards	18	Co Cambridge	1:03.11	30.11
30.	Krissie Taylor	17	Co Cambridge	1:03.45	30.63
31.	Claire Bassinder	16	Strat Sharks	1:03.51	30.26
32.	Siobhan Walton-holland	16	Co Cardiff	1:03.66	30.70
33.	Shelley Parker	19	Loughboro Un	1:04.58	30.71
34.	Gemma Baird	19	Dunedin	1:04.67	30.66
	Katie Raybould	16	Co Birm'ham	DNC	
	Izzi Newman	19	Swim Swanse	DNC	
	Dawn R Jason	19	West Suffolk	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 7 Boys 50m Backstroke

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Andrew Shepherd	22	Co Sheffield	27.98	28.	Alex Garnett	15	Staines	31.87
2.	Shahin Baradaran	19	Iran Swimmin	28.01	29.	Matthew Wilkinson	15	Co Cambridge	31.91
3.	Christopher Walker-heb	15	West Suffolk	28.43	30.	Craig Purnell	16	Warrender	32.43
4.	Kyle J Barrett	15	Harrow Weald	28.77	31.	Tom Young	15	Staines	32.52
5.	Malcolme Kerr	18	Warrender	29.39	32.	Iain Robinson	19	Harrogate	32.98
6.	James W Clayton	18	Bo Kirklees	29.46	33.	Zach Courtney	12	Warrender	33.65
7.	Alexander Warburton	15	Harrow Weald	29.65	34.	John Blackwell	19	Harrogate	33.81
8.	David P Dunn	16	Swim Swanse	29.76	35.	Rhodri W Davies	13	Swim Swanse	33.83
9.	Ryan A Long	18	Co Birm'ham	29.87	36.	Tom Lightfoot	15	Co Sheffield	33.86
10.	Ross Johnston	18	Warrender	30.30	37.	Samuel Miller	12	Kettering	33.91
11.	Richard Schafers	15	Dunedin	30.34	38.	Craig McNally	13	Warrender	33.96
12.	Stewart Macphail	15	Dunedin	30.35	39.	Ricky J Williamson	14	Nova Cent'n	34.34
13.	Alex Stoney	19	Loughboro Un	30.40	40.	Andrew P Holder	17	Tynemouth	34.41
14.	James Thorne-wallis	15	Richmonddale	30.57	41.	Daniel Whitham	13	Aquabears	34.72
15.	James Carline	16	Modernians	30.59	42.	Ruaridh Loughlin	13	Warrender	35.71
16.	Peter Broster	16	Wirral Metro	30.65	43.	Morgan Wicks	12	Newport	35.81
17.	Jordan Taylor	17	Heart Of Mid	30.74	44.	David Carline	13	Modernians	35.99
18.	Rhys Jones	17	Co Cardiff	31.05	45.	Adam Blakemore	12	Flint	36.77
19.	Euan Stokes	16	Dunedin	31.06	46.	Ellis Jeffrey	11	Co Leicester	37.02
20.	Connor Barrett	15	Harrow Weald	31.12	47.	Adam Schofield	12	Bo Barnsley	37.61
21.	Iain Scanlon	15	Dunedin	31.19	48.	Ben Wood	11	Chase	38.05
22.	Michael Ashford	15	Co Birm'ham	31.33	49.	Thomas Kelly	12	Mid Beds	38.71
23.	Alistair Brown	17	Dunedin	31.34	50.	Philip Cross	13	Tynemouth	39.06
24.	Tsubasa Nakagawa	14	Co Leicester	31.61	51.	Jordan Emsley	11	Harrogate	39.15
25.	Stephen Fisheer	14	Great Yarmou	31.66	52.	Owen Mitchell	13	Aquabears	40.20
26.	James Wright	15	Romford Town	31.68		Oliver D Dunstan	15	Nova Cent'n	DNC
26.	Luka Elis	16	Camden Swiss	31.68		Oliver W George	14	West Suffolk	DNC
						Douglas Gordon	16	West Suffolk	DNC

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 8 Girls 50m Backstroke

Place	Name	AaD	Club	Time	Place	Name	Club	Time
1.	Samantha Williams	20	Loughboro Un	31.58	29.	Gemma Baird	19	Dunedin 35.20
2.	Emily L Jackson	14	Camforth	31.69	30.	Katherine Usher	14	Billingham 35.21
3.	Georgia Hunton-clarke	14	Romford Town	31.87	31.	Lucy Ellis	13	Dunedin 35.26
4.	Katrina Alder	14	Co Salford	31.91	32.	Kristi Wilson	15	Heart Of Mid 35.30
5.	Laura Hobbs	18	Camden Swiss	31.99	33.	Laura Walsh	23	Staines 35.56
6.	Nicole Wilson	15	Heart Of Mid	33.01	34.	Rachel Bacon	14	Flint 35.59
7.	Laura Ingleson	15	City Norwich	33.02	35.	Claire Bassinder	16	Strat Sharks 35.64
7.	L Longhill	24	Co Leicester	33.02	36.	Hannah Pate	15	Heart Of Mid 35.68
9.	Danielle Hunt	16	Worcester	33.07	37.	Lauren Bason	14	Chase 35.95
10.	Charlotte Broadbent	15	Co Sheffield	33.15	38.	Beth Scanlon	14	Dunedin 36.19
11.	Jenny Starling	16	Co Sheffield	33.35	39.	Lucy Smith	14	Staines 36.51
12.	Julie Douglas	25	Loughboro Un	33.39	40.	Camilla R Grossman	13	Camden Swiss 36.83
13.	Mairi Morrison	14	Dunedin	33.55	41.	Jane Usher	18	Billingham 37.36
14.	Lauren Maudsley	12	Aquabears	33.67	42.	Rosa Brownlee	13	Heart Of Mid 37.43
15.	Laura Burgess	13	Co Leicester	33.68	43.	Grace Steedman	13	Tynemouth 37.44
16.	Taylah Brooke	15	Romford Town	33.97	44.	Hannah Edwards	18	Co Cambridge 37.67
17.	Hayley Nicholson	14	Staines	34.02	45.	Meredyth Griffin	12	Caernarfon 37.77
18.	Sarah Kelly	13	Dunedin	34.11	46.	Catherine Arnold	12	Chase 38.22
19.	Claire Sands	16	Co Leicester	34.30	47.	Laura Donaldson	13	Tynemouth 39.19
20.	Alice Shaw	14	Co Salford	34.36	48.	Mary Amos	13	Eckington 39.70
21.	Victoria Jeffery	15	Havant & Wat	34.41	49.	Hannah O'donoghue	11	Nova Cent'n 40.59
22.	Charlotte H Goode	14	Bo Kirklees	34.56		Fiona Murphy	15	Tynemouth DNC
23.	Alishia Palmer	13	Nova Cent'n	34.59		Nicole Muscroft	14	Swim Traffor DNC
23.	Hannah Moseley	17	Kendal	34.59		Holly Oughton	12	Nova Cent'n DNC
25.	Amy Wood	15	Oldham Seals	34.60		Julia Warburton	18	Harrow Weald DNC
26.	Danielle Lee	13	Mid Beds	34.70		Ailie Mcgowan	15	Heart Of Mid DNC
27.	Ellis-jay Middleton	13	Co Leicester	34.72		Christie Donnelly	14	Co Sheffield DNC
28.	Lisa Main	12	Dunedin	34.81		Samantha Wilson	19	Loughboro Un DNC

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 9 Boys 10 Years/Over 200m Freestyle

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Harry Payne	11	Bo Southend	2:23.67	33.96	1:11.14	1:48.29
2.	Ben Wood	11	Chase	2:25.00	33.37	1:10.69	1:48.60
3.	Charlie Dentith	11	redbridge lo	2:25.15	33.89	1:10.98	1:48.20
4.	Joseph Faulkner	11	Co Sheffield	2:27.40	34.34	1:12.68	1:51.46
5.	Henry Crosby	11	Co Cambridge	2:27.88	34.05	1:12.50	1:50.96
6.	Alexander Watson	11	Co Sheffield	2:29.83	34.18	1:12.49	1:51.80
7.	Thomas M Clarke	11	Flint	2:30.25	35.09	1:14.08	1:53.20
8.	Jordan Emsley	11	Harrogate	2:30.53	34.59	1:13.45	1:52.62
9.	Jack Howarth	11	Northampton	2:31.33	34.77	1:13.74	1:53.25
10.	Mitch Jordan	11	Nova Cent'n	2:34.61	35.68	1:15.37	1:55.25
11.	James Dethick	10	Co Sheffield	2:34.93	34.91	1:14.43	1:55.60
12.	Jason A Mazzei	11	Co Sheffield	2:42.25	36.07	1:18.34	2:00.67
	Jack Colley	11	Kingfisher E	DNC			

12 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Richard Leicester	12	Aquabears	2:18.03	32.32	1:07.64	1:43.55
2.	Mitchell Adshead	12	Chase	2:18.26	32.57	1:07.64	1:43.13
3.	Freddie Little	12	Northampton	2:19.54	33.79	1:10.00	1:46.64
4.	Felix Samuells	12	Camden Swiss	2:20.81	32.35	1:08.73	1:45.91
5.	Jim Patterson	12	Nova Cent'n	2:20.87	33.05	1:09.25	1:45.26
6.	David Stiano	12	Nova Cent'n	2:21.80	33.23	1:09.39	1:46.50
7.	Dean Davenport	12	Nova Cent'n	2:24.38	32.82	1:09.31	1:47.46
8.	Jason Storer	12	Staines	2:24.61	33.25	1:10.98	1:49.17
9.	Alex Raine	12	Mid Beds	2:25.48	33.67	1:11.83	1:50.27
10.	Zach Courtney	12	Warrender	2:26.41	33.99	1:12.34	1:50.67
11.	Alex Blanco	12	Bo Southend	2:26.60	34.48	1:11.78	1:49.70
12.	Oliver J Webb	12	Nova Cent'n	2:28.59	34.53	1:12.53	1:51.29
13.	Thomas Kelly	12	Mid Beds	2:30.71	35.34	1:13.91	1:53.04
14.	Kyle Walton	12	Nova Cent'n	2:36.05	35.66	1:15.72	1:55.80
	Jack Burnell	12	Lincoln Vulc	DNC			

13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Adam T Barrett	13	Reading	2:09.23	30.69	1:03.76	1:37.34
2.	Callum Candy	13	Hatfield	2:10.63	30.84	1:03.91	1:37.93
3.	Liam Jordan	13	Nova Cent'n	2:11.56	31.27	1:04.81	1:38.32
4.	Ricky Speed	13	Co Sheffield	2:12.53	30.51	1:03.86	1:38.17
5.	James Grieve	13	Co Leicester	2:14.34	30.61	1:04.45	1:40.00
6.	David J Collins	13	Wirral Metro	2:14.57	31.26	1:04.75	1:39.63
7.	Chris Inch	13	redbridge lo	2:14.95	31.53	1:05.86	1:40.89
8.	Tom Sunter	13	Co Sheffield	2:15.07	30.96	1:05.58	1:41.02
9.	Liam Bosomworth	13	South Tyne	2:15.44	31.68	1:06.05	1:41.30
10.	Rhodri W Davies	13	Swim Swanse	2:17.31	32.13	1:07.26	1:43.07
11.	Joshua Hale	13	Newport	2:21.33	32.22	1:08.65	1:45.63
12.	Steve Wozniak	13	Chase	2:21.35	32.28	1:08.71	1:45.03
13.	Isaac Bowen	13	Newport	2:23.05	32.96	1:09.55	1:47.54
14.	Owen Mitchell	13	Aquabears	2:28.49	34.09	1:12.53	1:51.57

14 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Braxton Timm	14	Co Sheffield	2:06.56	29.35	1:01.89	1:34.76
2.	Grant Chandler	14	Romford Town	2:07.72	28.97	1:00.60	1:33.94
3.	Jack Dunn	14	Co Sheffield	2:07.73	29.12	1:02.02	1:35.49
4.	Daniel Stepton	14	Becontree	2:08.42	28.76	1:01.51	1:35.82
5.	Daniel Rick	14	Co Sheffield	2:11.02	29.76	1:03.63	1:38.29
6.	James Holder	14	Nova Cent'n	2:11.14	31.05	1:04.90	1:38.50
7.	Daniel Lee	14	Dunedin	2:11.25	30.33	1:03.03	1:37.23
8.	George Morris	14	Bo Southend	2:15.51	30.99	1:06.17	1:41.22

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	
1.	Daniel Mills	15	Nova Cent'n	1:57.08	27.91	57.91	1:28.08
2.	Christopher Walker-heb	15	West Suffolk	1:58.35	28.45	59.14	1:29.43
3.	Tom Greenfield	16	Co Sheffield	1:59.39	28.32	58.74	1:29.22
4.	Richard Schafers	15	Dunedin	2:00.52	28.16	58.86	1:29.94
5.	Jonathan D Cook	16	Nova Cent'n	2:01.31	28.13	58.75	1:30.75
6.	Garry Dixon	16	Reading	2:01.63	27.80	59.24	1:30.57
7.	Owen Coughlan	15	Bo Southend	2:01.67	28.85	59.57	1:30.80
8.	Andrew Cumberlidge	15	Newburn	2:01.92	28.14	58.32	1:30.16
9.	Charlie Walker	15	Co Peterboro	2:01.96	28.82	59.58	1:31.99
10.	Lydon Harriman	16	Bo Stockton	2:02.04	28.29	58.42	1:30.97
11.	Jeffery Hill	16	Co Peterboro	2:02.22	28.45	1:00.10	1:31.40
12.	Luke Wood	15	Co Salford	2:03.71	28.81	1:00.55	1:32.78
13.	Dan Cocking	15	Co Sheffield	2:03.93	29.03	1:00.63	1:32.79
14.	Edward Walsh	16	Camden Swiss	2:04.08	28.88	1:00.81	1:33.02
15.	Andrew S Dewar	16	Sedgefield	2:04.17	28.60	59.64	1:31.95
16.	Alex Smith	15	Co Newcastle	2:04.24	28.02	1:00.13	1:32.59
17.	Russel G Korting	16	Reading	2:04.45	28.38	59.26	1:32.00
18.	Adam Taylor	16	Nuneaton	2:04.56	28.84	1:01.49	1:33.43
19.	Chris J Ferguson	15	Reading	2:05.37	29.27	1:01.17	1:33.20
20.	Pierce R Doran	15	Nova Cent'n	2:05.47	29.22	1:00.97	1:33.41
21.	Sam Spaul	15	City Norwich	2:05.55	29.60	1:01.82	1:34.64
22.	Alexander D Garbiak	16	Bo Kirklees	2:05.98	28.98	1:01.51	1:34.03
23.	Alexander Belk	15	Skipton	2:06.50	28.73	1:01.00	1:34.08
24.	David P Dunn	16	Swim Swanse	2:06.62	28.81	1:01.30	1:34.75
25.	Marc Raven	15	Wrexham	2:06.64	29.18	1:01.71	1:34.63
26.	Christopher Wilkinson	15	Billingham	2:06.82	29.71	1:01.78	1:34.45
27.	Jak Scott	15	Dunedin	2:07.22	30.35	1:02.88	1:35.88
28.	Christopher Streener	15	Co Newcastle	2:08.94	29.32	1:01.63	1:34.86
29.	Craig Purnell	16	Warrender	2:10.88	29.28	1:01.99	1:36.61
30.	Alex J Macarthur	15	Reading	2:14.66	30.33	1:04.44	1:39.83
31.	Alexander Warburton	15	Harrow Weald	2:16.94	27.85	1:00.98	1:39.58
32.	Stewart Macphail	15	Dunedin	2:20.95	31.75	1:07.65	1:43.93
33.	Sam Wells	15	Swindon Dolp	2:37.68	29.43	1:02.92	1:57.39
	Kieran P Patel	15	Bo Kirklees	DNC			
	John Halliwell	15	Gallica	DNC			
	Richard Tullett	16	Co Birm'ham	DNC			
	Joshua J Phillips	15	Nova Cent'n	DNC			
	Jonathan Sayer	16	Bo Southend	DNC			
	Mark D Stevens	16	Deben	DNC			

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	100	150	
1.	James Johnson	17	Co Newcastle	1:53.67	26.08	54.73	1:24.63
2.	Richard Hutton	22	Loughboro Un	1:55.24	26.52	55.93	1:25.83

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

3.	Joe Roebuck	20	Loughboro Un	1:55.81	27.18	56.98	1:26.93
4.	Soheil Ashtiani	18	Iran Swimmin	1:56.44	26.95	55.98	1:25.83
5.	Matt Edwards	20	Loughboro Un	1:56.60	27.10	56.63	1:26.83
6.	Josh Ker	21	Loughboro Un	1:57.36	27.49	57.07	1:27.40
7.	Chris Middleton	17	Co Sheffield	1:58.06	27.39	57.70	1:28.39
8.	Emin Noshadi	17	Iran Swimmin	1:58.42	27.59	57.89	1:28.78
9.	Ryan A Long	18	Co Birm'ham	1:58.67	27.59	57.55	1:27.74
10.	Rob Andrews	19	Loughboro Un	1:59.16	28.10	58.30	1:28.57
11.	Chris Bunyan	17	Co Leicester	1:59.84	28.88	59.22	1:29.69
12.	Aled Jones	19	Loughboro Un	2:00.18	27.98	58.50	1:29.41
13.	Alex Brammer	18	Co Sheffield	2:00.33	28.25	58.92	1:30.21
14.	Andi Manley	29	Swindon Dolp	2:00.63	27.36	57.83	1:29.50
15.	Liam Marshall	20	Loughboro Un	2:00.72	27.86	58.21	1:29.10
16.	Martin Cox	17	Nova Cent'n	2:01.22	28.48	59.99	1:31.63
17.	Grant Cashmore	17	Nova Cent'n	2:01.69	27.12	57.53	1:29.29
18.	Liam Teare	17	Co Leicester	2:01.91	28.84	59.82	1:31.04
19.	Nicholas Mallaband	17	Co Sheffield	2:02.20	28.19	59.64	1:31.24
20.	Alistair Brown	17	Dunedin	2:02.64	28.56	59.66	1:31.82
21.	Jordan Naylor	18	Co Salford	2:03.60	27.82	59.51	1:31.79
22.	Samuel Heard	17	City Norwich	2:04.07	29.43	1:01.27	1:33.01
23.	Paul Robinson	18	South Tyne	2:04.44	28.85	59.88	1:31.70
24.	Nicholas Metcalf	19	Mid Beds	2:05.04	27.82	59.53	1:32.33
25.	Joseph Collier	17	Newport	2:05.44	28.53	1:00.76	1:33.03
26.	Trevor Jones	28	Havant & Wat	2:05.78	28.34	59.68	1:32.31
27.	Peter Strachan	17	Co Leeds	2:07.33	30.45	1:04.51	1:36.38
28.	Pasha Vahdati	17	Iran Swimmin	2:08.11	29.86	1:03.37	1:36.72
29.	Jack Murphy	21	Camden Swiss	2:08.71	28.71	1:00.84	1:35.13
	Stuart Clarke	22	Bishop Stort	DNC			
	Micheal A Watts	17	Co Cardiff	DNC			
	Robert Houghton	18	Loughboro Un	DNC			
	Mohammad Bidarian	17	Iran Swimmin	DNC			

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 10 Girls 10 Years/Over 200m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150
1. Hywelis Thomas-howells	11	Swim Swanse	2:23.54	33.60	1:10.19	1:47.13
2. Rebecca Hamilton	11	Co Sheffield	2:24.63	33.45	1:10.70	1:48.74
3. Shannon Mcdermott	11	Nova Cent'n	2:27.02	35.06	1:13.40	1:51.65
4. Tess Mitchell	11	Co Leicester	2:28.69	33.70	1:12.07	1:50.80
5. Charlotte Milligan	11	Northampton	2:29.47	34.47	1:12.67	1:51.25
6. Bethany L Welch	11	Co Leicester	2:32.08	34.65	1:13.05	1:53.06
7. Zoe Gidden	10	Northampton	2:32.28	35.09	1:13.80	1:53.30
8. Tegan Turner-clarke	10	Co Sheffield	2:36.33	35.48	1:16.19	1:56.79
9. Fay Willett	11	Co Leicester	2:38.15	35.29	1:15.08	1:57.13
10. Hannah O'donoghue	11	Nova Cent'n	2:39.82	37.01	1:19.83	2:01.58
11. Sabrina Sahraoui-tahar	11	Nova Cent'n	2:41.57	36.08	1:18.50	2:00.59
12. Hannah Wakeman	11	Harrow Weald	2:43.69	35.87	1:17.40	2:01.68
Danielle Hall-jackson	11	Co Leeds	DNC			

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Jennifer Dobson	12	Dunedin	2:18.94	32.50	1:08.15	1:44.23
2. Georgie Freeman	12	Co Peterboro	2:21.01	32.29	1:08.23	1:45.06
3. Jessica Taylor	12	Co Sheffield	2:21.41	33.43	1:09.04	1:45.54
4. Holly Oughton	12	Nova Cent'n	2:21.52	33.17	1:09.13	1:45.88
5. Eleanor Belk	12	Skipton	2:21.90	33.04	1:09.08	1:46.31
6. Kelsey Richard	12	Romford Town	2:22.61	33.01	1:08.92	1:46.40
7. Lucy Swithenbank	12	Aquabears	2:23.45	33.43	1:10.02	1:47.12
8. Lois Vail	12	Aquabears	2:24.87	34.07	1:11.62	1:49.38
9. Emily Fisher	12	Co Leeds	2:25.77	33.56	1:10.57	1:48.74
10. Catherine Arnold	12	Chase	2:25.96	34.73	1:12.20	1:49.51
11. Rosemary Lucas	12	Co Leicester	2:26.18	33.30	1:11.10	1:49.53
Katie Gillies	12	Nova Cent'n	DNC			
Carla E Read	12	Co Leicester	DNC			
Julia Sutherland	12	Stockport Mo	DNC			

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Lucy Ellis	13	Dunedin	2:11.90	32.19	1:06.00	1:39.28
2. Rebecca Turner	13	Co Sheffield	2:12.42	31.09	1:04.59	1:39.21
3. Eleanor Faulkner	13	Co Sheffield	2:14.21	32.10	1:06.25	1:41.07
4. Lindsey Whitmore	13	Co Sheffield	2:15.31	31.52	1:05.58	1:40.77
5. Nicole Raymond	13	Romford Town	2:16.17	31.08	1:05.94	1:41.41
6. Lindsey Strachan	13	Heart Of Mid	2:17.91	32.35	1:08.06	1:43.72
7. Amy Brett	13	Co Leicester	2:18.13	31.59	1:06.80	1:43.16
8. Sarah Kelly	13	Dunedin	2:18.68	32.35	1:07.84	1:43.86
9. Alishia Palmer	13	Nova Cent'n	2:21.34	33.05	1:09.78	1:46.52
10. Marnie Stewart	13	Warrender	2:21.90	33.47	1:09.74	1:46.53
11. Ruth Scanlan	13	Staines	2:22.07	33.79	1:09.96	1:46.88
12. Mairi Drummond	13	Warrender	2:22.22	32.71	1:08.59	1:45.80
13. Hayley J Bates	13	Chase	2:22.79	33.15	1:09.14	1:46.23
14. Danielle Lee	13	Mid Beds	2:23.88	32.32	1:09.20	1:47.00
15. Becky Mcgreevy	13	Warrender	2:24.05	33.43	1:09.78	1:47.57
16. Kelsey Rodger	13	Heart Of Mid	2:24.32	32.47	1:09.06	1:46.75

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

17.	Annie Riley	13	Skipton	2:24.57	33.13	1:10.01	1:48.14
18.	Fiona Gibson	13	Warrender	2:24.61	33.44	1:11.15	1:49.17
18.	Jade C Morton	13	West Suffolk	2:24.61	33.40	1:11.09	1:48.81
20.	Hannah Taylor	13	Co Sheffield	2:24.69	33.31	1:10.82	1:49.32
21.	Frankie Collen	13	Harrow Weald	2:24.95	34.17	1:11.39	1:49.18
22.	Lauren Bewley	13	Staines	2:26.06	34.16	1:11.44	1:49.10
23.	Ellis-jay Middleton	13	Co Leicester	2:26.28	32.72	1:09.59	1:48.43
24.	Jessica Talbot	13	Nova Cent'n	2:30.02	34.88	1:13.46	1:52.31
25.	Laura Edger	13	Bo Barnsley	2:33.20	34.19	1:14.12	1:55.50
	Emmy Tatters	13	Co Newcastle	DNC			
	Jeanicia Beaume	13	Fleetwood	DNC			
	Claire Jackson	13	Kingfisher E	DNC			

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Sasha F Matthews	15	Nova Cent'n	2:05.00	29.88	1:01.67	1:33.68
2.	Lauren Collins	15	Co Birm'ham	2:09.64	30.00	1:03.60	1:36.93
3.	Samantha Strong	14	Aquabears	2:10.53	31.90	1:04.81	1:37.95
4.	Rachel Haigh	14	Co Newcastle	2:10.99	30.36	1:03.76	1:37.89
5.	Joanna Bold	14	Nova Cent'n	2:11.57	30.96	1:04.57	1:38.55
6.	Amy Bell	14	South Tyne	2:12.58	30.32	1:04.08	1:38.98
7.	Hannah Oldfield	15	Co Chester	2:13.07	30.45	1:03.00	1:38.29
8.	Alice Cordwell	14	Co Sheffield	2:13.08	30.90	1:04.39	1:39.08
9.	Jodie Le rescue	15	Co Birm'ham	2:13.26	29.92	1:04.13	1:39.18
10.	Nicole Wilson	15	Heart Of Mid	2:13.45	31.22	1:05.14	1:39.35
11.	Lucy Greenfield	14	Co Sheffield	2:13.94	31.09	1:05.62	1:40.45
12.	Katelyn Stewart	15	Warrender	2:14.07	31.68	1:05.91	1:40.56
13.	Claire Humphreys	15	Bournemouth	2:14.09	31.63	1:05.80	1:40.11
14.	Louisa Downs	15	Reading	2:14.28	31.02	1:05.03	1:39.85
15.	Aynsley Heseltine	14	Co Sheffield	2:14.76	31.63	1:05.95	1:40.72
16.	Eve Mackey	14	Co Newcastle	2:14.87	30.90	1:05.14	1:40.20
17.	Sian Murphy	15	Aquabears	2:14.96	31.77	1:05.69	1:40.16
18.	Alex Smethurst	14	Bo Stockton	2:15.33	31.46	1:05.97	1:41.60
19.	Bethany Faulkner	15	redbridge lo	2:15.64	31.93	1:06.29	1:40.83
20.	Jeyda Akin	15	Blackburn	2:15.76	31.14	1:05.36	1:41.06
21.	Laura Ingleson	15	City Norwich	2:15.90	31.09	1:05.79	1:41.14
22.	Claire Wooley	15	Warrender	2:15.91	32.08	1:06.56	1:41.42
23.	Lucy Smith	14	Nova Cent'n	2:16.09	31.34	1:06.47	1:41.73
24.	Emma Wilkins	15	Chase	2:16.22	31.14	1:05.93	1:41.28
25.	Angelina Lim	14	Co Peterboro	2:16.24	31.25	1:05.36	1:40.77
26.	Charlotte Graham	15	Co Birm'ham	2:16.28	30.81	1:05.19	1:40.92
27.	Laura Stevenson	14	Heart Of Mid	2:16.43	31.46	1:05.50	1:40.69
28.	Hannah Bacon	14	Havant & Wat	2:16.82	31.97	1:07.07	1:42.74
29.	Daisy Davies	14	Harrow Weald	2:16.91	31.67	1:06.64	1:42.33
30.	Eleanor Bohane	14	Harrow Weald	2:16.96	31.02	1:05.46	1:40.98
31.	Georgia Ingleson	15	City Norwich	2:17.06	32.17	1:07.51	1:42.94
32.	Sarah E Horgan	15	Nova Cent'n	2:17.16	31.72	1:06.90	1:42.47
33.	Elizabeth Hall	14	Co Manch Aq	2:17.30	32.26	1:07.55	1:42.82
34.	Danielle Naylor	15	Co Salford	2:17.84	31.82	1:07.20	1:43.37
35.	Melissa Bowen	15	Newport	2:18.35	31.78	1:06.75	1:42.85
36.	Anne Vilgers	15	Co Newcastle	2:18.46	31.23	1:06.05	1:42.40
37.	Karolena Golen	15	Dunedin	2:19.76	32.78	1:07.95	1:43.81
38.	Hannah Raine	15	Mid Beds	2:20.10	32.46	1:08.47	1:44.97

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

39.	Claire Sadden	15	Havant & Wat	2:20.55	33.39	1:09.66	1:45.32
40.	Emma Wiseman	14	Harrow Weald	2:20.64	32.72	1:08.52	1:45.06
41.	Jennifer Oldham	15	Lincoln Vulc	2:21.00	32.64	1:08.43	1:45.25
42.	Sarah Langton	15	Co Newcastle	2:21.69	31.79	1:07.27	1:44.45
43.	Louise King	15	Mid Beds	2:25.48	33.60	1:11.14	1:48.30
44.	Kayleigh Longstaff	15	Co Sheffield	2:32.38	30.58	1:03.93	1:49.38
	Amber Kears	14	Co Newcastle	DNC			
	Lara Nyman	14	Harrow Weald	DNC			
	Christie Donnelly	14	Co Sheffield	DNC			

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Stephanie Proud	17	Loughboro Un	2:04.52	29.48	1:01.67	1:33.29
2.	Jess A Sylvester	18	Nova Cent'n	2:05.07	29.73	1:02.05	1:34.47
3.	Katherine Wyld	20	Nova Cent'n	2:06.13	29.74	1:02.22	1:34.53
4.	Amy Smith	18	Loughboro Un	2:07.45	29.28	1:01.84	1:34.47
5.	Hayley Morris	20	Loughboro Un	2:08.16	29.98	1:02.46	1:35.33
6.	Natalie Prince	19	Loughboro Un	2:08.86	30.10	1:03.08	1:36.10
7.	Katie Johnson	18	Donc Dartes	2:09.06	30.32	1:02.97	1:36.06
8.	Sophie Tomlinson	16	Nova Cent'n	2:09.50	30.07	1:02.82	1:36.46
8.	Jenny Starling	16	Co Sheffield	2:09.50	30.52	1:03.19	1:36.55
10.	Katie Raybould	16	Co Birm'ham	2:10.54	30.49	1:03.66	1:37.39
11.	Dawn R Jason	19	West Suffolk	2:11.63	30.81	1:04.23	1:38.58
12.	Samantha Effemey	20	Nova Cent'n	2:11.64	30.37	1:03.77	1:37.81
13.	Kirstin Walker	16	Dunedin	2:12.54	29.93	1:03.85	1:38.27
14.	Kimberley Colton	17	Nova Cent'n	2:12.55	31.25	1:04.82	1:39.24
15.	Natalie Ward	16	Romford Town	2:13.61	31.10	1:04.75	1:39.67
16.	Louise Breen	17	Co Leicester	2:13.67	30.79	1:04.74	1:38.69
17.	Krissie Taylor	17	Co Cambridge	2:14.33	31.15	1:05.62	1:40.34
18.	Jodi Gordon	17	Heart Of Mid	2:15.67	30.80	1:05.13	1:40.47
19.	Aimec Ramm	23	Loughboro Un	2:20.88	28.24	58.34	1:41.41
20.	Catherine Pickthall	21	Loughboro Un	2:26.80	28.88	1:00.54	1:47.58
	Louise Williams	16	Halesowen	DNC			
	Verity Jason	17	West Suffolk	DNC			
	Rebecca Adlington	17	Nova Cent'n	DNC			

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 11 Boys 10yrs/Over 200m Breaststroke

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150
1. Jake Shaw	11	Co Salford	3:03.28	42.48	1:28.42	2:15.83
2. James Dawson	11	Skipton	3:13.26	44.60	1:34.78	2:24.84
3. Charlie Dentith	11	redbridge lo	3:16.05	44.99	1:36.31	2:26.68
4. Mitch Jordan	11	Nova Cent'n	3:16.92	45.97	1:37.07	2:27.47
5. Thomas M Clarke	11	Flint	3:22.96	46.57	1:40.12	2:31.67
6. Adam Scotney	11	Nova Cent'n	3:28.13	49.05	1:43.30	2:36.75

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Richard Leicester	12	Aquabears	2:58.31	40.63	1:26.30	2:12.97
2. Matthew Snowdon	12	South Tyne	2:59.41	41.71	1:28.00	2:14.28
3. James Wilby	12	York City	2:59.48	41.00	1:27.00	2:15.36
4. Bradley Matthews	12	Co Leicester	3:02.70	40.25	1:26.98	2:15.57
5. David Stiano	12	Nova Cent'n	3:03.77	42.64	1:29.92	2:17.53
6. Zach Courtney	12	Warrender	3:12.06	43.91	1:35.19	2:24.46
7. Samuel Miller	12	Kettering	3:12.31	44.12	1:34.96	2:24.65
8. Tom Walker	12	Co Sheffield	3:16.03	43.75	1:33.50	2:25.57
9. Thomas Kelly	12	Mid Beds	3:21.40	45.23	1:36.68	2:29.59

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Nicholas Jonas	13	Havering Aqu	2:48.19	37.45	1:20.47	2:05.50
2. Ben Pycroft	13	Nova Cent'n	2:54.46	36.97	1:20.59	2:06.85
3. Andrew Thompson	13	Co Cambridge	2:54.51	39.38	1:24.64	2:10.00
4. Joshua Hale	13	Newport	2:56.06	41.02	1:26.17	2:12.99
5. Alasdair Holden	13	Harrogate	3:00.51	38.97	1:25.00	2:12.45
6. Glenn Olding	13	Staines	3:01.30	41.66	1:28.83	2:04.65
7. Callum L Tate	13	Co Sheffield	3:02.27	40.53	1:27.18	2:14.74
8. Jack Caster	13	Warrender	3:07.03	41.88	1:29.04	2:18.30
9. Connor Mollison	13	Warrender	3:17.70	45.22	1:36.26	2:27.67
10. Andrew Ward	13	Romford Town	3:20.51	43.83	1:35.49	2:28.66

14 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Nicholas Tawn	14	Carnforth	2:28.06	33.68	1:11.02	1:49.88
2. Robbie Purvis	14	Warrender	2:43.67	36.12	1:18.09	2:00.58
3. Tom Freeman	14	Co Peterboro	2:45.49	36.37	1:18.91	2:02.41
4. Andrew Wainscot	14	Co Leicester	2:48.64	36.56	1:19.49	2:04.34
5. Daniel Lee	14	Dunedin	2:51.15	39.05	1:23.27	2:07.40
6. Stephen Fisheer	14	Great Yarmou	2:51.80	37.61	1:21.56	2:06.80
7. Ross Woolley	14	Warrender	2:54.25	39.58	1:24.44	2:09.34
8. Thomas Sneddon	14	Dunedin	2:55.12	39.03	1:23.07	2:08.75
9. George Morris	14	Bo Southend	2:56.38	39.32	1:24.92	2:10.90
10. Andrew Coates	14	Co Peterboro	2:57.39	38.21	1:23.57	2:10.63
11. Mark Streples	14	Warrender	2:58.42	42.49	1:27.30	2:14.15
12. Ryan Maudsley	14	Aquabears	3:03.49	40.36	1:27.82	2:15.98

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Max Partridge	16	Co Sheffield	2:21.81	31.50	1:07.21	1:44.41
2.	Aaron Flynn	15	Wellingboro	2:34.40	34.70	1:13.70	1:54.62
3.	Matthew Musgrove	15	Co Leeds	2:35.90	34.73	1:14.62	1:55.27
4.	Iain Scanlon	15	Dunedin	2:36.15	34.01	1:13.57	1:54.69
5.	Freddy Avenell	15	Nova Cent'n	2:36.58	35.06	1:15.07	1:55.76
6.	Alexander D Garbiak	16	Bo Kirklees	2:36.80	35.51	1:15.33	1:56.23
7.	Matthew Smith	16	Hornchurch	2:36.93	33.99	1:14.55	1:55.81
8.	Christopher Worby	15	redbridge lo	2:40.80	36.25	1:17.58	1:59.62
9.	Stewart Macphail	15	Dunedin	2:45.24	36.99	1:18.79	2:01.47
10.	Charlie Walker	15	Co Peterboro	2:45.51	36.93	1:18.49	2:02.44
	Samir Amhed	15	Camden Swiss	DNC			
	John Halliwell	15	Gallica	DNC			

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Chris Watkinson	19	Loughboro Un	2:21.35	33.44	1:10.84	1:47.13
2.	James Kirton	21	Co Sheffield	2:22.66	32.17	1:09.47	1:46.40
3.	Mohammad Alirezaei	20	Iran Swimmin	2:26.80	31.13	1:08.32	1:46.95
4.	Robert Shaw	17	Co Newcastle	2:30.57	33.38	1:11.57	1:51.12
5.	Ben Marsters	19	Loughboro Un	2:32.35	32.39	1:09.97	1:50.10
6.	Niall Nesbitt	18	Co Newcastle	2:32.82	33.10	1:11.83	1:52.37
7.	Nigel Masters	35	Swindon Dolp	2:33.99	33.99	1:12.56	1:52.65
8.	Barrie Stewart	22	Havant & Wat	2:46.13	36.00	1:19.13	2:02.23
9.	Jordan Taylor	17	Heart Of Mid	2:47.04	36.15	1:19.02	2:02.61
10.	Callum Lawson	20	Nova Cent'n	2:50.05	37.97	1:21.01	2:06.03
11.	Andrea F Viola	43	Co Cambridge	2:54.60	37.74	1:22.76	2:08.46
12.	Iain Robinson	19	Harrogate	2:54.87	39.55	1:24.21	2:10.62
	Russell Bruns	18	Harrow Weald	DNC			
	David Jacobs	17	Romford Town	DNC			
	Neil Van den broek	27	Swim Swansea	DNC			
	James Johnson	17	Co Newcastle	DQ	32.56	1:09.91	1:47.62

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 12 Girls 10yrs/Over 200m Breaststroke

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150
1. Anna Atkinson-smith	11	York City	3:05.27	41.96	1:29.08	2:17.74
2. Abigail Kerr	11	Skipton	3:08.90	43.63	1:32.84	2:21.90
3. Claudia Kitching	10	Harrow Weald	3:11.80	44.25	1:33.68	2:22.97
4. Tess Mitchell	11	Co Leicester	3:13.23	42.82	1:33.08	2:23.29
5. Elpitha Soldatou	11	Nova Cent'n	3:14.82	45.85	1:35.12	2:25.92
6. Bethany L Welch	11	Co Leicester	3:15.73	45.41	1:35.92	2:27.16
7. Claire Owen	11	York City	3:21.96	45.62	1:37.60	2:29.38
8. Jenny Young	11	Nova Cen't	3:23.37	46.41	1:39.37	2:32.63
9. Alexandra Reid	10	Co Sheffield	3:24.89	46.90	1:39.02	2:32.21
10. Meg Naughton	11	Co Sheffield	3:32.03	48.97	1:43.74	2:37.40
11. Niki Chatburn	10	Skipton	3:35.67	50.32	1:47.19	2:41.63
12. Kayleigh McMahon	11	Kimberley	3:36.53	49.91	1:45.38	2:42.22
13. Rebecca Whaling	10	Kingfisher E	3:41.54	50.73	1:47.01	2:45.89

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Lisa Main	12	Dunedin	3:01.43	41.09	1:26.51	2:14.11
2. Carmella Kitching	12	Harrow Weald	3:03.07	41.26	1:26.88	2:16.76
3. Katie Bartlett	12	Nova Cent'n	3:08.95	43.96	1:33.41	2:22.99
4. Holly Oughton	12	Nova Cent'n	3:09.11	45.08	1:33.48	2:21.18
5. Rebecca Barsby	12	Nova Cent'n	3:09.12	42.95	1:31.66	2:21.23
6. Sophie Konderak	12	Co Leicester	3:09.17	40.76	1:28.55	2:18.44
7. Rebekah Priestley	12	Nova Cent'n	3:10.27	43.29	1:31.29	2:20.91
8. Sophie Clayton	12	Warrender	3:17.33	45.23	1:36.03	2:28.39
9. Rachel Clay	12	Harrogate	3:20.46	44.86	1:35.40	2:28.35

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
1. Lucy Spencer	13	Co Sheffield	2:46.08	38.23	1:20.51	2:03.51
2. Hayley J Bates	13	Chase	2:53.29	39.36	1:23.47	2:08.32
3. Sarah-leigh Dudley	13	Co Sheffield	2:53.45	40.69	1:25.57	2:10.20
4. Alice Miller	13	Co Newcastle	2:53.66	38.85	1:22.70	2:09.87
5. Stephanie L Burns	13	Co Sheffield	2:54.71	39.31	1:24.18	2:09.28
6. Rebecca Stephen	13	Dunedin	2:56.50	40.66	1:25.26	2:10.96
7. Katie Hayes	13	Newport	2:59.20	41.57	1:27.85	2:14.30
8. Kelsey Rodger	13	Heart Of Mid	3:03.33	40.93	1:27.85	2:15.63
9. Becky McGreevy	13	Warrender	3:09.25	42.96	1:31.68	2:20.90
10. Rosa Brownlee	13	Heart Of Mid	3:11.11	43.34	1:32.35	2:21.95
11. Jade C Morton	13	West Suffolk	3:12.72	44.64	1:32.82	2:23.95
12. Mary Amos	13	Eckington	3:16.05	44.66	1:35.28	2:26.17

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Helena Thornton	15	Nova Cent'n	2:43.62	37.60	1:20.08	2:02.03
2.	Jessica Tomlinson	14	Nova Cent'n	2:45.62	38.40	1:20.36	2:03.37
3.	Laura Kilby	14	Co Leicester	2:45.86	37.05	1:18.96	2:02.76
4.	Angelina Lim	14	Co Peterboro	2:46.30	38.10	1:20.92	2:03.29
5.	Chloe Pellican	14	City Norwich	2:48.40	38.74	1:22.04	2:05.74
6.	Jessica Coles	14	Romford Town	2:50.52	38.29	1:21.30	2:05.34
7.	Rosanne Thompson	14	Romford Town	2:50.78	39.33	1:23.34	2:07.69
8.	Olivia Duffield-moore	14	Co Leicester	2:51.07	37.13	1:20.40	2:05.63
9.	Emily Mcqueen	14	Warrender	2:51.51	40.13	1:24.28	2:08.23
10.	Katelyn Stewart	15	Warrender	2:52.11	39.45	1:23.71	2:07.95
11.	Rachel Boardman	15	Co Salford	2:53.71	39.73	1:24.13	2:08.84
12.	Gaby Collen	15	Harrow Weald	2:54.50	39.43	1:23.91	2:09.16
13.	Megan Crane	15	Co Norwich	2:54.88	39.43	1:24.72	2:09.48
14.	Carla Joseph	14	redbridge lo	2:55.17	39.55	1:23.54	2:09.73
15.	Carly Pinnock	14	Co Leicester	2:55.72	39.05	1:24.07	2:09.89
16.	Meghan Miller	14	Co Newcastle	2:55.95	39.79	1:24.74	2:10.86
17.	Lorna Dawson	15	Skipton	2:56.50	39.51	1:24.21	2:10.27
18.	Laura Stevenson	14	Heart Of Mid	2:56.87	40.19	1:25.15	2:10.96
19.	Hannah Pate	15	Heart Of Mid	2:59.52	40.97	1:27.41	2:13.59
20.	Lydia Pace	14	Nova Cent'n	3:00.33	41.35	1:26.91	2:14.06
21.	Ella Kirby	14	Staines	3:01.06	39.89	1:26.84	2:14.02
22.	Zoe Shelton	14	Co Leicester	3:02.29	40.45	1:26.33	2:14.77
23.	Rachel Bacon	14	Flint	3:04.26	41.63	1:27.94	2:15.79
24.	Gillian Bell	15	Dunedin	3:15.63	44.53	1:34.80	2:26.16
	Suki Hohmann	15	Nova Cent'n	DQ	ST-		

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Debbie Hall	17	Co Sheffield	2:35.89	36.41	1:16.92	1:56.55
2.	Sophie Caul	20	Co Birm'ham	2:37.24	35.57	1:15.24	1:56.33
3.	Fiona Gray	16	Heart Of Mid	2:39.56	36.87	1:18.21	1:58.97
4.	Donna Lee	24	Havant & Wat	2:40.82	36.99	1:18.59	1:59.79
5.	Amy Spencer	16	Co Sheffield	2:41.69	36.74	1:17.97	1:59.68
6.	Amy Konowalik	20	Nova Cent'n	2:42.13	37.20	1:18.30	2:00.21
7.	Emma L White	16	Strat Sharks	2:44.11	37.65	1:18.92	2:01.16
8.	Victoria Cadge	16	West Suffolk	2:46.22	38.45	1:21.11	2:03.70
9.	Katie Raybould	16	Co Birm'ham	2:46.81	37.14	1:19.51	2:03.13
10.	Natalie Effemey	22	Loughboro Un	2:48.16	38.18	1:21.00	2:04.29
11.	Fiona Bowen	17	Newport	2:48.97	39.11	1:22.39	2:06.31
12.	Claire Sands	16	Co Leicester	2:49.28	39.01	1:20.45	2:06.00
13.	Rae Alder	16	Co Salford	2:49.31	37.82	1:20.61	2:04.92
14.	Jodi Gordon	17	Heart Of Mid	2:50.35	40.19	1:22.19	2:06.12
15.	Victoria Smith	16	Newport	2:50.61	39.17	1:22.41	2:07.03
16.	Vivienne Fleming	18	Heart Of Mid	2:51.45	38.14	1:21.76	2:06.08
17.	Alison Fleming	16	Heart Of Mid	2:55.39	38.86	1:22.93	2:08.90
18.	Sarah Bennett	16	Newburn	3:00.52	41.14	1:26.73	2:14.13
19.	Katie Hogben	16	Camden Swiss	3:02.79	41.72	1:28.90	2:16.38
	Kylie Bland	20	Camden Swiss	DNC			
	Katie Welsh	16	Nova Cent'n	DNC			
	Leona M Jones	17	Reading	DNC			

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 13 Boys 10 Years/Over 100m Backstroke

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50
1.	Ellis Jeffrey	11	Co Leicester	1:17.85	38.26
2.	Alexander Watson	11	Co Sheffield	1:21.14	39.48
3.	Ben Wood	11	Chase	1:22.21	39.44
4.	Jordan Emsley	11	Harrogate	1:23.27	39.62
5.	Luke Hale	11	Newport	1:26.93	42.88
6.	Alex Peake	10	Camden Swiss	1:28.06	41.90
7.	Blake A Shepherd	11	Co Sheffield	1:31.70	45.96
8.	Haydon Thorp	11	Co Sheffield	1:32.74	45.13
9.	Adam Scotney	11	Nova Cent'n	1:33.45	46.27
10.	Mark J Huggins	11	Co Sheffield	1:37.08	48.58

12 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Samuel Miller	12	Kettering	1:13.46	36.68
2.	Mitchell Adshead	12	Chase	1:13.64	36.26
3.	Zach Courtney	12	Warrender	1:13.84	35.89
4.	Jim Patterson	12	Nova Cent'n	1:15.47	36.95
5.	Morgan Wicks	12	Newport	1:16.07	36.74
6.	Felix Samuells	12	Camden Swiss	1:16.57	36.78
7.	Adam Blakemore	12	Flint	1:19.21	38.99
8.	Adam Schofield	12	Bo Barnsley	1:21.80	39.91
9.	Jordan Bason	12	Chase	1:22.11	40.32
10.	Oliver J Webb	12	Nova Cent'n	1:22.14	40.38
11.	Kyle Walton	12	Nova Cent'n	1:22.55	40.24
12.	Thomas Kelly	12	Mid Beds	1:23.38	40.34

13 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Adam T Barrett	13	Reading	1:08.53	33.43
2.	Daniel Whitham	13	Aquabears	1:10.67	34.50
3.	Steve Wozniak	13	Chase	1:11.87	35.49
4.	Rhodri W Davies	13	Swim Swanse	1:11.88	34.78
5.	Craig Mcnally	13	Warrender	1:13.15	36.27
6.	Christopher L Boyce	13	Reading	1:13.21	36.25
7.	Ruaridh Loughlin	13	Warrender	1:17.10	36.78
8.	Adam Trussler	13	Co Leicester	1:18.17	38.79
9.	Connor Mollison	13	Warrender	1:18.75	38.67
10.	David Carline	13	Modernians	1:18.76	39.32

14 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Andrew J Martin	14	Aquabears	1:06.80	33.03
2.	Harry Needs	14	Camden Swiss	1:06.99	32.68
3.	Daniel Stepton	14	Becontree	1:07.07	32.55
4.	Alex Rea	14	Co Newcastle	1:07.53	32.87
5.	Thomas Lang	14	West Suffolk	1:08.31	32.97
6.	James Holder	14	Nova Cent'n	1:08.80	34.07
7.	Tsubasa Nakagawa	14	Co Leicester	1:09.45	34.36
8.	Sean Tomlin	14	Bo Southend	1:10.00	33.33

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

9.	Daniel Lee	14	Dunedin	1:10.55	34.39
10.	Ross Woolley	14	Warrender	1:11.01	34.92
11.	Mark Streples	14	Warrender	1:13.48	35.82
12.	Robbie Purvis	14	Warrender	1:15.54	36.10
13.	Stephen Fisheer	14	Great Yarmou	1:15.91	33.77
14.	Thomas Sneddon	14	Dunedin	1:16.30	36.88
	Ricky J Williamson	14	Nova Cent'n	DNC	

15/16 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Christopher Walker-heb	15	West Suffolk	1:00.74	30.39
2.	Kyle J Barrett	15	Harrow Weald	1:01.29	30.68
3.	Peter Broster	16	Wirral Metro	1:02.47	30.60
4.	Daniel Bosman	15	Co Newcastle	1:03.62	30.56
5.	Adam Taylor	16	Nuneaton	1:03.68	30.97
6.	David P Dunn	16	Swim Swanse	1:03.97	31.35
7.	Richard Schafers	15	Dunedin	1:03.98	31.18
8.	Jonathan D Cook	16	Nova Cent'n	1:04.05	30.93
9.	James Thorne-wallis	15	Richmonddale	1:05.04	31.92
10.	Daniel Waddingham	15	Nuneaton	1:05.41	31.86
11.	Charlie Walker	15	Co Peterboro	1:05.53	32.13
12.	Pierce R Doran	15	Nova Cent'n	1:05.85	32.28
13.	Craig Purnell	16	Warrender	1:05.99	32.26
14.	Connor Barrett	15	Harrow Weald	1:06.06	32.12
15.	Marc Raven	15	Wrexham	1:06.35	32.00
16.	Michael Ashford	15	Co Birm'ham	1:07.96	32.58
17.	Oliver E Wilby	15	York City	1:08.03	33.26
18.	James Wright	15	Romford Town	1:08.04	33.00
19.	Matthew Wilkinson	15	Co Cambridge	1:08.08	32.92
20.	Alexander Belk	15	Skipton	1:08.20	32.75
21.	Michael J Holstein	15	Swim Traffor	1:08.38	33.43
22.	Andrew S Dewar	16	Sedgefield	1:08.71	33.26
23.	Alex Garnett	15	Staines	1:10.35	33.00
24.	Tom Lightfoot	15	Co Sheffield	1:10.54	34.36
25.	Luka Elis	16	Camden Swiss	1:11.10	33.65
26.	Jonjo Challands	15	Co Leicester	1:11.86	34.40
27.	Stewart Macphail	15	Dunedin	1:12.24	34.93
28.	Christopher Littler	16	Boldmere	1:13.50	35.86

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50
1.	Andrew Shepherd	22	Co Sheffield	59.00	28.52
2.	Shahin Baradaran	19	Iran Swimmin	1:00.41	29.41
3.	Ryan A Long	18	Co Birm'ham	1:02.04	30.38
4.	Douglas Kerr	17	Mid Beds	1:02.92	30.47
5.	Chris Sansom	17	Coalville	1:03.09	30.56
6.	Ross Johnston	18	Warrender	1:03.18	31.09
7.	James W Clayton	18	Bo Kirklees	1:03.34	30.33
8.	Martin Cox	17	Nova Cent'n	1:03.82	31.02
9.	Peter Strachan	17	Co Leeds	1:04.30	31.17
10.	Alistair Brown	17	Dunedin	1:05.50	32.26
11.	Malcolme Kerr	18	Warrender	1:05.80	32.02
12.	Jordan Taylor	17	Heart Of Mid	1:06.41	31.61
13.	Alex Stoney	19	Loughboro Un	1:06.94	32.42
14.	John Blackwell	19	Harrogate	1:10.93	33.62

EVENT 14 Girls 10 Years/Over 100m Backstroke

11 Yrs/Under Age Group

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

Place Name	AaD	Club	Time	50
1. Rebecca Hamilton	11	Co Sheffield	1:16.67	37.95
2. Katie H Agrippa	11	Flint	1:18.92	38.83
3. Elpitha Soldatou	11	Nova Cent'n	1:20.65	40.71
4. Katie Simms	11	Staines	1:20.91	39.47
5. Rianna Veares	11	Havering Aqu	1:23.17	40.54
6. Joanne Longland	11	Co Peterboro	1:23.33	40.97
7. Hannah O'donoghue	11	Nova Cent'n	1:23.95	40.33
8. Sabrina Sahraoui-tahar	11	Nova Cent'n	1:24.03	40.77
9. Abigail Moxley	11	Flint	1:24.44	41.31
10. Hannah Wakeman	11	Harrow Weald	1:25.32	41.16
11. Kayleigh McMahon	11	Kimberley	1:34.45	45.95
Shannon Mcdermott	11	Nova Cent'n	DNC	

12 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Lauren Maudsley	12	Aquabears	1:11.76	35.11
2. Jennifer Dobson	12	Dunedin	1:13.09	35.80
3. Holly Oughton	12	Nova Cent'n	1:14.32	36.84
4. Hannah Morgan	12	Swim Swanse	1:14.45	36.65
5. Rosemary Lucas	12	Co Leicester	1:15.57	36.96
6. Jessica Taylor	12	Co Sheffield	1:15.74	37.19
7. Carolyn Haworth	12	Skipton	1:16.38	36.89
8. Lisa Main	12	Dunedin	1:16.80	37.24
9. Kate Williams	12	Billingham	1:18.26	38.25
10. Kelsey Richard	12	Romford Town	1:18.93	38.13
11. Georgie Freeman	12	Co Peterboro	1:19.81	38.81
12. Sophie Konderak	12	Co Leicester	1:19.99	38.92
13. Catherine Arnold	12	Chase	1:20.66	39.76
14. Rebekah Priestley	12	Nova Cent'n	1:22.50	40.77
15. Katharine Riggs	12	Co Sheffield	1:22.52	40.68
16. Sophie Clayton	12	Warrender	1:26.10	42.44
17. Meredyth Griffin	12	Caernarfon	1:26.11	41.99
Emily Fisher	12	Co Leeds	DNC	

13 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Laura Burgess	13	Co Leicester	1:11.57	34.81
2. Alishia Palmer	13	Nova Cent'n	1:11.94	35.64
3. Sarah Kelly	13	Dunedin	1:12.57	35.46
4. Lindsey Whitmore	13	Co Sheffield	1:12.63	35.75
5. Marnie Stewart	13	Warrender	1:14.25	36.76
6. Kimberley Briscoe	13	Monnow	1:14.49	36.36
7. Lindsey Strachan	13	Heart Of Mid	1:15.67	36.62
8. Lucy Ellis	13	Dunedin	1:15.81	37.24
9. Ellis-jay Middleton	13	Co Leicester	1:16.87	36.93
10. Laura Edger	13	Bo Barnsley	1:16.92	38.14
11. Frankie Collen	13	Harrow Weald	1:17.94	37.89
12. Danielle Lee	13	Mid Beds	1:18.53	37.12
13. Camilla R Grossman	13	Camden Swiss	1:18.95	38.53
14. Jade C Morton	13	West Suffolk	1:19.18	38.11
15. Jessica Talbot	13	Nova Cent'n	1:19.61	38.87
16. Grace Steedman	13	Tynemouth	1:19.67	38.75
17. Sarah-leigh Dudley	13	Co Sheffield	1:19.69	39.44

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

18.	Mairi Drummond	13	Warrender	1:19.70	39.03
19.	Becky Mcgreevy	13	Warrender	1:19.81	38.83
20.	Rosa Brownlee	13	Heart Of Mid	1:20.74	39.53
21.	Ruth Scanlan	13	Staines	1:23.18	42.42
22.	Hannah Taylor	13	Co Sheffield	1:23.34	40.67
23.	Mary Amos	13	Eckington	1:26.93	42.76
	Deborah Stanley	13	Calverton	DNC	
	Jeanicia Beaume	13	Fleetwood	DNC	

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	
1.	Georgia Hunton-clarke	14	Romford Town	1:07.11	32.65
2.	Emily L Jackson	14	Carnforth	1:07.63	33.37
3.	Katrina Alder	14	Co Salford	1:08.38	32.80
4.	Eve Mackey	14	Co Newcastle	1:09.63	33.27
5.	Phoebe Hayes	14	redbridge lo	1:10.36	34.49
6.	Laura Ingleson	15	City Norwich	1:10.62	33.94
7.	Mairi Morrison	14	Dunedin	1:11.28	34.53
8.	Nicole Wilson	15	Heart Of Mid	1:11.49	34.86
9.	Hannah Nash	15	City Norwich	1:12.13	35.46
10.	Holly Young	15	Carnforth	1:12.31	35.16
11.	Daisy Davies	14	Harrow Weald	1:12.61	35.60
12.	Alice Shaw	14	Co Salford	1:13.15	35.42
13.	Ailie Mcgowan	15	Heart Of Mid	1:13.57	35.95
14.	Alex Smethurst	14	Bo Stockton	1:13.67	36.51
15.	Victoria Jeffery	15	Havant & Wat	1:13.74	36.22
16.	Taylah Brooke	15	Romford Town	1:13.78	36.57
17.	Hayley Nicholson	14	Staines	1:14.46	36.60
18.	Chloe Pellican	14	City Norwich	1:14.70	37.06
19.	Natalie Murray	14	Bolton Metro	1:14.72	36.16
20.	Katherine Usher	14	Billingham	1:15.22	36.29
21.	Amy Wood	15	Oldham Seals	1:15.54	36.79
22.	Lauren Bason	14	Chase	1:15.64	36.98
23.	Kristi Wilson	15	Heart Of Mid	1:15.95	36.89
24.	Claire Wooley	15	Warrender	1:16.37	37.04
25.	Sarah E Horgan	15	Nova Cent'n	1:16.91	37.38
26.	Emma L Campbell	15	Newport	1:17.06	37.50
27.	Sarah Langton	15	Co Newcastle	1:17.65	37.45
28.	Amy Wilson	14	Romford Town	1:18.32	38.50
29.	Emily Mcqueen	14	Warrender	1:18.43	38.47
30.	Hannah Pate	15	Heart Of Mid	1:18.57	37.91
31.	Louise Watts	14	Newport	1:19.58	39.00
32.	Hannah Bacon	14	Havant & Wat	1:20.23	38.83
	Meghan Miller	14	Co Newcastle	DNC	
	Nicole Muscroft	14	Swim Traffor	DNC	
	Christie Donnelly	14	Co Sheffield	DNC	
	Lauren Collins	15	Co Birm'ham	DNC	

16 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	
1.	Samantha Williams	20	Loughboro Un	1:07.35	32.30
2.	L Longhill	24	Co Leicester	1:08.04	32.78
3.	Holly C Tanner	16	Reading	1:08.15	33.60
4.	Laura Hobbs	18	Camden Swiss	1:08.17	33.11

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

5.	Samantha Effemey	20	Nova Cent'n	1:08.89	33.60
6.	Debbie Hall	17	Co Sheffield	1:09.62	33.76
7.	Kimberley Colton	17	Nova Cent'n	1:10.00	33.92
8.	Louise Pate	17	Heart Of Mid	1:10.45	33.99
9.	Verity Jason	17	West Suffolk	1:10.73	34.72
10.	Natalie Ward	16	Romford Town	1:12.76	34.93
11.	Sarah Bennett	16	Newburn	1:13.61	35.82
12.	Jenny Starling	16	Co Sheffield	1:13.63	35.91
13.	Danielle Hunt	16	Worcester	1:15.27	35.73
14.	Emily Drew	17	Camden Swiss	1:16.29	37.31
15.	Laura Walsh	23	Staines	1:17.09	37.14
16.	Gemma Baird	19	Dunedin	1:17.15	36.91
17.	Jennifer Coughlin	22	Swim Swanse	1:21.29	39.25
	Julia Warburton	18	Harrow Weald	DNC	
	Samantha Wilson	19	Loughboro Un	DNC	
	Dawn R Jason	19	West Suffolk	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 15 Boys/Girls 10yrs/Over 800m Free.

BOYS 13 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. David J Collins	13	Wirral Metro	9:23.36	9:23.36	9:23.36	9:23.36	9:23.36	9:23.36	7:02.78	7:02.78
2. Tom Sunter	13	Co Sheffield	9:26.73	9:26.73	9:26.73	9:26.73	9:26.73	9:26.73	7:05.06	7:05.06

BOYS 14 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Adam Shaw	14	Bolton Metro	8:51.17	1:00.93	2:06.78	3:13.12	4:21.38	5:29.25	6:37.62	7:45.46
2. Jack Dunn	14	Co Sheffield	9:11.16	1:04.07	2:12.97	3:21.99	4:31.73	5:41.38	6:52.15	8:02.82
3. Tom Freeman	14	Co Peterboro	9:15.76	1:05.73	2:16.13	3:26.68	4:37.30	5:47.70	6:57.56	8:07.43
George Morris	14	Bo Southend	DNC							

BOYS 15/16 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Daniel Mills	15	Nova Cent'n	8:29.13	1:00.36	2:04.61	3:08.95	4:13.46	5:17.37	6:21.98	7:26.53
2. Gareth Keating	15	Co Leicester	8:42.35	1:01.52	2:06.45	3:11.79	4:18.13	5:24.61	6:30.98	7:37.19
3. Matthew Bolton	15	Bolton Metro	9:14.28	1:04.69	2:13.68	3:23.41	4:33.41	5:43.30	6:53.74	8:04.74

BOYS 17 Yrs/Over Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Alex Brammer	18	Co Sheffield	8:33.12	1:01.90	2:06.95	3:10.92	4:15.62	5:20.24	6:25.44	7:29.96
2. Soheil Ashtiani	18	Iran Swimmin	8:36.61	1:00.87	2:05.99	3:11.81	4:18.02	5:23.35	6:28.76	7:33.71
3. Aled Jones	19	Loughboro Un	8:37.81	59.16	2:03.57	3:08.85	4:14.24	5:19.98	6:26.41	7:33.02
4. Nicholas Mallaband	17	Co Sheffield	8:58.19	1:02.87	2:09.41	3:16.77	4:25.18	5:33.86	6:42.46	7:51.21
5. Craig Buchanan	18	Newburn	9:09.34	1:03.89	2:12.84	3:22.00	4:30.47	5:39.74	6:49.25	7:59.49
Nicholas Metcalf	19	Mid Beds	DNF							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 15 Boys/Girls 10yrs/Over 800m Free.

GIRLS 11 Yrs/Under Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Enya Booth	11	Askern Spa	10:03.04	10:03.04	1:10.32	1:10.32	2:26.00	2:26.00	3:42.17	3:42.17
2. Rebecca Hamilton	11	Co Sheffield	10:12.25	10:12.25	10:12.25	10:12.25	10:12.25	10:12.25	10:12.25	10:12.25
3. Sophie Copper	11	redbridge lo	10:40.18	10:40.18	10:40.18	10:40.18	10:40.18	10:40.18	10:40.18	10:40.18
4. Grace Conlon	11	Lincoln Vulc	11:03.33	11:03.33	11:03.33	11:03.33	11:03.33	11:03.33	11:03.33	11:03.33

GIRLS 12 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Jessica Taylor	12	Co Sheffield	9:56.58	9:56.58	1:09.56	1:09.56	2:23.64	2:23.64	3:39.26	3:39.26
2. Holly Oughton	12	Nova Cent'n	9:58.77	9:58.77	1:10.90	1:10.90	2:27.13	2:27.13	3:43.00	3:43.00
3. Lois Vail	12	Aquabears	10:02.72	10:02.72	1:11.91	1:11.91	2:27.53	2:27.53	3:43.71	3:43.71
4. Carla E Read	12	Co Leicester	10:16.20	10:16.20	1:09.91	1:09.91	2:26.62	2:26.62	3:44.48	3:44.48
Georgie Freeman	12	Co Peterboro	DNC							
Julia Sutherland	12	Stockport Mo	DNC							

GIRLS 13 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Eleanor Faulkner	13	Co Sheffield	9:16.99	9:16.99	9:16.99	9:16.99	9:16.99	9:16.99	6:57.79	6:57.79
2. Lindsey Whitmore	13	Co Sheffield	9:41.14	9:41.14	9:41.14	9:41.14	9:41.14	6:00.83	7:14.41	7:14.41
3. Lindsey Strachan	13	Heart Of Mid	9:52.83	9:52.83	1:11.25	1:11.25	2:25.79	2:25.79	3:40.81	3:40.81
4. Mairi Drummond	13	Warrender	10:14.32	10:14.32	1:10.96	1:10.96	2:28.63	2:28.63	3:46.91	3:46.91
5. Danielle Hannan	13	Co Sheffield	10:21.66	10:21.66	10:21.66	10:21.66	10:21.66	10:21.66	10:21.66	10:21.66
6. Kimberley Briscoe	13	Monnow	10:45.10	10:45.10	10:45.10	10:45.10	10:45.10	10:45.10	10:45.10	10:45.10
7. Rosa Brownlee	13	Heart Of Mid	10:53.61	10:53.61	10:53.61	10:53.61	10:53.61	10:53.61	10:53.61	10:53.61

GIRLS 14/15 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Joanna Bold	14	Nova Cent'n	9:04.13	1:05.57	2:15.31	3:24.26	4:32.54	5:40.68	6:49.16	7:57.06
2. Alice E Mccall	14	Wigan BEST	9:10.78	1:06.29	2:15.83	3:25.16	4:34.39	5:44.17	6:53.35	8:02.60
3. Robyn Matthews	14	Dunedin	9:12.24	1:05.54	2:14.67	3:24.34	4:34.14	5:44.34	6:53.57	8:03.54
4. Emma Godwin	15	Co Manch Aq	9:16.50	1:05.44	2:15.10	3:24.68	4:34.81	5:44.77	6:55.24	8:06.39
5. Jennifer E Jackson	15	Wigan	9:18.19	9:18.19	9:18.19	9:18.19	9:18.19	9:18.19	6:58.62	8:09.26
6. Louisa Downs	15	Reading	9:26.73	9:26.73	9:26.73	9:26.73	9:26.73	9:26.73	7:02.90	7:02.90
7. Sian Murphy	15	Aquabears	9:31.13	9:31.13	9:31.13	9:31.13	9:31.13	5:58.51	7:10.72	7:10.72
8. Hannah Oldfield	15	Co Chester	9:42.48	9:42.48	9:42.48	9:42.48	9:42.48	6:00.88	7:15.14	7:15.14
9. Anna Bates	14	Co Sheffield	9:50.90	9:50.90	1:08.95	1:08.95	2:22.61	2:22.61	3:36.81	3:36.81
10. Jeyda Akin	15	Blackburn	9:57.65	9:57.65	9:57.65	9:57.65	9:57.65	6:09.31	6:09.31	6:09.31
11. Natalie Murray	14	Bolton Metro	10:13.35	10:13.35	10:13.35	10:13.35	10:13.35	6:19.95	6:19.95	8:55.99
12. Zoe Clayton	15	Co Sheffield	12:19.81	12:19.81	12:19.81	12:19.81	12:19.81	12:19.81	12:19.81	12:19.81

GIRLS 16 Yrs/Over Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
1. Laura Bowden	18	Co Manch Aq	9:18.47	1:05.81	2:15.18	3:25.24	4:35.42	5:45.91	6:56.80	8:08.07
2. Sophie Tomlinson	16	Nova Cent'n	9:19.42	1:06.12	2:15.84	3:25.88	4:36.24	5:46.95	6:58.16	8:09.34
Izzi Newman	19	Swim Swansea	DNC							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 16 Boys/Girls 10yrs/Over 1500m Free.

BOYS 11 Yrs/Under Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Harry Payne	11	Bo Southend	18:46.62	1:11.71	2:28.41	3:44.60	5:00.11	6:15.90	7:31.33	8:46.45
				10:01.50	11:16.36	12:31.72	13:46.58	15:01.41	16:16.80	17:32.34
2. Charlie Dentith	11	redbridge lo	19:34.36	1:12.56	2:29.67	3:46.76	5:04.68	6:22.60	7:41.73	9:00.31
				10:19.22	11:38.04	12:57.35	14:17.27	15:37.21	16:57.49	18:17.34

BOYS 12 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Jim Patterson	12	Nova Cent'n	19:02.27	1:12.39	2:28.72	3:46.11	5:02.82	6:18.85	7:35.15	8:52.11
				10:08.41	11:25.43	12:41.11	13:57.70	15:14.84	16:31.91	17:48.59
2. David Stiano	12	Nova Cent'n	19:05.26	1:12.19	2:28.63	3:45.37	5:01.74	6:18.00	7:34.19	8:50.68
				10:07.29	11:24.00	12:41.05	13:57.86	15:14.96	16:32.55	17:49.78

BOYS 13 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Ricky Speed	13	Co Sheffield	17:34.53	1:05.89	2:16.41	3:27.47	4:38.33	5:48.73	6:59.23	8:09.79
				9:20.78	10:31.94	11:42.84	12:53.18	14:03.88	15:14.53	16:25.49
2. Liam Smith	13	Nova Cent'n	17:50.14	1:07.59	2:19.54	3:31.74	4:43.20	5:53.70	7:05.31	8:15.99
				9:28.25	10:40.16	11:52.15	13:04.54	14:17.02	15:29.36	16:42.08
3. Nathan Barr	13	Wirral Metro	17:57.58	1:05.31	2:16.85	3:28.47	4:40.59	5:52.41	7:04.78	8:17.10
				9:28.18	10:40.30	11:52.37	13:05.43	14:18.60	15:32.41	16:46.18
4. Liam Bosomworth	13	Tyneside	18:05.75	1:08.06	2:20.10	3:32.11	4:44.67	5:57.40	7:10.65	8:23.82
				9:36.02	10:48.89	12:01.21	13:14.71	14:28.99	15:41.94	16:56.04

BOYS 14 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
Andrew J Martin	14	Aquabears	DNC							

BOYS 15/16 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Garry Dixon	16	Reading	16:19.16	1:01.84	2:07.54	3:12.99	4:18.69	5:24.20	6:29.40	7:34.87
				8:40.37	9:46.29	10:52.10	11:57.53	13:03.36	14:08.92	15:14.44
2. Owen Coughlan	15	Bo Southend	16:35.43	1:02.00	2:07.65	3:13.14	4:19.11	5:25.41	6:32.13	7:39.28
				8:46.46	9:53.58	11:01.15	12:08.49	13:15.91	14:22.81	15:29.69
3. Dan Cocking	15	Co Sheffield	16:45.70	1:02.43	2:08.96	3:16.40	4:24.09	5:31.96	6:39.86	7:47.95
				8:55.80	10:03.61	11:11.48	12:18.95	13:25.96	14:33.22	15:39.95
4. Thomas D Booth	15	Bolton Metro	16:48.18	1:01.83	2:07.90	3:14.95	4:22.85	5:30.47	6:38.35	7:47.00
				8:55.47	10:04.03	11:12.35	12:20.71	13:29.27	14:36.93	15:44.55
Lydon Harriman	16	Bo Stockton	DNC							

BOYS 17 Yrs/Over Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Mohammad Bidarian	17	Iran swimmin	16:38.26	1:02.18	2:08.59	3:14.46	4:20.35	5:25.93	6:31.87	7:38.58
				8:46.24	9:53.27	11:00.73	12:08.40	13:16.10	14:24.16	15:33.22
2. Liam Teare	17	Co Leicester	17:06.39	1:02.51	2:10.11	3:18.37	4:26.52	5:34.69	6:43.21	7:52.01
				9:00.39	10:09.36	11:18.73	12:29.23	13:39.28	14:49.14	15:58.78

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

GIRLS 12 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Zoe Davies	12	StaffordApex	19:01.23	1:09.26	2:24.92	3:41.43	4:57.22	6:14.58	7:32.12	8:49.12
				10:05.41	11:22.54	12:38.93	13:55.28	15:12.07	16:29.24	17:46.58
Kelsey Richard	12	Romford Town DNC								

GIRLS 13 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Marnie Stewart	13	Warrender	18:37.14	1:12.21	2:27.86	3:42.56	4:57.34	6:11.67	7:25.46	8:39.42
				9:54.25	11:09.63	12:24.27	13:39.35	14:54.57	16:09.56	17:24.30
2. Stephanie Burns	13	Co Sheffield	18:41.86	1:10.73	2:26.08	3:41.45	4:56.84	6:11.64	7:26.22	8:41.99
				9:57.71	11:12.61	12:28.06	13:43.51	14:58.70	16:13.87	17:29.20
3. Niclole Raymond	13	Romford	19:00.31	1:11.45	2:27.05	3:42.77	4:59.02	6:15.41	7:31.89	8:48.50
				10:04.77	11:21.47	12:38.41	13:55.34	15:12.45	16:29.42	17:45.80

GIRLS 14/15 Yrs Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Aynsley Heseltine	14	Co Sheffield	18:06.19	1:08.23	2:19.57	3:31.79	4:44.18	5:56.15	7:08.80	8:21.65
				9:34.81	10:48.21	12:01.47	13:14.63	14:28.24	15:42.12	16:54.97
Kate Hutchinson	15	Co Leeds	DNC							

GIRLS 16 Yrs/Over Age Group

Place Name	AaD	Club	Time	100	200	300	400	500	600	700
				800	900	1000	1100	1200	1300	1400
1. Leah Holland		Co Leeds	18:08.17	1:08.36	2:20.66	3:32.22	4:44.00	5:56.43	7:08.84	8:21.76
				9:34.99	10:48.42	12:02.47	13:16.17	14:30.02	15:43.57	16:56.61
2. Kim Holland		Co Leeds	18:08.71	1:08.62	2:20.64	3:32.12	4:44.01	5:56.54	7:08.93	8:21.71
				9:35.22	10:48.61	12:02.47	13:16.39	14:30.13	15:43.73	16:57.04
Laura Bowden	18	Co Manch Aq	DNC							

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UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 17 Boys 10 Years/Over 400m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Harry Payne	11	Bo Southend	4:55.19	33.67	1:10.54	1:48.80	2:26.65	3:04.58	3:42.48	4:20.50
2. Ben Wood	11	Chase	5:04.15	33.75	1:11.38	1:48.86	2:28.18	3:06.97	3:46.83	4:26.57
3. Charlie Dentith	11	redbridge lo	5:08.38	34.22	1:12.88	1:52.46	2:32.13	3:11.47	3:50.59	4:30.58
4. Henry Crosby	11	Co Cambridge	5:13.02	34.23	1:13.51	1:52.73	2:33.04	3:12.80	3:53.81	4:34.14
5. Joseph Faulkner	11	Co Sheffield	5:20.46	35.65	1:15.16	1:55.67	2:37.27	3:17.88	4:00.75	4:41.23
6. Thomas M Clarke	11	Flint	5:21.52	35.18	1:15.50	1:56.97	2:37.63	3:19.48	4:01.37	4:41.31

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Mitchell Adshead	12	Chase	4:43.70	32.86	1:08.46	1:44.38	2:20.71	2:56.85	3:33.19	4:08.98
2. Alex Raine	12	Mid Beds	4:54.04	33.56	1:11.21	1:48.53	2:25.93	3:03.11	3:40.48	4:17.84
3. David Stiano	12	Nova Cent'n	4:58.80	32.88	1:10.06	1:48.26	2:27.16	3:05.16	3:44.06	4:22.17
4. Dean Davenport	12	Nova Cent'n	4:59.86	32.22	1:08.26	1:46.32	2:24.98	3:03.75	3:42.88	4:22.38
5. Jack Brewer	12	Co Leicester	5:02.18	32.55	1:09.65	1:48.97	2:27.84	3:06.90	3:46.19	4:24.77
6. Alex Blanco	12	Bo Southend	5:05.11	35.27	1:12.91	1:51.37	2:29.65	3:08.57	3:46.80	4:26.11
Jack Burnell	12	Lincoln Vulc	DNC							

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Adam T Barrett	13	Reading	4:27.52	30.62	1:04.12	1:38.43	2:12.97	2:46.78	3:21.12	3:55.13
2. Ricky Speed	13	Co Sheffield	4:35.01	30.71	1:05.02	1:39.88	2:15.19	2:50.56	3:26.10	4:01.65
3. Chris Inch	13	redbridge lo	4:36.41	31.86	1:06.71	1:42.53	2:17.99	2:53.28	3:28.29	4:03.24
4. David J Collins	13	Wirral Metro	4:36.74	31.25	1:05.51	1:40.49	2:15.56	2:50.96	3:26.65	4:01.94
5. Liam Jordan	13	Nova Cent'n	4:36.99	32.19	1:07.15	1:43.21	2:18.36	2:53.60	3:29.12	4:04.27
6. Tom Sunter	13	Co Sheffield	4:39.08	30.32	1:04.36	1:40.47	2:16.35	2:52.58	3:28.45	4:04.29
7. Liam Bosomworth	13	South Tyne	4:42.34	32.45	1:07.90	1:43.29	2:19.26	2:55.42	3:31.79	4:08.06
8. James Grieve	13	Co Leicester	4:43.20	31.23	1:05.67	1:41.64	2:17.94	2:54.48	3:30.79	4:07.58
9. Ben Pycroft	13	Nova Cent'n	4:46.34	32.37	1:07.89	1:44.07	2:20.54	2:57.07	3:34.03	4:10.57
10. Owen Mitchell	13	Aquabears	4:58.55	33.16	1:10.88	1:48.66	2:27.67	3:05.66	3:45.46	4:22.86
11. Christopher L Boyce	13	Reading	5:12.13	32.66	1:11.43	1:51.70	2:32.47	3:12.93	3:53.14	4:33.06

14 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Braxston Timm	14	Co Sheffield	4:24.42	29.23	1:02.18	1:35.99	2:09.98	2:43.76	3:17.85	3:51.67
2. Daniel Stepton	14	Becontree	4:27.55	29.73	1:03.47	1:38.37	2:12.83	2:47.61	3:21.13	3:55.29
3. Grant Chandler	14	Romford Town	4:30.21	29.32	1:01.76	1:35.28	2:09.49	2:43.65	3:19.36	3:54.93
4. Ciaran Gregory	14	Aquabears	4:30.64	30.28	1:03.87	1:38.59	2:13.11	2:48.30	3:23.41	3:58.87
5. Daniel Lee	14	Dunedin	4:30.84	30.97	1:03.94	1:38.07	2:12.78	2:47.02	3:22.08	3:56.87
6. James Holder	14	Nova Cent'n	4:31.54	30.91	1:04.00	1:38.65	2:13.19	2:48.45	3:23.18	3:58.51
7. Ross Woolley	14	Warrender	4:34.95	31.06	1:05.47	1:40.49	2:15.57	2:50.44	3:26.14	4:01.13
8. Sean Tomlin	14	Bo Southend	4:41.08	30.77	1:04.92	1:40.34	2:16.65	2:52.31	3:29.09	4:05.61
9. Jack Dunn	14	Co Sheffield	4:46.06	30.74	1:06.28	1:42.98	2:20.28	2:57.42	3:34.58	4:11.59

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Daniel Mills	15	Nova Cent'n	4:06.77	28.34	59.49	1:30.93	2:02.57	2:33.96	3:05.75	3:37.08
2.	Garry Dixon	16	Reading	4:11.94	28.18	59.78	1:32.38	2:04.79	2:36.68	3:08.73	3:41.14
3.	Owen Coughlan	15	Bo Southend	4:12.04	29.39	1:00.30	1:32.06	2:04.01	2:36.50	3:08.72	3:40.70
4.	Siroos Saeed	16	Iran Swimmin	4:13.70	29.26	1:01.00	1:33.50	2:06.01	2:38.25	3:10.55	3:42.75
5.	Richard Schafers	15	Dunedin	4:15.14	29.05	59.58	1:32.63	2:05.49	2:38.29	3:11.10	3:43.12
6.	Sam Spaul	15	City Norwich	4:18.88	30.01	1:03.04	1:35.89	2:09.25	2:41.95	3:15.42	3:47.45
7.	Pierce R Doran	15	Nova Cent'n	4:20.66	29.87	1:02.68	1:35.21	2:08.77	2:41.94	3:15.51	3:48.67
8.	Jonathan D Cook	16	Nova Cent'n	4:20.90	28.78	1:00.64	1:33.52	2:07.29	2:40.60	3:14.46	3:47.96
9.	Andrew S Dewar	16	Sedgefield	4:21.01	29.13	1:00.85	1:34.18	2:07.64	2:41.02	3:14.35	3:48.29
10.	Andrew Smith	16	Co Newcastle	4:21.35	29.58	1:01.63	1:34.56	2:07.65	2:41.39	3:14.77	3:48.46
11.	Russel G Korting	16	Reading	4:22.75	29.47	1:01.71	1:35.19	2:08.27	2:41.85	3:15.55	3:49.57
12.	Chris J Ferguson	15	Reading	4:24.39	29.50	1:03.09	1:37.05	2:11.20	2:43.91	3:18.20	3:51.61
13.	Ryan Oldfield	16	Co Chester	4:26.08	29.79	1:01.99	1:35.42	2:09.74	2:43.40	3:17.75	3:52.25
14.	Dan Cocking	15	Co Sheffield	4:27.03	29.38	1:01.72	1:35.62	2:09.73	2:44.56	3:18.94	3:53.66
15.	Marc Raven	15	Wrexham	4:27.65	29.19	1:02.76	1:36.73	2:11.11	2:45.06	3:19.53	3:53.98
16.	Christopher Wilkinson	15	Billingham	4:28.18	29.39	1:02.53	1:36.60	2:10.80	2:44.88	3:19.52	3:54.32
17.	Adam Taylor	16	Nuneaton	4:28.33	29.82	1:03.00	1:36.40	2:10.62	2:44.31	3:18.60	3:54.14
	Mark D Stevens	16	Deben	DNC							

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350	
1.	Richard Hutton	22	Loughboro Un	4:07.22	28.48	59.74	1:31.24	2:02.98	2:34.37	3:06.19	3:36.84
2.	Chris Middleton	17	Co Sheffield	4:09.09	27.94	59.54	1:31.42	2:03.22	2:35.07	3:07.40	3:38.59
3.	Soheil Ashtiani	18	Iran Swimmin	4:09.58	27.71	58.15	1:30.14	2:02.26	2:34.25	3:06.09	3:38.04
4.	Ryan A Long	18	Co Birm'ham	4:12.95	27.78	59.01	1:30.55	2:02.78	2:34.97	3:07.48	3:40.24
5.	Alex Brammer	18	Co Sheffield	4:14.53	29.05	1:01.03	1:32.93	2:05.40	2:38.09	3:10.67	3:43.70
6.	Martin Cox	17	Nova Cent'n	4:16.85	27.97	1:00.09	1:32.43	2:05.23	2:37.82	3:11.08	3:44.13
7.	Paul Robinson	18	South Tyne	4:18.09	28.00	59.94	1:33.16	2:06.77	2:39.12	3:12.29	3:45.39
8.	Liam Stabler	18	Chase	4:18.39	29.58	1:01.74	1:34.06	2:07.03	2:39.86	3:13.11	3:46.25
9.	Emin Noshadi	17	Iran Swimmin	4:18.65	29.25	1:01.69	1:34.65	2:08.13	2:41.63	3:14.93	3:47.76
10.	Samuel Heard	17	City Norwich	4:18.86	30.05	1:03.04	1:36.43	2:09.75	2:42.65	3:15.42	3:48.06
11.	Martyn Stott	18	Bo Barnsley	4:19.55	28.93	1:00.50	1:33.73	2:07.30	2:40.77	3:14.54	3:47.60
12.	Alistair Brown	17	Dunedin	4:19.99	30.02	1:02.96	1:34.94	2:08.33	2:41.39	3:15.02	3:48.13
13.	Nicholas Mallaband	17	Co Sheffield	4:21.61	29.07	1:01.37	1:34.95	2:08.35	2:41.87	3:15.35	3:49.45
14.	Sam Garner	17	Co Sheffield	4:23.94	29.44	1:02.61	1:36.07	2:09.91	2:43.45	3:16.94	3:50.54
15.	Nicholas Metcalf	19	Mid Beds	4:28.16	28.30	1:00.73	1:34.00	2:08.10	2:42.43	3:17.68	3:52.57
16.	Mohammad Bidarian	17	Iran Swimmin	4:59.36	25.41	53.42	1:42.62	2:23.47	3:02.89	3:42.10	4:21.25
	Craig Buchanan	18	Newburn	DNC							
	Scott Richardson	17	Co Wakefield	DNC							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 18 Girls 10 Years/Over 400m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Hywelis Thomas-howells	11	Swim Swansea	4:56.26	33.27	1:09.86	1:48.10	2:25.79	3:03.46	3:42.05	4:19.80
2. Sophie Smith	11	Co Leicester	4:57.42	32.62	1:10.11	1:48.22	2:26.69	3:04.12	3:42.84	4:20.82
3. Rebecca Hamilton	11	Co Sheffield	4:58.25	33.56	1:10.84	1:48.92	2:27.40	3:05.76	3:44.27	4:21.97
4. Sophie Copper	11	redbridge lo	5:04.63	33.66	1:11.74	1:49.99	2:29.76	3:08.45	3:47.72	4:26.64
5. Shannon Mcdermott	11	Nova Cent'n	5:06.90	34.67	1:13.24	1:53.21	2:33.16	3:12.79	3:51.79	4:30.16
6. Katie H Agrippa	11	Flint	5:13.53	35.46	1:14.49	1:53.87	2:33.41	3:12.83	3:54.42	4:34.55
7. Fay Willett	11	Co Leicester	5:33.22	36.37	1:17.98	2:00.45	2:42.89	3:26.04	4:08.31	4:51.39
8. Sabrina Sahraoui-tahar	11	Nova Cent'n	5:39.40	36.76	1:18.71	2:01.45	2:44.96	3:28.63	4:12.62	4:57.04
Hannah Wakeman	11	Harrow Weald	DNC							

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Jennifer Dobson	12	Dunedin	4:47.51	32.60	1:08.05	1:44.73	2:21.68	2:58.81	3:36.14	4:12.86
2. Eleanor Belk	12	Skipton	4:53.37	33.42	1:09.91	1:47.19	2:25.53	3:03.41	3:40.90	4:18.05
3. Jessica Taylor	12	Co Sheffield	4:53.39	32.92	1:09.22	1:46.48	2:24.36	3:02.10	3:40.33	4:18.03
4. Lois Vail	12	Aquabears	4:54.76	34.04	1:10.82	1:48.11	2:25.86	3:03.94	3:41.99	4:19.06
5. Kelsey Richard	12	Romford Town	4:54.89	32.92	1:09.04	1:46.75	2:24.38	3:02.28	3:40.29	4:18.12
6. Katharine Riggs	12	Co Sheffield	5:04.05	33.85	1:11.49	1:49.75	2:28.60	3:07.83	3:47.04	4:26.05
7. Lisa Main	12	Dunedin	5:05.18	34.41	1:12.27	1:51.15	2:29.64	3:09.44	3:48.27	4:27.50
Carla E Read	12	Co Leicester	DNC							
Julia Sutherland	12	Stockport Mo	DNC							
Alex Raine	12	Mid Beds	DNC							

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Rebecca Turner	13	Co Sheffield	4:34.77	30.80	1:05.40	1:39.44	2:14.86	2:50.62	3:26.82	4:02.38
2. Eleanor Faulkner	13	Co Sheffield	4:38.36	31.89	1:06.57	1:41.72	2:17.53	2:53.05	3:28.73	4:04.01
3. Marnie Stewart	13	Warrender	4:40.70	31.67	1:07.22	1:42.95	2:19.48	2:55.03	3:30.88	4:06.31
4. Lindsey Whitmore	13	Co Sheffield	4:42.04	31.78	1:06.31	1:42.03	2:18.40	2:54.49	3:30.61	4:06.69
5. Lindsey Strachan	13	Heart Of Mid	4:43.57	32.28	1:07.57	1:44.24	2:20.27	2:56.83	3:32.85	4:09.03
6. Lucy Ellis	13	Dunedin	4:44.30	31.72	1:06.69	1:42.33	2:18.15	2:54.55	3:31.68	4:08.88
7. Sarah Kelly	13	Dunedin	4:49.40	32.26	1:07.23	1:43.67	2:20.44	2:57.79	3:35.38	4:12.85
8. Alishia Palmer	13	Nova Cent'n	4:50.10	33.53	1:09.67	1:47.06	2:24.53	3:00.96	3:38.15	4:14.08
9. Stephanie L Burns	13	Co Sheffield	4:50.55	33.03	1:09.16	1:46.29	2:23.46	3:00.75	3:38.02	4:14.74
10. Nicole Raymond	13	Romford Town	4:52.68	32.40	1:08.64	1:45.82	2:23.99	3:01.46	3:39.28	4:16.47
11. Mairi Drummond	13	Warrender	5:00.69	33.35	1:10.71	1:49.22	2:27.69	3:06.62	3:45.13	4:23.51
12. Amy Brett	13	Co Leicester	5:05.98	31.62	1:07.48	1:45.10	2:24.47	3:03.92	3:44.70	4:25.51

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Joanna Bold	14	Nova Cent'n	4:27.96	30.53	1:03.49	1:37.86	2:11.93	2:46.58	3:20.79	3:55.10
2.	Robyn Matthews	14	Dunedin	4:32.61	31.33	1:05.06	1:39.56	2:14.42	2:48.99	3:23.91	3:58.70
3.	Samantha Strong	14	Aquabears	4:33.31	32.73	1:06.45	1:40.77	2:15.61	2:50.17	3:25.02	3:59.52
4.	Alice E Mccall	14	Wigan BEST	4:33.61	31.67	1:05.91	1:40.38	2:15.08	2:49.91	3:24.90	3:59.31
5.	Louisa Downs	15	Reading	4:36.33	31.20	1:05.12	1:39.82	2:14.85	2:50.21	3:25.43	4:01.11
6.	Angelina Lim	14	Co Peterboro	4:36.35	31.76	1:06.13	1:41.18	2:17.27	2:52.23	3:27.62	4:01.42
7.	Aynsley Heseltine	14	Co Sheffield	4:37.76	32.41	1:07.28	1:42.38	2:17.51	2:52.99	3:28.17	4:03.37
8.	Emma Wilkins	15	Chase	4:38.30	30.56	1:06.24	1:42.18	2:18.16	2:53.18	3:29.01	4:04.21
9.	Laura Stevenson	14	Heart Of Mid	4:38.35	30.97	1:05.10	1:39.80	2:15.40	2:51.00	3:27.32	4:03.42
10.	Danielle Naylor	15	Co Salford	4:39.79	31.64	1:06.98	1:42.55	2:18.37	2:54.09	3:30.32	4:05.75
11.	Lucy Greenfield	14	Co Sheffield	4:40.71	31.69	1:06.30	1:42.41	2:18.31	2:54.91	3:30.88	4:06.54
12.	Hannah Oldfield	15	Co Chester	4:42.10	31.08	1:05.52	1:40.96	2:17.27	2:53.30	3:29.87	4:06.21
13.	Jeyda Akin	15	Blackburn	4:42.18	31.48	1:06.63	1:42.29	2:18.17	2:54.33	3:30.63	4:06.58
14.	Laura Ingleson	15	City Norwich	4:43.10	31.15	1:05.95	1:41.43	2:17.71	2:53.42	3:30.15	4:06.74
15.	Hannah Nash	15	City Norwich	4:45.11	31.89	1:06.79	1:42.95	2:19.21	2:55.83	3:33.05	4:09.19
16.	Alex Smethurst	14	Bo Stockton	4:45.47	32.16	1:07.42	1:43.86	2:21.10	2:57.27	3:34.49	4:10.81
17.	Amy Bell	14	South Tyne	4:46.02	31.01	1:06.39	1:42.07	2:18.20	2:54.52	3:31.92	4:09.71
18.	Claire Humphreys	15	Bournemouth	4:46.69	31.53	1:06.76	1:42.70	2:18.80	2:55.59	3:32.65	4:10.04
19.	Eleanor Bohane	14	Harrow Weald	4:46.92	32.04	1:07.12	1:43.72	2:20.06	2:56.79	3:33.65	4:11.14
20.	Eve Mackey	14	Co Newcastle	4:46.98	31.42	1:05.97	1:42.27	2:18.28	2:55.47	3:33.99	4:11.32
21.	Hannah Bacon	14	Havant & Wat	4:50.14	32.35	1:07.54	1:44.01	2:21.50	2:58.90	3:36.78	4:14.25
22.	Claire Sadden	15	Havant & Wat	4:54.48	33.19	1:09.52	1:46.80	2:24.63	3:02.48	3:41.14	4:18.20
	Lara Nyman	14	Harrow Weald	DNC							
	Kate Hutchinson	15	Co Leeds	DNC							
	Lauren Collins	15	Co Birm'ham	DNC							
	Sian Murphy	15	Aquabears	DNF							

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350
1.	Jenny Starling	16	Co Sheffield	4:28.29	30.51	1:04.04	1:37.99	2:12.64	2:46.64	3:20.72	3:54.88
2.	Sophie Tomlinson	16	Nova Cent'n	4:31.18	29.98	1:03.32	1:37.76	2:12.80	2:47.27	3:22.38	3:57.13
3.	Laura Bowden	18	Co Manch Aq	4:34.86	31.04	1:04.63	1:39.00	2:13.79	2:48.84	3:24.24	3:59.85
4.	Krissie Taylor	17	Co Cambridge	4:36.94	31.52	1:05.99	1:41.61	2:16.88	2:52.67	3:28.08	4:03.53
5.	Katie Raybould	16	Co Birm'ham	4:37.11	30.72	1:05.04	1:40.43	2:16.36	2:52.18	3:27.65	4:03.35
6.	Kimberley Colton	17	Nova Cent'n	4:38.06	31.11	1:05.54	1:40.79	2:16.27	2:51.93	3:27.72	4:03.61
7.	Louise Breen	17	Co Leicester	4:39.70	31.23	1:05.30	1:40.33	2:15.84	2:50.76	3:26.56	4:03.46
8.	Natalie Ward	16	Romford Town	4:40.83	31.28	1:05.56	1:40.81	2:16.89	2:52.80	3:29.05	4:05.16
9.	Kirstin Walker	16	Dunedin	4:44.99	31.23	1:06.00	1:42.37	2:19.09	2:55.80	3:32.51	4:09.37
	Dawn R Jason	19	West Suffolk	DNC							
	Izzi Newman	19	Swim Swansea	DNC							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 19 Boys 10yrs/Over 100m Breaststroke

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50
1.	Jake Shaw	11	Co Salford	1:28.44	42.12
2.	Thomas M Clarke	11	Flint	1:34.38	44.02
3.	Adam Scotney	11	Nova Cent'n	1:43.40	49.64
4.	Haydon Thorp	11	Co Sheffield	1:43.86	48.72
5.	Blake A Shepherd	11	Co Sheffield	1:52.46	54.00
	Alex Peake	10	Camden Swiss	DNC	

12 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Bradley Matthews	12	Co Leicester	1:23.46	39.14
2.	Dean Davenport	12	Nova Cent'n	1:25.38	40.03
3.	Zach Courtney	12	Warrender	1:26.88	41.14
4.	James Wilby	12	York City	1:27.25	41.40
5.	Samuel Miller	12	Kettering	1:27.86	41.79
6.	David Stiano	12	Nova Cent'n	1:29.02	42.55
7.	Thomas Kelly	12	Mid Beds	1:32.44	43.54
8.	Tom Walker	12	Co Sheffield	1:33.63	44.43
9.	Adam Blakemore	12	Flint	1:36.89	45.38
	Richard Leicester	12	Aquabears	DNC	

13 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Nicholas Jonas	13	Havering Aqu	1:16.73	35.99
2.	Andrew Thompson	13	Co Cambridge	1:19.75	37.50
3.	Joshua Hale	13	Newport	1:21.16	38.15
4.	Ben Pycroft	13	Nova Cent'n	1:22.15	37.80
5.	Callum L Tate	13	Co Sheffield	1:24.31	39.19
6.	Glenn Olding	13	Staines	1:24.42	39.59
7.	Alasdair Holden	13	Harrogate	1:25.04	38.80
8.	Jack Caster	13	Warrender	1:26.25	40.34
9.	James Pritchard	13	Aquabears	1:27.06	41.87
10.	Craig McNally	13	Warrender	1:28.93	42.94
11.	Adam Makings	13	Bo Barnsley	1:30.26	42.70
12.	Ruaridh Loughlin	13	Warrender	1:33.77	43.55
13.	Andrew Ward	13	Romford Town	1:34.50	43.20
14.	Oliver Lumleu	13	Trenton	1:35.40	43.52

14 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Nicholas Tawn	14	Camforth	1:09.91	33.51
2.	Ross Kilshaw	14	Camforth	1:13.74	34.33
3.	Andrew Wainscot	14	Co Leicester	1:15.02	34.49
4.	Robbie Purvis	14	Warrender	1:15.32	35.15
5.	Stephen Fisheer	14	Great Yarmou	1:17.39	35.96
6.	Liam Hale	14	Newport	1:18.68	36.91
7.	Ciaran Gregory	14	Aquabears	1:20.44	38.00
8.	Andrew Coates	14	Co Peterboro	1:21.68	37.63
9.	Thomas Sneddon	14	Dunedin	1:22.11	38.97
10.	Ryan Maudsley	14	Aquabears	1:22.83	39.40
11.	Mark Streples	14	Warrender	1:25.36	40.38
	George Morris	14	Bo Southend	DNC	

5/16 Yrs Age Group

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

Place Name	AaD	Club	Time	50
1. Max Partridge	16	Co Sheffield	1:06.03	31.25
2. Iain Scanlon	15	Dunedin	1:09.77	32.42
3. Freddy Avenell	15	Nova Cent'n	1:10.12	33.31
4. Matthew Smith	16	Hornchurch	1:10.34	32.60
5. Aaron Flynn	15	Wellingboro	1:11.91	34.63
6. Alexander D Garbiak	16	Bo Kirklees	1:13.85	34.85
7. Christopher Worby	15	redbridge lo	1:14.11	34.73
8. Edward Walsh	16	Camden Swiss	1:15.40	34.95
9. Andrew Cumberlidge	15	Newburn	1:15.57	35.51
10. Jak Scott	15	Dunedin	1:16.52	35.96
11. Craig Purnell	16	Warrender	1:19.23	37.23
12. Tom Young	15	Staines	1:19.48	37.20
Richard Tullett	16	Co Birm'ham	DNC	
Charlie Walker	15	Co Peterboro	DNC	
John Halliwell	15	Gallica	DNC	
Matthew Lumleu	15	Trenton	DQ ST-	38.71

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50
1. Mohammad Alirezaei	20	Iran Swimmin	1:04.80	29.15
2. Jack D Bates	18	Nova Cent'n	1:06.89	31.53
3. James Kirton	21	Co Sheffield	1:06.90	31.68
4. James Tait	20	Loughboro Un	1:08.75	31.95
5. Ben Marsters	19	Loughboro Un	1:08.78	32.17
6. Ewan Martin	21	Loughboro Un	1:09.01	32.47
7. Marc Collett	18	Co Birm'ham	1:09.70	31.94
8. Robert Shaw	17	Co Newcastle	1:09.89	32.83
9. Niall Nesbitt	18	Co Newcastle	1:10.35	32.40
10. Nigel Masters	35	Swindon Dolp	1:10.61	32.03
11. Ross Johnston	18	Warrender	1:12.18	33.25
12. Martin Cox	17	Nova Cent'n	1:12.80	34.02
13. Barrie Stewart	22	Havant & Wat	1:12.84	32.70
14. Oliver Read	17	Staines	1:13.72	34.34
15. Robert Jackson	17	Co Cardiff	1:13.90	33.59
16. Tom Longden	19	Swim Swanse	1:13.94	34.81
17. Wayne Bambrick	19	Nuneaton	1:14.10	34.27
18. Jordan Taylor	17	Heart Of Mid	1:14.32	33.56
19. Steve Bambrick	17	Nuneaton	1:15.61	35.47
20. Sam Garner	17	Co Sheffield	1:16.42	36.32
21. Andrea F Viola	43	Co Cambridge	1:17.95	35.43
22. Callum Lawson	20	Nova Cent'n	1:19.12	36.84
23. Greg George	18	Halesowen	1:19.46	36.71
24. Iain Robinson	19	Harrogate	1:21.81	38.44
Matthew Wilson	23	Newcastle St	DNC	
Russell Bruns	18	Harrow Weald	DNC	
David Jacobs	17	Romford Town	DNC	
Neil Van den broek	27	Swim Swanse	DNC	
Alan Heskins	21	Modernians	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 20 Girls 10yrs/Over 100m Breaststroke

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50
1.	Sophie Smith	11	Co Leicester	1:21.72	38.51
2.	Abigail Kerr	11	Skipton	1:29.37	42.69
3.	Claudia Kitching	10	Harrow Weald	1:29.42	42.54
4.	Elpitha Soldatou	11	Nova Cent'n	1:32.26	45.04
5.	Alexandra Reid	10	Co Sheffield	1:35.43	45.77
6.	Claire Owen	11	York City	1:36.26	45.15
7.	Jenny Young	11	Nova Cent't	1:37.77	46.32
8.	Abigail Moxley	11	Flint	1:37.93	45.39
9.	Hannah O'donoghue	11	Nova Cent'n	1:40.40	46.42
10.	Niki Chatburn	10	Skipton	1:40.79	47.79
11.	Kayleigh McMahon	11	Kimberley	1:43.14	49.24
	Paige Adams-mills	11	Co Sheffield	DNC	
	Briony Hall	11	Co Sheffield	DNC	
	Sabrina Sahraoui-tahar	11	Nova Cent'n	DNC	

12 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Carla E Read	12	Co Leicester	1:19.84	37.92
2.	Lisa Main	12	Dunedin	1:22.72	38.87
3.	Carmella Kitching	12	Harrow Weald	1:24.67	41.20
4.	Sophie Konderak	12	Co Leicester	1:26.18	39.68
5.	Rebecca Barsby	12	Nova Cent'n	1:26.41	41.62
6.	Devon Robins	12	Camden Swiss	1:27.29	41.23
7.	Alice Shearer	12	Skipton	1:30.06	43.18
8.	Rebekah Priestley	12	Nova Cent'n	1:30.42	43.72
9.	Katie Bartlett	12	Nova Cent'n	1:31.73	43.15
10.	Sophie Clayton	12	Warrender	1:32.49	44.11
11.	Rachel Clay	12	Harrogate	1:34.27	43.82
12.	Jessica Hobbs	12	Camden Swiss	1:34.81	45.36
13.	Lauren Richardson	12	Billingham	1:41.29	48.67
	Alice Hodder	12	Camden Swiss	DQ	ST- 43.88

13 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Jenna Chatburn	13	Skipton	1:17.42	36.60
2.	Lucy Spencer	13	Co Sheffield	1:17.88	37.08
3.	Alice Miller	13	Co Newcastle	1:21.04	37.90
4.	Stephanie L Burns	13	Co Sheffield	1:22.31	38.98
5.	Sarah-leigh Dudley	13	Co Sheffield	1:22.43	39.48
6.	Katie Hayes	13	Newport	1:22.94	40.23
7.	Kelsey Rodger	13	Heart Of Mid	1:24.55	39.43
8.	Rebecca Stephen	13	Dunedin	1:25.59	40.63
9.	Sarah Kelly	13	Dunedin	1:25.95	40.44
10.	Lucy Ellis	13	Dunedin	1:26.16	40.78
11.	Hannah Taylor	13	Co Sheffield	1:26.20	41.51
12.	Fiona Gibson	13	Warrender	1:28.05	42.06
13.	Jesdsica A Handson	13	Co Leeds	1:29.25	41.49
14.	Mairi Drummond	13	Warrender	1:29.33	42.20
15.	Rosa Brownlee	13	Heart Of Mid	1:30.34	42.66
16.	Becky McGreevy	13	Warrender	1:30.39	42.65
17.	Louise A Mason	13	Flint	1:31.00	43.08
18.	Jade C Morton	13	West Suffolk	1:31.20	43.06
19.	Mary Amos	13	Eckington	1:32.42	43.21
20.	Danielle S Naylor	13	West Suffolk	1:37.48	46.27

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50
1.	Emma Bird	15	Nova Cent'n	1:12.68	34.73
2.	Robyn Matthews	14	Dunedin	1:14.88	35.65
3.	Laura Kilby	14	Co Leicester	1:16.55	35.83
4.	Helena Thornton	15	Nova Cent'n	1:17.65	37.03
5.	Katelyn Stewart	15	Warrender	1:18.75	36.94
6.	Suki Hohmann	15	Nova Cent'n	1:18.78	37.09
7.	Katrina Alder	14	Co Salford	1:19.29	37.14
8.	Jessica Tomlinson	14	Nova Cent'n	1:19.48	37.97
9.	Angelina Lim	14	Co Peterboro	1:19.80	37.68
10.	Carly Pinnock	14	Co Leicester	1:20.12	37.50
11.	Rosanne Thompson	14	Romford Town	1:20.24	38.39
12.	Chloe Pellican	14	City Norwich	1:20.28	38.50
13.	Laura Stevenson	14	Heart Of Mid	1:20.71	38.35
14.	Megan Crane	15	Co Norwich	1:20.75	38.05
15.	Carla Joseph	14	redbridge lo	1:20.76	38.00
16.	Ella Kirby	14	Staines	1:20.79	37.14
17.	Olivia Duffield-moore	14	Co Leicester	1:20.98	36.85
18.	Rachel Haigh	14	Co Newcastle	1:21.35	38.15
19.	Emily Mcqueen	14	Warrender	1:21.73	37.53
20.	Meghan Miller	14	Co Newcastle	1:21.88	38.98
21.	Jessica Coles	14	Romford Town	1:22.07	38.20
22.	Gaby Collen	15	Harrow Weald	1:22.49	39.78
23.	Nicole Wilson	15	Heart Of Mid	1:23.84	39.43
24.	Rachel Boardman	15	Co Salford	1:23.88	39.93
25.	Lorna Dawson	15	Skipton	1:24.82	39.66
26.	Victoria S Morgan	14	Wirral Metro	1:24.88	40.35
27.	Rachel Bacon	14	Flint	1:24.96	39.99
28.	April Sullivan	15	Harrow Weald	1:25.06	40.22
29.	Lydia Pace	14	Nova Cent'n	1:25.24	39.92
30.	Hannah Pate	15	Heart Of Mid	1:26.01	39.94
31.	Zoe Shelton	14	Co Leicester	1:26.05	39.97
32.	Louise Watts	14	Newport	1:27.78	41.26
33.	Chloe Spiby	14	Camden Swiss	1:29.74	43.04
34.	Katherine Usher	14	Billingham	1:30.38	43.31
35.	Esmie Smith	15	Co Wakefield	1:33.20	43.11
36.	Gillian Bell	15	Dunedin	1:33.86	44.51
	Natasha R Barnett	14	Co Salford	DNC	
	Anna Bates	14	Co Sheffield	DNC	
	Alice E Thomas	14	Newark	DNC	

EVENT 20 Girls 10yrs/Over 100m Breaststroke

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50
1.	Sophie Caul	20	Co Birm'ham	1:13.94	34.50
2.	Donna Lee	24	Havant & Wat	1:14.55	35.56
3.	Fiona Gray	16	Heart Of Mid	1:14.75	34.97
4.	Amy Spencer	16	Co Sheffield	1:15.34	35.28
5.	Victoria Cadge	16	West Suffolk	1:17.19	36.90
6.	Rachael Hares	22	Loughboro Un	1:17.50	36.12
7.	Emma L White	16	Strat Sharks	1:17.56	36.67
8.	Claire Sands	16	Co Leicester	1:17.81	36.47
9.	Jodi Gordon	17	Heart Of Mid	1:18.19	38.38
10.	Leona M Jones	17	Reading	1:18.20	35.62
11.	Laura Hobbs	18	Camden Swiss	1:19.63	37.12
12.	Susan Morris	25	Mid Beds	1:19.65	36.27
13.	Victoria Smith	16	Newport	1:20.02	37.84
14.	Claire Bassinder	16	Strat Sharks	1:20.25	37.26
15.	Sarah L Doran	16	Co Bangor	1:20.38	37.59
16.	Rae Alder	16	Co Salford	1:20.71	37.92
17.	Vivienne Fleming	18	Heart Of Mid	1:21.19	37.57
18.	Fiona Bowen	17	Newport	1:21.76	38.13
19.	Caroline Williams	19	Co Bangor	1:22.35	39.33
20.	Alison Fleming	16	Heart Of Mid	1:23.01	38.54
21.	Hannah Atkins	16	Bo Southend	1:28.03	41.23
22.	Aleka Bhutiani	18	Harrow Weald	1:29.52	41.68
23.	Shelley Parker	19	Loughboro Un	1:30.13	41.35
24.	Elizabeth Johnson	20	Swim Swanse	1:43.23	48.83
	Gemma Baird	19	Dunedin	DNC	
	Kylie Bland	20	Camden Swiss	DNC	
	Amy Konowalik	20	Nova Cent'n	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 21 Boys 10 Years/Over 200m Backstroke

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Ellis Jeffrey	11	Co Leicester	2:44.65	37.63	1:19.44	2:03.17
2.	Richard Jefferies	11	Co Cambridge	2:45.24	39.89	1:22.67	2:04.69
3.	Lewis Fish	11	Co Leeds	2:48.03	39.67	1:22.95	2:06.55
4.	Charlie Dentith	11	redbridge lo	2:48.47	40.09	1:22.84	2:06.26
5.	Ben Wood	11	Chase	2:50.53	39.96	1:23.90	2:08.11
6.	Jason A Mazzei	11	Co Sheffield	2:51.01	41.00	1:25.15	2:09.10
7.	Alexander Watson	11	Co Sheffield	2:51.04	40.20	1:24.48	2:08.30
8.	James Dawson	11	Skipton	2:52.40	40.57	1:24.74	2:09.46
9.	Harry Payne	11	Bo Southend	2:55.43	41.53	1:26.65	2:11.59
10.	Daniel Walker	10	Co Sheffield	3:04.23	43.55	1:31.58	2:18.77
	Adam Scotney	11	Nova Cent'n	DNC			

12 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Mitchell Adshead	12	Chase	2:28.50	35.50	1:12.84	1:50.99
2.	Zach Courtney	12	Warrender	2:35.50	36.08	1:16.14	1:56.66
3.	Samuel Miller	12	Kettering	2:37.84	37.54	1:18.87	1:59.63
4.	Oliver Thompson	12	Northampton	2:38.50	37.06	1:17.47	1:58.25
5.	Felix Samuells	12	Camden Swiss	2:39.30	37.04	1:17.11	1:58.90
6.	Morgan Wicks	12	Newport	2:40.24	37.60	1:18.86	1:59.48
7.	Alex Blanco	12	Bo Southend	2:41.50	40.30	1:21.22	2:01.74
8.	Jordan Bason	12	Chase	2:48.38	39.80	1:22.74	2:06.73
9.	Adam Blakemore	12	Flint	2:48.63	40.15	1:24.06	2:07.29
10.	Jack Brewer	12	Co Leicester	2:49.08	39.34	1:22.70	2:06.78
11.	Thomas Kelly	12	Mid Beds	2:50.06	38.87	1:22.83	2:06.77
12.	Adam Schofield	12	Bo Barnsley	2:56.27	40.92	1:26.03	2:12.56

13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Rhodri W Davies	13	Swim Swanse	2:25.87	33.47	1:10.35	1:48.47
2.	Oliver Fish	13	Co Leeds	2:29.52	34.46	1:11.95	1:50.92
3.	Adam T Barrett	13	Reading	2:30.07	34.49	1:11.77	1:51.65
4.	Daniel Whitham	13	Aquabears	2:30.44	35.36	1:13.26	1:52.43
5.	Craig McNally	13	Warrender	2:32.19	36.16	1:14.75	1:54.32
6.	Christopher L Boyce	13	Reading	2:33.56	35.36	1:14.72	1:54.55
7.	Steve Wozniak	13	Chase	2:34.41	36.18	1:15.54	1:56.05
8.	Liam Jordan	13	Nova Cent'n	2:36.44	36.82	1:16.02	1:57.13
9.	Ruaridh Loughlin	13	Warrender	2:40.00	36.62	1:16.95	1:58.67
10.	Connor Mollison	13	Warrender	2:41.05	36.99	1:17.54	1:59.95
11.	Gareth Allen	13	Billingham	2:48.46	40.61	1:23.89	2:07.70
12.	Jack Caster	13	Warrender	2:51.10	40.29	1:23.89	2:07.66

14 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150	
1.	Daniel Stepton	14	Becontree	2:20.40	32.45	1:08.54	1:45.18	
2.	Harry Needs	14	Camden Swiss	2:22.27	33.35	1:09.51	1:45.96	
3.	James Holder	14	Nova Cent'n	2:24.65	34.84	1:11.45	1:48.41	
4.	Ross Woolley	14	Warrender	2:25.09	34.66	1:11.71	1:49.20	
5.	Ryan J Morris	14	Nuneaton	2:26.82	34.27	1:11.88	1:49.91	
6.	Thomas Laig	14	West Suffolk	2:27.06	34.44	1:11.99	1:50.60	
7.	Daniel Lee	14	Dunedin	2:29.27	34.79	1:13.14	1:51.11	
8.	Mark Streples	14	Warrender	2:33.71	36.65	1:15.93	1:55.26	
9.	Robbie Purvis	14	Warrender	2:35.80	37.15	1:16.92	1:56.67	
10.	Thomas Sneddon	14	Dunedin	2:36.79	36.02	1:15.13	1:56.94	
	Sean Tomlin	14	Bo Southend	DQ	ST-	34.64	1:12.30	1:49.90

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

15/16 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Christopher Walker-heb	15	West Suffolk	2:08.54	31.30	1:04.35	1:36.70
2.	Kyle J Barrett	15	Harrow Weald	2:12.22	31.41	1:04.62	1:38.47
3.	Rikki L Morris	16	Nuneaton	2:13.94	31.87	1:05.73	1:40.18
4.	Adam Taylor	16	Nuneaton	2:15.06	31.97	1:06.89	1:40.90
5.	Tom Greenfield	16	Co Sheffield	2:15.86	32.94	1:06.98	1:41.51
6.	Peter Broster	16	Wirral Metro	2:16.69	32.05	1:06.71	1:41.99
7.	Richard Schafers	15	Dunedin	2:17.41	32.01	1:07.09	1:42.71
8.	David P Dunn	16	Swim Swanse	2:19.20	32.79	1:08.97	1:45.19
8.	Pierce R Doran	15	Nova Cent'n	2:19.20	32.94	1:08.13	1:44.06
10.	Daniel Waddingham	15	Nuneaton	2:20.26	32.53	1:07.79	1:44.61
10.	Craig Purnell	16	Warrender	2:20.26	32.48	1:07.09	1:43.37
12.	Jonathan D Cook	16	Nova Cent'n	2:20.78	32.70	1:08.57	1:44.96
13.	Luke Wood	15	Co Salford	2:21.58	32.69	1:08.81	1:44.81
14.	Daniel Bosman	15	Co Newcastle	2:21.92	31.79	1:08.28	1:45.70
15.	Connor Barrett	15	Harrow Weald	2:22.26	32.92	1:08.46	1:45.24
16.	James Wright	15	Romford Town	2:23.10	33.84	1:09.92	1:47.54
17.	James Thorne-wallis	15	Richmondale	2:24.63	32.76	1:09.01	1:47.05
18.	Michael J Holstein	15	Swim Traffor	2:24.78	34.38	1:11.00	1:48.30
19.	Andrew S Dewar	16	Sedgefield	2:24.84	33.68	1:10.12	1:47.65
20.	Tom Lightfoot	15	Co Sheffield	2:25.03	34.36	1:11.08	1:48.63
21.	Marc Raven	15	Wrexham	2:25.84	33.23	1:09.92	1:47.89
22.	Oliver E Wilby	15	York City	2:25.94	34.05	1:10.45	1:48.05
23.	Matthew Wilkinson	15	Co Cambridge	2:26.53	34.07	1:10.44	1:48.40
24.	Bradley Dixon	15	Billingham	2:31.57	35.00	1:13.44	1:53.53
25.	Ryan Oldfield	16	Co Chester	2:32.71	35.46	1:14.04	1:53.48
26.	Jonjo Challands	15	Co Leicester	2:37.75	35.99	1:15.75	1:57.38
	Thomas Bajorek	16	Co Leeds	DNC			
	Richard Tullett	16	Co Birm'ham	DNC			
	Michael Ashford	15	Co Birm'ham	DNC			
	Stewart Macphail	15	Dunedin	DNC			
	Charlie Walker	15	Co Peterboro	DNC			
	Matthew Musgrove	15	Co Leeds	DNC			

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	
1.	Andrew Shepherd	22	Co Sheffield	2:11.15	29.92	1:03.46	1:37.84	
2.	Paul Woodley	24	Newburn	2:15.31	31.97	1:06.15	1:40.42	
3.	Paul Titley	17	Mid Beds	2:15.92	32.09	1:06.24	1:41.10	
4.	Ryan A Long	18	Co Birm'ham	2:16.41	31.45	1:05.39	1:40.91	
5.	Ross Johnston	18	Warrender	2:19.33	32.55	1:07.87	1:43.97	
6.	James W Clayton	18	Bo Kirklees	2:20.47	31.98	1:07.99	1:45.35	
7.	Mindaugas Andruskevici	19	Loughboro Un	2:20.67	33.92	1:10.27	1:45.98	
8.	Malcolme Kerr	18	Warrender	2:21.40	31.24	1:06.66	1:43.73	
9.	Jordan Taylor	17	Heart Of Mid	2:21.77	32.93	1:08.69	1:45.16	
10.	Luke Grainger	17	Newport	2:26.42	33.97	1:10.61	1:48.72	
11.	Patrick Feeney	24	Havant & Wat	2:28.22	33.92	1:11.69	1:49.54	
12.	Iain Robinson	19	Harrogate	2:29.64	35.07	1:13.17	1:51.85	
	Shahin Baradaran	19	Iran Swimmin	DQ	ST-	29.52	1:03.26	1:38.97

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 22 Girls 10 Years/Over 200m Backstroke

11 Yrs/Under Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Rebecca Hamilton	11	Co Sheffield	2:38.53	38.03	1:18.15	1:59.03
2.	Sophie Copper	11	redbridge lo	2:38.87	37.79	1:18.18	1:59.54
3.	Sophie Smith	11	Co Leicester	2:39.31	36.74	1:18.03	1:59.29
4.	Katie H Agrippa	11	Flint	2:46.35	39.78	1:21.74	2:04.81
5.	Elpitha Soldatou	11	Nova Cent'n	2:47.88	40.19	1:23.48	2:06.49
6.	Rianna Veares	11	Havering Aqu	2:52.17	40.86	1:25.10	2:09.27
7.	Shannon Mcdermott	11	Nova Cent'n	2:57.35	42.92	1:28.81	2:13.20
8.	Claire Owen	11	York City	3:04.63	43.68	1:30.81	2:18.94
9.	Jenny Young	11	Nova Cen't	3:13.67	45.33	1:35.80	2:26.47
10.	Kayleigh McMahon	11	Kimberley	3:15.84	44.86	1:34.89	2:26.40
	Sabrina Sahraoui-tahar	11	Nova Cent'n	DNC			

12 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Lauren Maudsley	12	Aquabears	2:32.49	34.79	1:13.80	1:54.31
2.	Hannah Morgan	12	Swim Swanse	2:33.69	35.88	1:14.85	1:54.50
3.	Jennifer Dobson	12	Dunedin	2:34.87	36.62	1:15.38	1:55.47
4.	Carolyn Haworth	12	Skipton	2:38.07	36.85	1:17.37	1:58.46
5.	Jessica Taylor	12	Co Sheffield	2:40.87	38.48	1:18.99	2:00.16
6.	Kelsey Richard	12	Romford Town	2:41.17	37.69	1:18.48	2:00.18
7.	Rosemary Lucas	12	Co Leicester	2:42.41	37.88	1:19.19	2:00.89
8.	Lucy Swithenbank	12	Aquabears	2:46.53	39.66	1:22.26	2:05.13
9.	Rebekah Priestley	12	Nova Cent'n	2:50.57	41.09	1:24.80	2:08.42
10.	Sophie Clayton	12	Warrender	3:00.16	42.22	1:28.36	2:15.36

13 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Marnie Stewart	13	Warrender	2:31.01	35.67	1:14.44	1:53.17
2.	Lindsey Whitmore	13	Co Sheffield	2:32.35	36.37	1:14.72	1:53.67
3.	Alishia Palmer	13	Nova Cent'n	2:32.64	35.86	1:14.53	1:54.14
4.	Sarah Kelly	13	Dunedin	2:33.54	35.67	1:14.47	1:54.05
5.	Rebecca Turner	13	Co Sheffield	2:36.05	35.83	1:16.32	1:56.53
6.	Kimberley Briscoe	13	Monnow	2:36.28	35.83	1:15.77	1:56.48
7.	Lindsey Strachan	13	Heart Of Mid	2:36.98	37.49	1:17.94	1:58.63
8.	Nicole Raymond	13	Romford Town	2:37.39	36.53	1:16.84	1:57.75
9.	Eleanor Faulkner	13	Co Sheffield	2:38.26	37.72	1:18.13	1:58.67
10.	Amy Corbett	13	Nova Cent'n	2:41.86	38.69	1:19.60	2:01.08
11.	Frankie Collen	13	Harrow Weald	2:43.47	37.87	1:18.67	2:01.01
12.	Kelsey Rodger	13	Heart Of Mid	2:43.96	39.78	1:21.09	2:03.39
13.	Camilla R Grossman	13	Camden Swiss	2:44.85	38.58	1:20.78	2:03.59
14.	Hannah Taylor	13	Co Sheffield	2:44.93	39.51	1:22.53	2:05.09
15.	Sarah-leigh Dudley	13	Co Sheffield	2:45.86	40.13	1:22.89	2:05.51
16.	Rosa Brownlee	13	Heart Of Mid	2:47.56	38.97	1:22.30	2:05.64
17.	Becky Mcgreevy	13	Warrender	2:48.01	39.62	1:22.66	2:06.18
18.	Mairi Drummond	13	Warrender	2:49.42	39.80	1:22.60	2:06.09
19.	Jessica Hill	13	Co Peterboro	2:49.92	40.51	1:24.64	2:08.00
20.	Fiona Gibson	13	Warrender	2:51.36	40.47	1:24.46	2:09.20
	Jeanicia Beaume	13	Fleetwood	DNC			

14/15 Yrs Age Group

Place	Name	AaD	Club	Time	50	100	150
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Emily L Jackson	14	Camforth	2:23.54	33.60	1:09.92	1:47.98	
2.	Georgia Hunton-clarke	14	Romford Town	2:24.08	33.68	1:10.10	1:47.58	
3.	Eve Mackey	14	Co Newcastle	2:26.93	33.77	1:10.79	1:48.92	
4.	Nicole Wilson	15	Heart Of Mid	2:27.72	35.00	1:12.08	1:50.29	
5.	Katie Brewer	14	Co Leicester	2:28.60	34.68	1:11.98	1:50.51	
6.	Helena Thornton	15	Nova Cent'n	2:29.24	34.98	1:13.15	1:51.79	
7.	Phoebe Hayes	14	redbridge lo	2:30.03	35.87	1:14.25	1:52.82	
8.	Alice Cordwell	14	Co Sheffield	2:30.34	35.58	1:13.40	1:51.79	
9.	Hannah Oldfield	15	Co Chester	2:31.06	34.58	1:13.04	1:52.70	
10.	Daisy Davies	14	Harrow Weald	2:31.70	36.07	1:14.96	1:53.87	
11.	Laura Ingleson	15	City Norwich	2:32.23	35.32	1:13.39	1:52.96	
12.	Alex Smethurst	14	Bo Stockton	2:32.27	36.46	1:15.33	1:54.09	
13.	Mairi Morrison	14	Dunedin	2:32.85	35.34	1:14.26	1:54.80	
14.	Grace Williams-brown	14	Co Coventry	2:33.25	35.94	1:14.96	1:54.96	
15.	Ailie Mcgowan	15	Heart Of Mid	2:33.34	36.02	1:14.66	1:54.24	
16.	Hayley Nicholson	14	Staines	2:33.59	35.61	1:14.75	1:54.90	
17.	Victoria L Payne	14	Northampton	2:33.68	35.96	1:14.83	1:54.82	
18.	Alice Shaw	14	Co Salford	2:34.65	35.59	1:14.82	1:54.98	
19.	Claire Wooley	15	Warrender	2:36.87	37.10	1:16.82	1:57.23	
20.	Taylah Brooke	15	Romford Town	2:37.20	36.90	1:16.77	1:58.16	
21.	Laura M Shields	15	Bo Kirklees	2:37.41	37.45	1:16.61	1:57.60	
22.	Natalie Murray	14	Bolton Metro	2:38.78	37.15	1:16.85	1:57.86	
23.	Victoria Jeffery	15	Havant & Wat	2:39.84	37.66	1:18.65	2:00.15	
24.	Emma L Campbell	15	Newport	2:40.28	37.86	1:18.19	1:59.30	
25.	Kristi Wilson	15	Heart Of Mid	2:40.40	37.29	1:17.97	1:59.78	
26.	Amy Wood	15	Oldham Seals	2:40.72	36.86	1:18.47	2:01.51	
27.	Alice Cary	14	Nova Cent'n	2:41.07	37.96	1:18.96	2:00.67	
28.	Emily Mcqueen	14	Warrender	2:41.39	38.48	1:19.65	2:01.25	
29.	Lauren Bason	14	Chase	2:43.54	37.66	1:17.59	2:00.31	
30.	Hannah Pate	15	Heart Of Mid	2:44.17	38.52	1:20.57	2:02.12	
31.	Rachel Bacon	14	Flint	2:47.43	38.02	1:20.78	2:04.90	
32.	Andrea Coogan	14	Swim Traffor	2:47.59	38.94	1:21.73	2:05.20	
33.	Katherine Usher	14	Billingham	2:48.34	37.85	1:19.45	2:03.00	
	Hannah Bacon	14	Havant & Wat	DNC				
	Eleanor Bohane	14	Harrow Weald	DNC				
	Christie Donnelly	14	Co Sheffield	DNC				
	Hannah Raine	15	Mid Beds	DNC				
	Lauren Collins	15	Co Birm'ham	DNC				
	Joanna Bold	14	Nova Cent'n	DQ	ST-	35.28	1:13.06	1:51.72

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150
1.	Debbie Hall	17	Co Sheffield	2:24.22	33.98	1:10.87	1:47.63
2.	Dawn R Jason	19	West Suffolk	2:24.45	34.32	1:10.94	1:48.15
3.	Kimberley Colton	17	Nova Cent'n	2:26.79	34.28	1:11.80	1:49.32
4.	Laura Hobbs	18	Camden Swiss	2:27.98	34.85	1:12.57	1:50.46
5.	Louise Pate	17	Heart Of Mid	2:29.19	34.73	1:13.23	1:52.19
6.	Rebecca Hall	16	Nova Cent'n	2:29.92	37.10	1:14.58	1:52.81
7.	Verity Jason	17	West Suffolk	2:31.67	36.25	1:14.09	1:52.49
8.	Jodi Gordon	17	Heart Of Mid	2:33.01	35.89	1:14.15	1:53.76
9.	Sarah Bennett	16	Newburn	2:33.62	35.89	1:14.66	1:54.73
10.	Katie Welsh	16	Nova Cent'n	2:34.38	35.87	1:14.30	1:54.18
11.	Jane Usher	18	Billingham	2:47.00	38.53	1:20.18	2:03.35
	Leona M Jones	17	Reading	DNC			

EVENT 23 Boys 50m Butterfly

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

Place	Name	AaD	Club	Time	Place	Name	Club	Time
1.	Chris Middleton	17	Co Sheffield	26.15	53.	William Jolly	15 Trenton	32.37
2.	Malcolme Kerr	18	Warrender	26.50	54.	Andrew Coates	14 Co Peterboro	32.70
3.	Marc Collett	18	Co Birm'ham	26.65	55.	Morgan Wicks	12 Newport	32.87
4.	James Wardle	20	Loughboro Un	26.79	56.	Adam Makings	13 Bo Barnsley	34.04
5.	Craig Ward	21	Stockport Mo	26.87	57.	Rhodri W Davies	13 Swim Swanse	34.41
6.	Oliver Read	17	Staines	26.95	58.	Gareth Allen	13 Billingham	35.00
7.	Ewan Martin	21	Loughboro Un	27.10	59.	Andrew Ward	13 Romford Town	35.14
8.	Martin Cox	17	Nova Cent'n	27.12	60.	Elliott C Grady	12 Co Sheffield	35.36
9.	Christopher Walker-heb	15	West Suffolk	27.26	61.	Adam Blakemore	12 Flint	36.13
10.	Adam Naylor	20	Co Salford	27.58	62.	Ellis Jeffrey	11 Co Leicester	36.98
11.	Stewart Macphail	15	Dunedin	27.59		Jonathan Sayer	16 Bo Southend	DNC
12.	Paul Robinson	18	South Tyne	27.60		Barney Barlow	15 Nova Cent'n	DNC
13.	James Tait	20	Loughboro Un	27.62		Matthew Wilson	23 Newcastle St	DNC
14.	Jack Murphy	16	Camden Swiss	27.69		Lloyd Austin	18 Loughboro Un	DNC
15.	Alexander Belk	15	Skipton	27.82		Neil Van den broek	27 Swim Swanse	DNC
16.	Iain Scanlon	15	Dunedin	27.86		Ian Perrell	17 Co Wakefield	DNC
17.	Nicholas Metcalf	19	Mid Beds	28.06				
18.	Chris Pithey	18	Deepings	28.15				
19.	James W Clayton	18	Bo Kirklees	28.22				
20.	Jak Scott	15	Dunedin	28.32				
21.	Harry Douglas	15	Co Cambridge	28.37				
22.	Anthony Surtees	16	South Tyne	28.42				
23.	Edward Walsh	16	Camden Swiss	28.48				
23.	Alexander Warburton	15	Harrow Weald	28.48				
25.	John Blackwell	19	Harrogate	28.68				
26.	Joseph Collier	17	Newport	28.79				
27.	Samuel Heard	17	City Norwich	28.93				
28.	Jody Cundy	27	Swim Swanse	28.98				
29.	Harry Needs	14	Camden Swiss	29.25				
30.	Greg George	18	Halesowen	29.30				
31.	Bradley Dixon	15	Billingham	29.35				
32.	Alistair Brown	17	Dunedin	29.36				
33.	Daniel John	19	Loughboro Un	29.37				
34.	Chris Scott	17	Dunedin	29.59				
35.	Wayne Bambrick	19	Nuneaton	29.72				
36.	Lee M Britton	16	Harrow Weald	29.75				
37.	Andrew Wainscot	14	Co Leicester	29.76				
38.	Alex J Macarthur	15	Reading	29.99				
39.	Haythem Mohamed	14	Grimsby Sant	30.07				
40.	Craig Purnell	16	Warrender	30.09				
41.	Euan Stokes	16	Dunedin	30.16				
41.	Jonny Rydquist	26	Staines	30.16				
43.	Stephen Fisheer	14	Great Yarmou	30.25				
44.	Christopher Littler	16	Boldmere	30.29				
45.	Steve Bambrick	17	Nuneaton	30.44				
46.	Andrew P Holder	17	Tynemouth	30.45				
47.	Tristan Hampson	17	Modernians	30.63				
48.	Iain Robinson	19	Harrogate	30.94				
49.	Tom Young	15	Staines	30.99				
50.	Tim Freeman	16	Staines	31.17				
51.	Alex Mackay	14	Camden Swiss	31.93				
52.	Luke Hedley	14	Billingham	32.27				

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 24 Girls 50m Butterfly

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jodie Le rescue	15	Co Birm'ham	28.73	50.	Louise Watts	14	Newport	35.07
2.	Louise Pate	17	Heart Of Mid	28.80	51.	Alice Cary	14	Nova Cent'n	35.22
3.	Stephanie Hill	20	Nova Cent'n	28.89	52.	Abigail Moxley	11	Flint	36.11
4.	Rachel Haigh	14	Co Newcastle	29.49	53.	Tegan Turner-clarke	10	Co Sheffield	36.15
5.	Catherine Pickthall	21	Loughboro Un	29.65	54.	Louise A Mason	13	Flint	36.26
6.	Kirstin Walker	16	Dunedin	29.99	55.	Camilla R Grossman	13	Camden Swiss	37.25
7.	Yvonne Broster	19	Loughboro Un	30.22	56.	Mary Amos	13	Eckington	37.76
8.	Claire Sands	16	Co Leicester	30.27	57.	Hannah Wakeman	11	Harrow Weald	38.05
9.	Tierney Maude	18	Skipton	30.38	58.	Esmie Smith	15	Co Wakefield	38.65
10.	Emma Wilkins	15	Chase	30.41	59.	Jessica Daly	12	Co Sheffield	38.88
11.	Victoria Cadge	16	West Suffolk	30.54	60.	Elise Bradley-smith	13	Co Sheffield	40.05
12.	Kristina L Paige	14	Reading	30.61	61.	Lauren Richardson	12	Billingham	43.08
13.	Emily L Jackson	14	Carnforth	30.63		Grace Williams-brown	14	Co Coventry	DNC
14.	Lucy Ellis	13	Dunedin	31.05		Julia Warburton	18	Harrow Weald	DNC
15.	Daisy Martin	16	Bexley	31.14		Leanne Roberts	17	Co Birm'ham	DNC
16.	Olivia Duffield-moore	14	Co Leicester	31.17		Louise Williams	16	Halesowen	DNC
17.	Natalie Ward	16	Romford Town	31.19		Lisa Dargavel	24	Loughboro Un	DNC
18.	Katelyn Stewart	15	Warrender	31.40					
19.	Mairi Morrison	14	Dunedin	31.47					
20.	Gemma Baird	19	Dunedin	31.59					
21.	Jenny Starling	16	Co Sheffield	31.74					
22.	Susan Morris	25	Mid Beds	31.86					
23.	Amy Spencer	16	Co Sheffield	32.01					
23.	Emily Drew	17	Camden Swiss	32.01					
25.	Ella Kirby	14	Staines	32.02					
26.	Sarraounia Samuels	16	Camden Swiss	32.06					
27.	Shelley Parker	19	Loughboro Un	32.19					
28.	Hannah Moseley	17	Kendal	32.25					
29.	Kate Owen	15	Rhyl Dolphin	32.31					
30.	Lisa Main	12	Dunedin	32.40					
30.	Claire Bassinder	16	Strat Sharks	32.40					
32.	Sarah L Doran	16	Co Bangor	32.52					
33.	Rhian Jones	19	Loughboro Un	32.84					
34.	Karolena Golen	15	Dunedin	32.93					
35.	Hannah Nash	15	City Norwich	33.01					
36.	Hannah Pate	15	Heart Of Mid	33.10					
37.	Emma Pinder	15	South Tyne	33.14					
38.	Gemma Allen	17	City Norwich	33.22					
39.	Stephanie Williams	18	Co Bangor	33.37					
40.	Amy Schofield	13	Co Wakefield	33.45					
41.	Fiona Gray	16	Heart Of Mid	33.52					
42.	Amy Wilson	14	Romford Town	33.82					
43.	Rebecca Stephen	13	Dunedin	33.84					
44.	Beth Shelton	12	Co Leicester	33.92					
45.	Hannah Atkins	16	Bo Southend	34.05					
46.	Beth Scanlon	14	Dunedin	34.63					
47.	Rachael Mallaband	12	Co Sheffield	34.68					
48.	Rachel Bacon	14	Flint	34.76					
49.	Amy Corbett	13	Nova Cent'n	35.05					

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 25 Boys 10 Years/Over 400m Ind.Medley

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Harry Payne	11	Bo Southend	5:48.20	5:48.20	5:48.20	5:48.20	5:48.20	5:48.20	4:38.27	5:14.63
2. Charlie Dentith	11	redbridge lo	5:52.21	38.41	1:25.32	2:10.59	2:10.59	2:10.59	2:10.59	5:14.63
3. Thomas M Clarke	11	Flint	5:53.00	39.55	1:27.21	2:13.36	2:57.59	3:47.72	4:37.65	5:15.82
4. Joseph Faulkner	11	Co Sheffield	5:53.91	38.09	1:26.86	2:11.37	2:11.37	2:11.37	2:11.37	5:18.11
5. Richard Jefferies	11	Co Cambridge	5:58.71	40.41	1:27.48	2:12.53	2:56.49	3:50.25	4:42.66	5:21.28
6. Jack Howarth	11	Northampton	6:09.67	38.61	1:25.54	1:25.54	1:25.54	1:25.54	1:25.54	5:30.07
7. James Dethick	10	Co Sheffield	6:30.68	41.45	1:33.82	2:24.52	3:13.51	4:10.41	5:08.31	5:50.17
8. Blake A Shepherd	11	Co Sheffield	7:08.13	47.79	1:46.65	2:38.82	3:29.57	4:30.94	5:33.78	6:20.89
Ellis Jeffrey	11	Co Leicester	DNC							

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Mitchell Adshead	12	Chase	5:27.74	34.44	1:15.33	1:55.39	2:35.34	3:24.62	4:14.36	4:51.07
2. Jim Patterson	12	Nova Cent'n	5:38.04	36.20	1:17.36	2:00.64	2:00.64	2:00.64	2:00.64	2:00.64
3. Oliver Thompson	12	Northampton	5:38.22	36.38	36.38	36.38	36.38	36.38	4:24.48	5:02.29
4. Tom Walker	12	Co Sheffield	5:49.18	36.59	1:19.06	2:04.34	2:48.88	3:39.94	4:31.48	5:12.37
5. Zach Courtney	12	Warrender	5:49.56	36.40	36.40	36.40	36.40	36.40	4:31.44	5:13.13
6. Samuel Miller	12	Kettering	5:50.29	38.80	1:25.42	2:07.94	2:07.94	2:07.94	2:07.94	5:11.79
7. Jordan Bason	12	Chase	5:52.69	38.93	1:23.62	2:09.87	2:53.97	3:46.89	4:37.19	5:15.87
8. Aidan Smith	12	Nova Cent'n	5:58.18	36.57	1:20.20	2:05.34	2:05.34	2:05.34	2:05.34	5:17.63
9. Oliver J Webb	12	Nova Cent'n	6:10.26	41.16	1:36.24	1:36.24	1:36.24	1:36.24	1:36.24	5:33.75
10. Alex Blanco	12	Bo Southend	6:18.47	39.65	1:27.10	2:13.45	2:57.51	3:58.03	4:59.67	5:39.10

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Liam Smith	13	Nova Cent'n	5:12.15	5:12.15	1:07.48	1:47.47	2:27.53	3:14.09	4:01.15	4:37.18
2. Chris Inch	13	redbridge lo	5:14.03	33.40	1:10.80	1:50.64	2:30.05	3:16.48	4:02.10	4:38.96
3. Liam Bosomworth	13	South Tyne	5:25.15	35.31	35.31	35.31	35.31	35.31	4:15.80	4:51.68
4. Andrew Thompson	13	Co Cambridge	5:32.16	35.07	35.07	35.07	35.07	35.07	4:16.06	4:54.66
5. Christopher L Boyce	13	Reading	5:34.43	36.44	36.44	36.44	36.44	36.44	4:21.13	4:58.76
6. Nicholas Jonas	13	Havering Aqu	5:35.14	37.60	1:23.86	2:06.59	2:48.84	3:33.61	4:19.50	4:57.83
7. Craig McNally	13	Warrender	5:52.21	39.30	1:23.35	2:04.35	2:04.35	2:04.35	2:04.35	5:07.55
8. Connor Mollison	13	Warrender	5:55.91	36.71	36.71	36.71	36.71	36.71	4:37.75	5:16.98
9. Adam Trussler	13	Co Leicester	5:56.59	36.08	1:17.02	2:01.60	2:01.60	2:01.60	2:01.60	5:16.93
Steve Wozniak	13	Chase	DNF							

14 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
1. Ross Woolley	14	Warrender	5:02.67	30.84	1:07.85	1:45.46	2:23.65	3:07.65	3:53.57	4:28.73
2. James Holder	14	Nova Cent'n	5:07.66	33.89	1:13.04	1:52.37	2:29.81	3:15.05	3:59.83	4:35.00
3. Harry Needs	14	Camden Swiss	5:07.75	32.41	1:08.70	1:48.71	2:28.52	3:11.85	3:57.53	4:33.63
4. Daniel Stepton	14	Becontree	5:09.01	31.52	1:10.95	1:51.66	2:29.92	3:14.90	4:00.44	4:36.21
5. Robbie Purvis	14	Warrender	5:11.34	33.75	33.75	33.75	33.75	33.75	3:59.92	4:36.31
6. Daniel Lee	14	Dunedin	5:11.58	34.83	1:16.54	1:56.24	2:34.95	3:18.61	4:03.59	4:38.92
7. Mark Streples	14	Warrender	5:25.68	35.11	35.11	35.11	35.11	35.11	4:10.76	4:48.29
8. Sean Tomlin	14	Bo Southend	5:26.31	5:26.31	1:15.61	1:55.45	2:34.53	3:23.36	4:14.30	4:51.14
9. Alex Mackay	14	Camden Swiss	5:37.97	35.73	2:45.75	2:03.76	4:23.20	3:33.88	5:35.97	5:01.12
Thomas Sneddon	14	Dunedin	DNC							
George Morris	14	Bo Southend	DNC							

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
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“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Richard Tullett	16	Co Birm'ham	4:48.16	29.52	1:03.37	1:40.90	2:17.06	2:59.00	3:41.38	4:15.42	
2.	Alexander D Garbiak	16	Bo Kirklees	4:50.94	31.26	1:06.68	1:44.04	2:21.42	3:03.68	3:45.87	4:18.99	
3.	Andrew Smith	16	Co Newcastle	4:54.25	31.14	1:07.63	1:45.93	2:23.01	3:06.53	3:49.66	4:22.41	
4.	Freddy Avenell	15	Nova Cent'n	4:56.44	31.71	1:08.44	1:47.61	2:25.19	3:07.68	3:49.78	4:24.98	
5.	Russel G Korting	16	Reading	5:02.04	31.86	1:07.52	1:45.82	2:22.80	3:07.73	3:52.81	4:28.15	
6.	Benjamin J Owen	15	Nova Cent'n	5:02.26	31.33	1:08.00	1:47.11	2:25.92	3:08.29	3:51.70	4:27.27	
7.	Andrew Cumberlidge	15	Newburn	5:04.92	31.08	1:08.00	1:49.57	2:29.03	3:13.20	3:57.72	4:31.99	
8.	Owen Coughlan	15	Bo Southend	5:09.02	33.58	1:13.38	1:54.45	2:34.31	3:19.66	4:05.77	4:37.81	
9.	Craig Purnell	16	Warrender	5:11.75	31.97	1:09.92	1:50.59	2:29.71	3:13.57	3:59.88	4:37.37	
10.	Matthew D Bolton	15	Bolton Metro	5:12.45	32.07	1:09.87	1:51.46	2:30.50	3:15.90	4:01.50	4:37.44	
11.	Christopher Littler	16	Boldmere	5:13.46	30.93	1:08.09	1:50.49	2:32.28	3:16.85	4:01.99	4:38.34	
12.	Alex J Macarthur	15	Reading	5:43.43	34.40	1:11.27	1:55.39	2:37.20	3:30.69	4:23.74	5:04.17	
	Christopher Worby	15	redbridge lo	DNC								
	Euan Stokes	16	Dunedin	DNC								
	Alexander Belk	15	Skipton	DNC								
	Rikki L Morris	16	Nuneaton	DNC								
	Adam Taylor	16	Nuneaton	DQ	T-4L	29.90	1:04.28	1:41.86	2:18.63	3:02.74	3:46.95	4:23.96

17 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350
1.	Shahin Baradaran	19	Iran Swimmin	4:45.52	28.13	1:01.37	1:37.60	2:12.99	2:57.40	3:39.59	4:12.75
2.	Martin Cox	17	Nova Cent'n	4:46.11	29.24	1:02.00	1:38.14	2:13.76	2:57.01	3:39.85	4:14.03
3.	Wayne Bambrick	19	Nuneaton	4:47.01	30.57	1:05.68	1:44.22	2:20.55	3:00.77	3:42.08	4:15.55
4.	Niall Nesbitt	18	Co Newcastle	4:51.32	31.31	1:07.40	1:46.44	2:25.29	3:04.68	3:45.22	4:18.97
5.	Sam Garner	17	Co Sheffield	4:51.70	30.82	1:07.07	1:44.28	2:21.84	3:02.87	3:44.82	4:18.98
6.	Sebastian J Rios	19	Bo Kirklees	4:55.56	29.91	1:04.11	1:42.34	2:19.85	3:03.23	3:47.01	4:21.44
7.	Nicholas Mallaband	17	Co Sheffield	4:56.38	30.22	1:04.48	1:44.35	2:22.69	3:06.13	3:49.94	4:24.54
8.	Martyn Stott	18	Bo Barnsley	4:59.51	30.45	1:05.76	1:46.80	2:27.02	3:09.62	3:54.27	4:27.27
9.	Patrick Feeney	24	Havant & Wat	5:19.54	30.11	1:07.24	1:49.78	2:32.25	3:17.73	4:04.09	4:42.52
	Alistair Brown	17	Dunedin	DNF							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 26 Girls 10 Years/Over 400m Ind.Medley

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350	
1. Anna Atkinson-smith	11	York City	5:44.87	36.78	1:18.67	2:02.17	2:46.30	3:35.49	4:24.76	5:06.13	
2. Sophie Copper	11	redbridge lo	5:46.34	36.90	1:20.55	2:03.91	2:46.07	3:38.76	4:29.80	5:09.36	
3. Rebecca Hamilton	11	Co Sheffield	5:47.02	37.75	1:22.54	2:05.86	2:47.90	3:39.21	4:30.56	5:09.61	
4. Faye Henesy	10	Nova Cent'n	6:05.35	40.71	1:27.10	2:14.34	3:00.66	3:53.14	4:46.10	5:26.71	
5. Claire Owen	11	York City	6:19.58	40.16	1:28.26	2:18.07	3:06.83	4:00.84	4:56.01	5:38.89	
6. Meg Naughton	11	Co Sheffield	6:41.00	42.51	1:35.91	2:26.94	3:17.17	4:13.64	5:11.66	5:56.33	
Elpitha Soldatou	11	Nova Cent'n	DNC								
Hywelis Thomas-howells	11	Swim Swansea	DQ	SL-	37.50	1:21.48	2:07.09	2:52.01	3:42.62	4:33.54	5:10.54

12 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350	
1. Jennifer Dobson	12	Dunedin	5:23.37	34.12	1:14.40	1:56.57	2:37.76	3:24.59	4:12.08	4:48.41	
2. Kelsey Richard	12	Romford Town	5:32.44	36.12	1:16.73	1:58.60	2:40.12	3:29.53	4:19.14	4:56.15	
3. Jessica Taylor	12	Co Sheffield	5:35.90	35.53	1:18.86	2:01.42	2:43.35	3:32.41	4:22.48	4:59.85	
4. Eleanor Belk	12	Skipton	5:40.27	36.76	1:18.04	2:03.94	2:47.33	3:36.52	4:25.67	5:03.98	
5. Lucy Swithenbank	12	Aquabears	5:44.84	37.72	1:19.86	2:03.78	2:45.88	3:37.65	4:29.36	5:07.77	
6. Hannah Morgan	12	Swim Swansea	5:55.86	37.09	1:22.94	2:05.99	2:49.09	3:41.80	4:35.82	5:16.44	
7. Sophie Konderak	12	Co Leicester	5:56.09	38.50	1:25.38	2:13.08	2:59.16	3:47.03	4:36.24	5:17.32	
8. Rebekah Priestley	12	Nova Cent'n	5:56.80	36.43	1:19.79	2:07.44	2:54.16	3:42.90	4:33.38	5:16.31	
9. Jessica Hobbs	12	Camden Swiss	6:04.44	40.33	1:26.96	2:12.63	2:58.83	3:49.71	4:42.07	5:23.69	
Julia Sutherland	12	Stockport Mo	DNC								
Carla E Read	12	Co Leicester	DQ	ST-	35.94	1:17.37	2:02.05	2:46.70	3:33.50	4:20.16	4:59.46

13 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350	
1. Lucy Spencer	13	Co Sheffield	5:17.47	34.18	1:15.00	1:58.48	2:40.74	3:22.16	4:05.70	4:42.19	
2. Lindsey Whitmore	13	Co Sheffield	5:17.63	34.58	1:15.18	1:56.60	2:36.74	3:21.30	4:06.05	4:42.51	
3. Katie Hayes	13	Newport	5:32.14	34.71	1:15.18	1:58.63	2:40.94	3:27.54	4:15.86	4:55.24	
4. Marnie Stewart	13	Warrender	5:32.38	35.59	1:19.75	2:01.93	2:42.75	3:29.97	4:18.56	4:55.76	
5. Kelsey Rodger	13	Heart Of Mid	5:32.79	35.07	1:16.08	1:59.98	2:43.17	3:29.68	4:17.14	4:56.16	
6. Lindsey Strachan	13	Heart Of Mid	5:36.85	37.07	1:20.68	2:03.65	2:45.21	3:34.52	4:25.54	5:02.32	
7. Sarah-leigh Dudley	13	Co Sheffield	5:37.94	37.95	1:21.32	2:07.73	2:51.83	3:36.76	4:22.58	5:01.69	
8. Mairi Drummond	13	Warrender	5:48.98	37.58	1:24.80	2:10.28	2:54.83	3:44.22	4:34.05	5:12.01	
9. Becky Mcgreevy	13	Warrender	5:49.80	38.41	1:24.84	2:11.10	2:56.82	3:45.69	4:35.49	5:13.07	
10. Jade C Morton	13	West Suffolk	5:51.08	37.56	1:22.27	2:07.64	2:51.82	3:40.80	4:32.14	5:12.38	
11. Rosa Brownlee	13	Heart Of Mid	5:53.17	36.94	1:24.19	2:08.86	2:52.19	3:42.13	4:32.73	5:13.57	
Rebecca Stephen	13	Dunedin	DQ	SL-1L	35.04	1:15.96	1:59.31	2:41.54	3:27.23	4:13.70	4:54.17

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	100	150	200	250	300	350
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"NO FRILLS GALA" (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

1.	Robyn Matthews	14	Dunedin	5:02.35		32.44	1:10.24	1:50.32	2:29.35	3:11.50	3:52.90	4:28.60
2.	Katrina Alder	14	Co Salford	5:03.52		31.92	1:08.59	1:46.77	2:24.93	3:09.26	3:53.59	4:29.47
3.	Helena Thornton	15	Nova Cent'n	5:07.94		32.27	1:08.93	1:47.51	2:25.58	3:12.17	3:57.63	4:33.33
4.	Alice Cordwell	14	Co Sheffield	5:13.50		33.00	1:11.01	1:51.70	2:31.63	3:17.50	4:04.27	4:39.25
5.	Lucy Greenfield	14	Co Sheffield	5:15.63		34.56	1:12.90	1:54.02	2:33.56	3:20.42	4:06.61	4:42.00
6.	Lucy Moffat	14	Stockport Mo	5:17.13		32.69	1:11.11	1:52.23	2:32.47	3:18.35	4:05.07	4:41.68
7.	Rebecca Dudley	15	Northampton	5:18.03		33.62	1:11.55	1:54.57	2:35.13	3:21.32	4:07.87	4:43.63
8.	Kaitlin King	15	Gallica	5:18.56		32.75	1:13.37	1:55.80	2:36.99	3:23.84	4:10.24	4:45.02
9.	Hannah Raine	15	Mid Beds	5:19.96		33.20	1:11.86	1:53.24	2:34.81	3:21.16	4:07.21	4:44.33
10.	Chloe Pellican	14	City Norwich	5:20.39		34.02	1:14.00	1:56.13	2:36.37	3:21.11	4:06.69	4:44.62
11.	Laura Stevenson	14	Heart Of Mid	5:21.31		33.40	1:13.37	1:56.54	2:37.95	3:22.81	4:08.29	4:45.83
12.	Jessica Tomlinson	14	Nova Cent'n	5:22.39		34.73	1:15.99	1:58.52	2:39.98	3:24.55	4:09.34	4:46.97
13.	Aynsley Heseltine	14	Co Sheffield	5:22.85		33.99	1:13.79	1:56.79	2:38.64	3:24.65	4:12.12	4:48.15
14.	Claire Humphreys	15	Bournemouth	5:23.74		33.84	1:14.15	1:56.65	2:37.81	3:24.49	4:11.20	4:47.96
15.	Kathryn Fowler	14	Co Birm'ham	5:28.11		35.64	1:17.95	1:59.35	2:40.22	3:27.01	4:13.91	4:51.78
15.	Carla Joseph	14	Redbridge sc	5:28.11		34.70	1:14.07	1:57.77	2:40.43	3:26.74	4:14.44	4:52.43
17.	Jessica Coles	14	Romford Town	5:28.59		35.03	1:15.12	1:59.12	2:42.10	3:26.53	4:12.38	4:50.96
18.	Victoria S Morgan	14	Wirral Metro	5:28.81		36.51	1:19.54	2:02.57	2:44.60	3:30.12	4:17.07	4:53.54
19.	Emily Mcqueen	14	Warrender	5:33.99		37.64	1:21.43	2:04.16	2:45.72	3:33.30	4:18.94	4:56.90
20.	Melissa Bowen	15	Newport	5:35.70		34.37	1:14.59	1:58.88	2:42.14	3:30.67	4:19.81	4:58.51
21.	Hannah Bacon	14	Havant & Wat	5:36.97		37.81	1:19.63	2:03.73	2:47.03	3:37.46	4:27.62	5:02.99
22.	Amy Wilson	14	Romford Town	5:41.10		35.69	1:13.84	1:58.44	2:41.67	3:33.71	4:23.56	5:03.60
23.	Kristi Wilson	15	Heart Of Mid	5:42.18		38.38	1:26.76	2:11.09	2:53.18	3:40.58	4:28.64	5:06.33
24.	Amy Wood	15	Oldham Seals	5:54.37		37.80	1:23.55	2:06.23	2:48.85	3:41.21	4:33.64	5:14.36
25.	Sophie Booth	15	Tynemouth	5:58.09		36.42	1:20.20	2:07.23	2:53.26	3:44.96	4:38.59	5:18.97
	Christie Donnelly	14	Co Sheffield	DNC								
	Lara Nyman	14	Harrow Weald	DNC								
	Alice E McCall	14	Wigan BEST	DQ	ST-	32.90	1:10.67	1:52.37	2:33.59	3:20.14	4:07.36	4:42.73
	Joanna Bold	14	Nova Cent'n	DQ	T-	33.52	1:11.55	1:50.57	2:29.42	3:14.97	4:00.78	4:35.00

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350
1.	Sophie Caul	20	Co Birm'ham	4:53.99	31.79	1:06.93	1:44.90	2:21.91	3:03.98	3:46.30	4:20.91
2.	Debbie Hall	17	Co Sheffield	4:58.90	32.94	1:10.81	1:49.46	2:26.84	3:09.21	3:50.76	4:25.61
3.	Kimberley Colton	17	Nova Cent'n	5:07.93	33.48	1:09.80	1:50.01	2:28.43	3:14.04	3:58.71	4:34.35
4.	Jodi Gordon	17	Heart Of Mid	5:09.87	32.77	1:10.88	1:52.26	2:32.68	3:16.78	4:00.68	4:36.02
5.	Louise Pate	17	Heart Of Mid	5:10.54	31.42	1:07.13	1:49.54	2:29.68	3:14.63	3:59.04	4:35.52
6.	Katie Raybould	16	Co Birm'ham	5:12.52	32.96	1:11.77	1:53.32	2:33.19	3:17.61	4:02.57	4:38.32
7.	Claire Sands	16	Co Leicester	5:14.34	32.03	1:10.84	1:51.45	2:31.37	3:17.14	4:00.84	4:37.96
8.	Sarah Bennett	16	Newburn	5:19.29	33.19	1:12.19	1:51.92	2:31.84	3:17.55	4:03.79	4:41.67
9.	Fiona Gray	16	Heart Of Mid	5:22.81	35.90	1:17.78	2:02.84	2:46.07	3:26.72	4:09.12	4:47.21
10.	Victoria Smith	16	Newport	5:33.62	35.52	1:17.90	2:01.90	2:44.71	3:30.32	4:16.77	4:55.99
11.	Alison Fleming	16	Heart Of Mid	5:41.94	36.97	1:22.17	2:06.87	2:52.00	3:37.12	4:22.90	5:03.22
	Katie Hogben	16	Camden Swiss	DNC							
	Izzi Newman	19	Swim Swansea								DNC
	Amy Konowalik	20	Nova Cent'n	DNC							

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 27 Boys 10 Years/Over 100m Butterfly

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50
1. Jason A Mazzei	11	Co Sheffield	1:18.18	35.88
2. Harry Payne	11	Bo Southend	1:20.34	37.40
3. Alexander Watson	11	Co Sheffield	1:21.39	37.66
4. Daniel Walker	10	Co Sheffield	1:21.67	38.39
5. Haydon Thorp	11	Co Sheffield	1:34.76	40.98

12 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Morgan Wicks	12	Newport	1:10.53	32.78
2. Felix Samuells	12	Camden Swiss	1:10.79	32.41
3. Dean Davenport	12	Nova Cent'n	1:12.21	33.45
4. Zach Courtney	12	Warrender	1:13.09	33.22
5. George Rix	12	Co Sheffield	1:15.68	35.18
6. Aidan Smith	12	Nova Cent'n	1:17.47	36.41
7. Mitchell Adshead	12	Chase	1:18.62	35.29
8. Jason Storer	12	Staines	1:18.94	36.13
9. Elliot Carter	12	Staines	1:19.96	37.78
10. Kyle Walton	12	Nova Cent'n	1:20.67	36.68
11. Adam Blakemore	12	Flint	1:22.18	37.05
Jordan Bason	12	Chase	DNC	

13 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Jamie Thorpe	13	Co Leicester	1:06.25	30.86
2. Liam Smith	13	Nova Cent'n	1:08.18	31.40
3. Adam T Barrett	13	Reading	1:08.42	31.35
4. Tom Sunter	13	Co Sheffield	1:09.07	32.37
5. Chris Inch	13	redbridge lo	1:09.62	32.96
6. Steve Wozniak	13	Chase	1:09.78	32.21
7. Joshua Hale	13	Newport	1:10.20	32.60
8. Callum L Tate	13	Co Sheffield	1:11.99	33.53
9. Andrew Thompson	13	Co Cambridge	1:15.95	34.52
10. Gareth Allen	13	Billingham	1:20.62	37.63
11. Connor Mollison	13	Warrender	1:21.37	36.13
12. Jack Caster	13	Warrender	1:22.19	37.21
13. Craig Mcnally	13	Warrender	1:22.89	38.60
14. Andrew Ward	13	Romford Town	1:22.96	36.41

14 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Grant Chandler	14	Romford Town	1:02.02	29.04
2. Braxston Timm	14	Co Sheffield	1:03.51	29.93
3. Daniel Rick	14	Co Sheffield	1:04.84	29.20
4. Ross Kilshaw	14	Carnforth	1:05.84	30.42
5. Harry Needs	14	Camden Swiss	1:06.95	30.84
6. Robbie Purvis	14	Warrender	1:07.83	31.55

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

7.	Ciaran Gregory	14	Aquabears	1:07.94	31.33
8.	Ross Woolley	14	Warrender	1:09.67	32.18
9.	Mark Streples	14	Warrender	1:14.96	34.85
10.	Luke Hedley	14	Billingham	1:16.79	36.45
	Thomas Sneddon	14	Dunedin	DNC	
	Jack Dunn	14	Co Sheffield	DNC	

15/16 Yrs Age Group

Place Name	AaD	Club	Time	50	
1.	Daniel Waddingham	15	Nuneaton	1:01.02	28.69
2.	Stewart Macphail	15	Dunedin	1:01.45	28.34
3.	Richard Tullett	16	Co Birm'ham	1:02.17	29.44
4.	Bradley Dixon	15	Billingham	1:02.55	29.40
5.	Adam Taylor	16	Nuneaton	1:02.76	29.28
6.	Chris J Ferguson	15	Reading	1:02.79	28.87
7.	Alex J Macarthur	15	Reading	1:02.82	29.39
8.	Adam Carnall	15	Co Sheffield	1:02.95	29.69
9.	Tom Greenfield	16	Co Sheffield	1:02.97	29.35
10.	Harry Douglas	15	Co Cambridge	1:03.38	28.72
11.	Daniel Mills	15	Nova Cent'n	1:03.41	29.25
12.	Christopher Streener	15	Co Newcastle	1:03.93	29.66
13.	Jak Scott	15	Dunedin	1:04.04	29.81
14.	Christopher Littler	16	Boldmere	1:06.23	30.79
15.	Jonjo Challands	15	Co Leicester	1:07.14	31.20
16.	Chris Wright	15	Romford Town	1:08.59	31.55
17.	James Wright	15	Romford Town	1:10.56	32.04
18.	William Jolly	15	Trenton	1:13.29	35.08
	Sam Townson	15	Flixton	DNC	
	Christopher Worby	15	redbridge lo	DNC	
	Alexander Warburton	15	Harrow Weald	DNC	

17 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	
1.	James Johnson	17	Co Newcastle	57.66	26.86
2.	Malcolme Kerr	18	Warrender	58.45	27.33
3.	Chris Middleton	17	Co Sheffield	58.56	27.39
4.	James Wardle	20	Loughboro Un	58.82	27.45
5.	Marc Collett	18	Co Birm'ham	59.06	27.45
6.	Gary Stephenson	19	Enfield	59.15	27.33
7.	Andi Manley	29	Swindon Dolp	59.29	27.04
8.	Martin Cox	17	Nova Cent'n	59.43	28.39
9.	Oliver Read	17	Staines	59.86	28.14
10.	Tom Southworth	21	Co Leeds	1:00.00	27.86
11.	Chris Bunyan	17	Co Leicester	1:00.34	28.34
12.	John Brooke	18	Stocksbridge	1:02.19	29.00
13.	Jack Murphy	21	Camden Swiss	1:02.41	28.62
14.	Alistair Brown	17	Dunedin	1:02.60	29.60
15.	Paul Robinson	18	South Tyne	1:03.09	28.88
16.	Daniel John	19	Loughboro Un	1:03.52	29.74
17.	Nicholas Metcalf	19	Mid Beds	1:03.55	29.15
18.	Jody Cundy	27	Swim Swansea	1:04.36	30.20
19.	Chris Scott	17	Dunedin	1:04.91	30.21

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

20.	Greg George	18	Halesowen	1:05.40	30.66
21.	Tristan Hampson	17	Modernians	1:05.41	30.48
22.	Jordan Taylor	17	Heart Of Mid	1:07.31	31.05
23.	John Blackwell	19	Harrogate	1:09.24	30.79
	Ewan Martin	21	Loughboro Un	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 28 Girls 10 Years/Over 100m Butterfly

11 Yrs/Under Age Group

Place Name	AaD	Club	Time	50
1. Sophie Copper	11	redbridge lo	1:16.06	36.36
2. Katie H Agrippa	11	Flint	1:17.94	36.04
3. Tegan Turner-clarke	10	Co Sheffield	1:19.98	37.76
4. Hywelis Thomas-howells	11	Swim Swanse	1:20.07	37.43
5. Katie Simms	11	Staines	1:20.88	36.13
6. Alexandra Reid	10	Co Sheffield	1:24.57	38.77
7. Faye Henesy	10	Nova Cent'n	1:24.91	39.54
8. Abigail Moxley	11	Flint	1:28.88	41.38
9. Hannah Wakeman	11	Harrow Weald	1:29.76	39.13
10. Rianna Veares	11	Havering Aqu	1:37.10	44.51
Elpitha Soldatou	11	Nova Cent'n	DNC	
Sabrina Sahraoui-tahar	11	Nova Cent'n	DNC	

12 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Lauren Maudsley	12	Aquabears	1:10.14	32.79
2. Rebekah Bullivant	12	Camphill Ed	1:11.91	33.27
3. Emma Herd	12	Northampton	1:13.20	34.45
4. Jennifer Dobson	12	Dunedin	1:13.65	33.81
5. Lois Vail	12	Aquabears	1:13.67	34.71
6. Beth Shelton	12	Co Leicester	1:14.46	35.11
7. Katharine Riggs	12	Co Sheffield	1:14.78	34.77
8. Hannah Robertshaw	12	Skipton	1:15.97	35.92
9. Devon Robins	12	Camden Swiss	1:16.22	35.56
10. Hannah Morgan	12	Swim Swanse	1:17.27	35.72
11. Rachael Mallaband	12	Co Sheffield	1:22.68	37.91
12. Amy E Webster	12	Co Sheffield	1:24.90	37.51
13. Sophie Clayton	12	Warrender	1:26.75	39.03
14. Jessica Daly	12	Co Sheffield	1:28.84	41.55
Zara McLaren	12	Nova Cent'n	DNC	
Holly Oughton	12	Nova Cent'n	DNC	

13 Yrs Age Group

Place Name	AaD	Club	Time	50
1. Lucy Ellis	13	Dunedin	1:08.83	31.55
2. Eleanor Faulkner	13	Co Sheffield	1:10.31	32.78
3. Danielle Hannan	13	Co Sheffield	1:12.95	33.94
4. Kimberley Briscoe	13	Monnow	1:13.08	33.55
5. Kelsey Rodger	13	Heart Of Mid	1:13.95	34.24
6. Lindsey Strachan	13	Heart Of Mid	1:14.81	34.77
7. Fiona Gibson	13	Warrender	1:15.94	35.42
8. Rebecca Stephen	13	Dunedin	1:15.95	35.05
9. Lauren Bewley	13	Staines	1:17.17	35.57
10. Becky McGreevy	13	Warrender	1:17.53	36.24
11. Hannah Taylor	13	Co Sheffield	1:19.01	36.70
12. Rebecca Allen	13	Staines	1:19.82	36.90

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

13.	Jessica A Handson	13	Co Leeds	1:19.84	37.19
14.	Jade C Morton	13	West Suffolk	1:20.83	37.50
15.	Mairi Drummond	13	Warrender	1:22.01	37.03
16.	Camilla R Grossman	13	Camden Swiss	1:22.15	38.36
17.	Danielle S Naylor	13	West Suffolk	1:25.70	39.17

14/15 Yrs Age Group

Place Name	AaD	Club	Time	50	
1.	Sasha F Matthews	15	Nova Cent'n	1:03.53	29.64
2.	Jodie Le rescue	15	Co Birm'ham	1:06.45	29.45
3.	Kristina L Paige	14	Reading	1:07.78	31.41
4.	Stacey Hudson	15	Co Leicester	1:07.88	31.23
5.	Emily L Jackson	14	Carnforth	1:07.96	31.89
6.	Katelyn Stewart	15	Warrender	1:08.08	31.53
7.	Sophie Smith	15	Co Wakefield	1:08.26	31.85
8.	Katie Brewer	14	Co Leicester	1:08.33	32.02
9.	Eleanor Bohane	14	Harrow Weald	1:08.98	32.31
10.	Louisa Downs	15	Reading	1:09.17	32.15
11.	Danielle Naylor	15	Co Salford	1:10.11	32.79
12.	Samantha Strong	14	Aquabears	1:10.29	33.32
13.	Phoebe Hayes	14	redbridge lo	1:10.69	33.26
14.	Megan Turner	14	Co Sheffield	1:10.78	33.80
15.	Angelina Lim	14	Co Peterboro	1:11.03	33.24
16.	Emma Wilkins	15	Chase	1:11.38	32.31
17.	Nicole Wilson	15	Heart Of Mid	1:11.90	33.70
18.	Kate Owen	15	Rhyl Dolphin	1:11.94	33.58
19.	Hannah Raine	15	Mid Beds	1:11.98	33.19
20.	Sascha McLaren	14	Nova Cent'n	1:12.28	34.10
21.	Louise King	15	Mid Beds	1:12.33	33.47
22.	Georgia Hunton-clarke	14	Romford Town	1:12.52	33.46
23.	Amy Wilson	14	Romford Town	1:13.14	35.31
24.	Hannah Pate	15	Heart Of Mid	1:13.78	34.58
25.	Ailie Mcgowan	15	Heart Of Mid	1:14.39	34.30
26.	Kayleigh Longstaff	15	Co Sheffield	1:14.76	33.56
27.	Chloe Pellican	14	City Norwich	1:14.89	34.68
28.	Laura Stevenson	14	Heart Of Mid	1:15.38	34.87
29.	Karolena Golen	15	Dunedin	1:15.77	34.30
30.	Louise Watts	14	Newport	1:17.54	35.94
31.	Andrea Coogan	14	Swim Traffor	1:18.89	35.44
32.	Beth Scanlon	14	Dunedin	1:19.44	36.44
33.	Sophie Booth	15	Tynemouth	1:21.44	36.73
34.	Joanna Metcalf	14	Co Wakefield	1:21.89	37.61
35.	Amy Wood	15	Oldham Seals	1:25.23	38.42
	Chelsea Andrews	14	gallica	DNC	
	Mairi Morrison	14	Dunedin	DNC	

16 Yrs/Over Age Group

Place Name	AaD	Club	Time	50	
1.	Stephanie Hill	20	Nova Cent'n	1:03.36	29.91
2.	Louise Pate	17	Heart Of Mid	1:04.03	30.38

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

3.	Catherine Pickthall	21	Loughboro Un	1:07.21	30.37
4.	Kimberley Colton	17	Nova Cent'n	1:07.29	31.41
5.	Kirstin Walker	16	Dunedin	1:07.57	31.51
6.	Krissie Taylor	17	Co Cambridge	1:08.53	33.29
7.	Amy Spencer	16	Co Sheffield	1:09.04	32.25
8.	Jenny Starling	16	Co Sheffield	1:09.14	32.49
9.	Debbie Hall	17	Co Sheffield	1:09.19	33.15
9.	Lauren Christian	17	Tynemouth	1:09.19	32.43
11.	Daisy Martin	16	Bexley	1:09.28	32.60
12.	Emma L White	16	Strat Sharks	1:09.66	32.73
13.	Natalie Ward	16	Romford Town	1:09.69	32.50
14.	Emily Drew	17	Camden Swiss	1:09.94	32.56
15.	Katie Hogben	16	Camden Swiss	1:10.73	32.70
16.	Jodi Gordon	17	Heart Of Mid	1:11.41	32.89
17.	Susan Morris	25	Mid Beds	1:11.88	32.69
18.	Sarraounia Samuels	16	Camden Swiss	1:12.82	33.31
19.	Hannah Atkins	16	Bo Southend	1:13.43	34.30
20.	Gemma Allen	17	City Norwich	1:13.89	34.62
	Louise Williams	16	Halesowen	DNC	
	Leanne Roberts	17	Co Birm'ham	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 29 Boys 10 Years/Over 50m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time
1. Ben Wood	11	Chase	31.18
2. Joseph Faulkner	11	Co Sheffield	32.34
3. Thomas M Clarke	11	Flint	32.98
4. Jack Hale	11	Newport	33.87
5. Luke Hale	11	Newport	35.06
6. Mark J Huggins	11	Co Sheffield	35.43

12 Yrs Age Group

Place Name	AaD	Club	Time
1. Jason Storer	12	Staines	30.45
2. Morgan Wicks	12	Newport	30.64
3. Zach Courtney	12	Warrender	31.14
4. Jordan Bason	12	Chase	31.16
5. Dean Davenport	12	Nova Cent'n	31.32
6. Adam Blakemore	12	Flint	31.39
7. Thomas Kelly	12	Mid Beds	31.70
8. Adam Schofield	12	Bo Barnsley	31.99
9. Elliott C Grady	12	Co Sheffield	32.20
10. Elliot Carter	12	Staines	32.44
Oliver J Webb	12	Nova Cent'n	DNC

13 Yrs Age Group

Place Name	AaD	Club	Time
1. Joshua Hale	13	Newport	28.60
2. James Grieve	13	Co Leicester	29.30
3. Liam Bosomworth	13	South Tyne	29.43
4. James Pritchard	13	Aquabears	29.46
5. Andrew Thompson	13	Co Cambridge	29.59
6. Rhodri W Davies	13	Swim Swansea	29.90
7. Glenn Olding	13	Staines	30.37
8. Adam Makings	13	Bo Barnsley	30.95
9. Connor Mollison	13	Warrender	31.63
10. Jack Caster	13	Warrender	31.64
11. Adam Trussler	13	Co Leicester	31.98
12. Ruairidh Loughlin	13	Warrender	32.34
13. Craig McNally	13	Warrender	32.44
14. Owen Mitchell	13	Aquabears	32.49
15. Gareth Allen	13	Billingham	33.26

14 Yrs Age Group

Place Name	AaD	Club	Time
1. Adam Shaw	14	Bolton Metro	25.56
2. Haythem Mohamed	14	Grimsby Sant	26.99
3. Andrew Wainscot	14	Co Leicester	27.93
4. Ross Woolley	14	Warrender	28.38
5. Robbie Purvis	14	Warrender	28.47
6. Liam Hale	14	Newport	28.86
7. Ryan Maudsley	14	Aquabears	29.27
8. Alex Mackay	14	Camden Swiss	29.50
9. Luke Hedley	14	Billingham	29.69
10. Mark Streples	14	Warrender	31.00

15/16 Yrs Age Group

Place Name	AaD	Club	Time
1. David P Dunn	16	Swim Swansea	25.46
2. Jeffery Hill	16	Co Peterboro	25.55
3. Jamie Kay	16	Nova Cent'n	25.73
4. Alex Garnett	15	Staines	25.77
5. Chris J Ferguson	15	Reading	25.80
5. Edward Walsh	16	Camden Swiss	25.80
7. Jak Scott	15	Dunedin	25.86
8. Iain Scanlon	15	Dunedin	26.06
9. Stewart Macphail	15	Dunedin	26.07
9. Lee M Britton	16	Harrow Weald	26.07
11. Daniel Mills	15	Nova Cent'n	26.32
12. Richard Schafers	15	Dunedin	26.54
13. Anthony Surtees	16	South Tyne	26.60
14. Alex J Macarthur	15	Reading	26.69
15. Christopher Wilkinson	15	Billingham	26.71
16. Luka Elis	16	Camden Swiss	26.74
17. Michael J Holstein	15	Swim Trafford	26.86
18. Alexander D Garbiak	16	Bo Kirklees	26.89
19. Alexander Warburton	15	Harrow Weald	27.02
20. Luke Maude	15	Skipton	27.09
21. Daniel Bosman	15	Co Newcastle	27.11
22. James Thorne-wallis	15	Richmondale	27.20
23. Harry Douglas	15	Co Cambridge	27.21
24. James Wright	15	Romford Town	27.30
25. Chris Wright	15	Romford Town	27.52
26. Craig Purnell	16	Warrender	27.56
27. Euan Stokes	16	Dunedin	27.68
28. Tom Young	15	Staines	27.95
29. Christopher Littler	16	Boldmere	28.32
30. Matthew Wilkinson	15	Co Cambridge	28.46
31. Oliver D Dunstan	15	Nova Cent'n	28.74
32. Tom Lightfoot	15	Co Sheffield	28.99
Sam Townson	15	Flixton	DNC
John Halliwell	15	Gallica	DNC

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

Michael Ashford	15	Co Birm'ham	DNC	
Tim Freeman	16	Staines	DQ	ST-

17 Yrs/Over Age Group

Place Name	AaD	Club	Time
1. Richard Hutton	22	Loughboro Un	24.07
2. Andi Manley	29	Swindon Dolp	24.13
3. Pasha Vahdati	17	Iran Swimmin	24.29
4. Paul Robinson	18	South Tyne	24.81
5. Rob W Calladine	22	Bo Kirklees	24.91
6. Malcolm Kerr	18	Warrender	25.07
7. Craig Ward	21	Stockport Mo	25.21
8. James Wardle	20	Loughboro Un	25.27
9. Tom Longden	19	Swim Swanse	25.58
10. Chris Middleton	17	Co Sheffield	25.71
11. Marc Collett	18	Co Birm'ham	25.74
12. Nicholas Metcalf	19	Mid Beds	25.75
13. Matthew Wilson	23	Newcastle St	25.81
13. Rhys Jones	17	Co Cardiff	25.81
13. Chris Bunyan	17	Co Leicester	25.81
16. Robert Shaw	17	Co Newcastle	25.87
17. Ross Johnston	18	Warrender	25.92
18. Alex Stoney	19	Loughboro Un	26.08
19. Joseph Collier	17	Newport	26.09
20. Ashley Teagle	17	Staines	26.30
21. Greg George	18	Halesowen	26.36
21. Alistair Brown	17	Dunedin	26.36
21. John Blackwell	19	Harrogate	26.36
24. Martin Cox	17	Nova Cent'n	26.44
25. Alan Hubbard	19	Staines	26.45
26. Chris Pithey	18	Deepings	26.48
27. Alex Brammer	18	Co Sheffield	26.51
28. Chris Scott	17	Dunedin	26.56
29. Grant Cashmore	17	Nova Cent'n	26.78
30. Oliver Read	17	Staines	26.91
31. Andrew P Holder	17	Tynemouth	27.31
32. Iain Robinson	19	Harrogate	27.86
33. Luke Grainger	17	Newport	28.00
34. Tristan Hampson	17	Modernians	28.85
David Jacobs	17	Romford Town	DNC
Neil Van den broek	27	Swim Swanse	DNC

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 30 Girls 10 Years/Over 50m Freestyle

11 Yrs/Under Age Group

Place Name	AaD	Club	Time
1. Katie Simms	11	Staines	31.63
2. Rebecca Hamilton	11	Co Sheffield	31.80
3. Hannah O'donoghue	11	Nova Cent'n	32.19
4. Hannah Wakeman	11	Harrow Weald	32.28
5. Abigail Moxley	11	Flint	32.56
6. Katie H Agrippa	11	Flint	33.01
7. Kelly Bucke	10	Skipton	36.24
8. Briony Hall	11	Co Sheffield	37.93

12 Yrs Age Group

Place Name	AaD	Club	Time
1. Rebekah Bullivant	12	Camphill Ed	30.17
2. Lisa Main	12	Dunedin	30.52
3. Beth Shelton	12	Co Leicester	30.83
4. Alice Hodder	12	Camden Swiss	31.50
5. Katharine Riggs	12	Co Sheffield	31.94
6. Meredyth Griffin	12	Caernarfon	32.22
7. Jessica Hobbs	12	Camden Swiss	33.45
8. Lauren Richardson	12	Billingham	36.40

13 Yrs Age Group

Place Name	AaD	Club	Time
1. Lucy Ellis	13	Dunedin	28.66
2. Ruth Scanlan	13	Staines	29.73
3. Lindsey Strachan	13	Heart Of Mid	29.90
4. Sarah Kelly	13	Dunedin	30.23
5. Fiona Gibson	13	Warrender	30.32
6. Jessica Hill	13	Co Peterboro	30.39
7. Becky Mcgreevy	13	Warrender	30.45
8. Jenna Chatburn	13	Skipton	30.53
9. Katie Hayes	13	Newport	30.60
10. Mairi Drummond	13	Warrender	30.69
11. Marnie Stewart	13	Warrender	31.59
12. Louise A Mason	13	Flint	31.71
13. Amy Corbett	13	Nova Cent'n	32.05
14. Jesdsica A Handson	13	Co Leeds	32.19
15. Camilla R Grossman	13	Camden Swiss	33.04
16. Rebecca Allen	13	Staines	33.20
17. Mary Amos	13	Eckington	33.70
Emmy Tatters	13	Co Newcastle	DNC

14/15 Yrs Age Group

Place Name	AaD	Club	Time
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1. Sasha F Matthews	15	Nova Cent'n	27.33
2. Emma Wilkins	15	Chase	27.61
3. Charlotte Graham	15	Co Birm'ham	27.85
4. Jodie Le rescue	15	Co Birm'ham	27.93
5. Katelyn Stewart	15	Warrender	28.08
6. Jessica C Baldwin	15	Harrow Weald	28.44
7. Mairi Morrison	14	Dunedin	28.60
8. Amy Bell	14	South Tyne	28.93
9. Nicole Wilson	15	Heart Of Mid	29.03
9. Ailie Mcgowan	15	Heart Of Mid	29.03
11. Sophie Smith	15	Co Wakefield	29.04
12. Sarah Irving	14	Nuneaton	29.05
13. Kristina L Paige	14	Reading	29.07
14. Holly Young	15	Carnforth	29.09
14. Georgia Ingleson	15	City Norwich	29.09
16. Tanya Hudson	14	Co Leicester	29.15
17. Lucy Smith	14	Nova Cent'n	29.28
18. Georgia Hunton-clarke	14	Romford Town	29.33
19. Kayleigh Longstaff	15	Co Sheffield	29.39
20. Claire Sadden	15	Havant & Wat	29.41
21. Kristi Wilson	15	Heart Of Mid	29.48
22. Steffani Dixon	15	South Tyne	29.49
23. Eve Mackey	14	Co Newcastle	29.57
24. Sian Murphy	15	Aquabears	29.58
25. Sarah Langton	15	Co Newcastle	29.62
26. Ella Kirby	14	Staines	29.68
27. Lucy Greenfield	14	Co Sheffield	29.74
28. Meghan Miller	14	Co Newcastle	29.86
28. Joanna Bold	14	Nova Cent'n	29.86
28. Lauren Bason	14	Chase	29.86
31. Karolena Golen	15	Dunedin	29.93
32. Daisy Davies	14	Harrow Weald	29.95
33. Charlotte H Goode	14	Bo Kirklees	29.96
34. Anne Vilgers	15	Co Newcastle	29.97
35. Catrin A Harris	14	Wrexham	30.00
36. Zoe Shelton	14	Co Leicester	30.19
37. Lydia Pace	14	Nova Cent'n	30.27
38. Claire Wooley	15	Warrender	30.29
39. Hannah Nash	15	City Norwich	30.35
40. Chloe Spiby	14	Camden Swiss	30.87
41. Katherine Usher	14	Billingham	30.88
41. Emily Mcqueen	14	Warrender	30.88
43. Lucy Smith	14	Staines	30.96
44. Rachel Bacon	14	Flint	31.02
45. Emma Pinder	15	South Tyne	31.15
46. Louise Watts	14	Newport	31.28
47. Hannah Pate	15	Heart Of Mid	31.64
48. Andrea Coogan	14	Swim Traffor	32.05
49. Beth Scanlon	14	Dunedin	32.17
50. Amy Wood	15	Oldham Seals	32.94

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

51.	Joanna Metcalf	14	Co Wakefield	33.00	
52.	Esmie Smith	15	Co Wakefield	33.88	
	Charlotte Tyrer	15	Swim Traffor	DNC	
	Lara Nyman	14	Harrow Weald	DNC	
	Eleanor Bohane	14	Harrow Weald	DNC	
	Amber Kears	14	Co Newcastle	DNC	
	Christie Donnelly	14	Co Sheffield	DNC	
	Victoria Jeffery	15	Havant & Wat	DQ	ST-

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	
1.	Stephanie Hill	20	Nova Cent'n	27.81	
2.	Tierney Maude	18	Skipton	28.26	
3.	Samantha Effemey	20	Nova Cent'n	28.32	
4.	Kirstin Walker	16	Dunedin	28.49	
5.	Laura Hobbs	18	Camden Swiss	28.50	
6.	Catherine Pickthall	21	Loughboro Un	28.52	
7.	Louise Breen	17	Co Leicester	28.61	
8.	Victoria Cadge	16	West Suffolk	28.63	
9.	Claire Sands	16	Co Leicester	28.68	
10.	Shelley Parker	19	Loughboro Un	28.75	
11.	Caroline Williams	19	Co Bangor	28.79	
12.	Claire Bassinder	16	Strat Sharks	28.82	
13.	Emma L White	16	Strat Sharks	28.83	
14.	Siobhan Walton-holland	16	Co Cardiff	28.92	
15.	Sarraounia Samuels	16	Camden Swiss	28.98	
16.	Yvonne Broster	19	Loughboro Un	29.01	
17.	Jenny Starling	16	Co Sheffield	29.07	
18.	Laura Walsh	23	Staines	29.39	
19.	Hannah Moseley	17	Kendal	29.52	
20.	Hannah Edwards	18	Co Cambridge	29.55	
21.	Natalie Barratt	16	Co Leicester	29.64	
22.	Rhian Jones	19	Loughboro Un	29.75	
23.	Sarah L Doran	16	Co Bangor	29.78	
24.	Hazel Dawson	17	Skipton	29.98	
24.	Gemma Baird	19	Dunedin	29.98	
26.	Katie Hogben	16	Camden Swiss	30.07	
27.	Stephanie Williams	18	Co Bangor	30.63	
28.	Victoria Smith	16	Newport	30.67	
29.	Emily Drew	17	Camden Swiss	31.47	
30.	Gemma Allen	17	City Norwich	31.74	
	Kylie Bland	20	Camden Swiss	DNC	
	Louise Williams	16	Halesowen	DNC	
	Becky Barker	17	Wirral Metro	DNC	
	Sophie Tomlinson	16	Nova Cent'n	DNC	
	Izzi Newman	19	Swim Swansea		DNC
	Lisa Dargavel	24	Loughboro Un	DNC	

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 31 Boys 50m Breaststroke

Place	Name	AaD	Club	Time	Place	Name	Club	Time
1.	Mohammad Alirezaei	20	Iran Swimmin	28.85	29.	Jak Scott	15 Dunedin	34.84
2.	James Kirton	21	Co Sheffield	30.75	30.	Andrew P Holder	17 Tynemouth	34.93
3.	Marc Collett	18	Co Birm'ham	30.93	31.	Stewart Macphail	15 Dunedin	34.97
4.	Matthew Smith	16	Hornchurch	31.03	32.	Jonny Rydquist	26 Staines	35.32
5.	Jack D Bates	18	Nova Cent'n	31.24	33.	Stephen Fisheer	14 Great Yarmou	35.38
6.	Ben Marsters	19	Loughboro Un	31.40	34.	Tom Young	15 Staines	35.82
7.	Ewan Martin	21	Loughboro Un	31.42	35.	Liam Hale	14 Newport	36.14
8.	James Tait	20	Loughboro Un	31.56	36.	Andrew Thompson	13 Co Cambridge	36.39
8.	Iain Scanlon	15	Dunedin	31.56	37.	Craig Purnell	16 Warrender	36.55
10.	Nigel Masters	35	Swindon Dolp	31.62	38.	Euan Stokes	16 Dunedin	36.72
11.	Adam Naylor	20	Co Salford	31.75	39.	Joshua Hale	13 Newport	37.24
12.	Ross Johnston	18	Warrender	31.82	40.	Iain Robinson	19 Harrogate	37.80
13.	Barrie Stewart	22	Havant & Wat	32.08	41.	Matthew Lumleu	15 Trenton	38.01
14.	Robert Shaw	17	Co Newcastle	32.46	42.	Ryan Maudsley	14 Aquabears	38.34
15.	Niall Nesbitt	18	Co Newcastle	32.48	43.	Glenn Olding	13 Staines	38.55
16.	Tom Longden	19	Swim Swanse	32.77	44.	Adam Makings	13 Bo Barnsley	40.68
17.	Alexander Belk	15	Skipton	32.86	45.	Andrew Ward	13 Romford Town	42.20
18.	Jordan Taylor	17	Heart Of Mid	33.09	46.	Oliver Lumleu	13 Trenton	42.28
19.	Oliver Read	17	Staines	33.12	47.	Thomas Kelly	12 Mid Beds	42.61
20.	Edward Walsh	16	Camden Swiss	33.23	48.	Owen Mitchell	13 Aquabears	43.37
21.	Ashley Teagle	17	Staines	33.36	49.	Thomas M Clarke	11 Flint	44.13
21.	Andrea F Viola	43	Co Cambridge	33.36		John Halliwell	15 Gallica	DNC
23.	Ross Kilshaw	14	Carnforth	33.70		Robert Jackson	17 Co Cardiff	DNC
24.	Matthew Wilson	23	Newcastle St	34.07		Lloyd Austin	18 Loughboro Un	DNC
25.	Andrew Wainscot	14	Co Leicester	34.13		Russell Bruns	18 Harrow Weald	DNC
26.	Wayne Bambrick	19	Nuneaton	34.27		Brett Mclean	20 Anaconda	DNC
27.	Steve Bambrick	17	Nuneaton	34.32		Neil Van den broek	27 Swim Swanse	DNC
28.	Craig Ward	21	Stockport Mo	34.46		David Jacobs	17 Romford Town	DNC
						Alan Heskins	21 Modernians	DNC

“NO FRILLS GALA” (1NE6078)
UNDER ASA LAWS & TECHNICAL RULES
PONDS FORGE, SHEFFIELD (50m)
SATURDAY 28TH TO SUNDAY 28TH MAY 2006

EVENT 32 Girls 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Emma Bird	15	Nova Cent'n	34.46
2.	Laura Kilby	14	Co Leicester	34.74
3.	Amy Spencer	16	Co Sheffield	34.80
4.	Robyn Matthews	14	Dunedin	34.94
5.	Fiona Gray	16	Heart Of Mid	35.09
6.	Rachael Hares	22	Loughboro Un	35.14
7.	Leona M Jones	17	Reading	35.32
8.	Donna Lee	24	Havant & Wat	35.40
9.	Claire Sands	16	Co Leicester	35.72
10.	Katelyn Stewart	15	Warrender	35.84
11.	Victoria Cadge	16	West Suffolk	35.92
12.	Jenna Chatburn	13	Skipton	36.28
13.	Olivia Duffield-moore	14	Co Leicester	36.35
14.	Laura Hobbs	18	Camden Swiss	36.61
14.	Suki Hohmann	15	Nova Cent'n	36.61
16.	Sarah L Doran	16	Co Bangor	36.86
17.	Lucy Spencer	13	Co Sheffield	36.97
18.	Ella Kirby	14	Staines	37.06
19.	Alice E Thomas	14	Newark	37.11
20.	Susan Morris	25	Mid Beds	37.18
21.	Rae Alder	16	Co Salford	37.39
22.	Victoria Smith	16	Newport	37.60
23.	Vivienne Fleming	18	Heart Of Mid	37.63
23.	Hazel Dawson	17	Skipton	37.63
25.	Claire Bassinder	16	Strat Sharks	37.68
26.	Lydia Pace	14	Nova Cent'n	37.91
27.	Lisa Main	12	Dunedin	37.97
28.	Emily Mcqueen	14	Warrender	38.03
29.	Fiona Bowen	17	Newport	38.41
30.	Gemma Baird	19	Dunedin	38.68
31.	April Sullivan	15	Harrow Weald	38.76
32.	Alison Fleming	16	Heart Of Mid	39.04
33.	Rachel Bacon	14	Flint	39.12
34.	Caroline Williams	19	Co Bangor	39.28
35.	Katie Hogben	16	Camden Swiss	39.33
36.	Hannah Pate	15	Heart Of Mid	39.42
37.	Sarah Kelly	13	Dunedin	39.46
38.	Zoe Shelton	14	Co Leicester	39.75
39.	Kristi Wilson	15	Heart Of Mid	40.08
40.	Aleka Bhutiani	18	Harrow Weald	40.72
41.	Katie Bartlett	12	Nova Cent'n	41.22
42.	Alice Shearer	12	Skipton	41.36
43.	Louise Watts	14	Newport	41.44
44.	Elise Bradley-smith	13	Co Sheffield	41.58
45.	Amy Wood	15	Oldham Seals	42.33
45.	Rosa Brownlee	13	Heart Of Mid	42.33
47.	Mary Amos	13	Eckington	42.64
48.	Louise A Mason	13	Flint	42.66
49.	Esmie Smith	15	Co Wakefield	42.91
50.	Katherine Usher	14	Billingham	43.63
51.	Abigail Moxley	11	Flint	43.89
52.	Gillian Bell	15	Dunedin	44.21
53.	Camilla R Grossman	13	Camden Swiss	45.95
54.	Niki Chatburn	10	Skipton	46.47
55.	Hannah O'donoghue	11	Nova Cent'n	46.81
56.	Lauren Richardson	12	Billingham	47.62
	Rebecca Stephen	13	Dunedin	DNC
	Kylie Bland	20	Camden Swiss	DNC
	Megan Crane	15	Co Norwich	DNC